



# *Hui-O-Judo Beltsville*

## *January 2005 Newsletter*

### Upcoming Events

#### January

15	Shufu Referee Clinic	Beltsville, Md.
22	USJI – Maryland Interm Promotionals	Annapolis, Md.
29-30	NBC Health and Fitness Expo	Washington DC

#### February

5	Shufu Open Championships	College Park, Md.
12	Waka Mu Sha Judo	Atlanta, GA
20	Pedro Challenge	Wakefield, MA
26	Kime No Kata Clinic (John Anderson)	Baltimore, MD

#### March

5	Ken Tamai Memorial Judo Championships (Beltsville Open)	Beltsville, MD
12	Virginia Sate Open Championships	Charlottesville, VA
19-20	High School and Colligate Nationals	San Jose, CA

### Happy New Year

New year greetings to all. I wish each of you a prosperous New Year. Thank you for a great 2004. Our dojo continues to grow and change. We have welcomed in some new friends and welcomed back some old friends who have been away for a while. I am happy that all of you can share your judo with me and we can learn from each other, together. Please continue to bring family and friends into judo and help our dojo to grow and develop. I am looking forward to an even better 2005. Best wishes to all of you.

**Hui-O honors award winners** At our annual Christmas party, we present the Hui-O Honors. Sensei Kevin honored his mother with a plaque in recognition of her service to the club and to the development of judoka. Hui-O Judo Spirit Awards went to Bradley Mason and to Steven Pielmeier. The James Gosnell Inspirational Award went to Ana Maria Valenzuela. The Sensei Ken Tamai Memorial Award went to Sensei Mark Smith.

### Congratulations

Sensei Diane and Sensei Karen competed in the Masters Pan American Championships in Montreal Canada. They placed third in Nage-no-kata, FIRST in Katame-no-kata, FIRST in Goshinjitsu and were the runner up to grand champions. All divisions had at least 5 teams.

### Promotions

Congratulations to the following individuals who got promoted in December. Steven Peilmeier to Junior Nikyu, Robert Kirk to Senior Gokyu, Joseph Wu to Senior Gokyu, Eric Straw to Senior Gokyu, and John Ravello to Senior Gokyu.

### **Sensei Takemori Honored**

On December 3, I had the honor to attend a reception held by the Embassy of Japan to honor Sensei Takemori from the Washington Judo Club. The ceremony and reception was hosted by Ambassador and Mrs Kato to celebrate the conferral of an Imperial decoration, the Order of the Rising Sun, Gold and Silver Rays. The honor is bestowed for contributions to the promotion of mutual understanding and friendship between the US and Japan. Ambassador Kato commented "Judo is a system of physical, intellectual and moral education that has its own culture and traditions. It provides a code of ethics and a way of living. It contributes to the development of moral values that help people become contributing members of their community and nation and thus the world. Imagine if everyone behaved according to these ideals."

### **Judo Clinic**

Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

Hui-O-Judo Beltsville will host a Shufu Referee Clinic and on Saturday, January 15, 2005 at the Beltsville Academic Center, 4300 Wicomico Avenue, Beltsville, Maryland. This clinic is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration. Roy Englert, IJF Referee Class A, will be the clinician. If you are a referee, teacher, coach, competitor, or technical official, you should attend to find out the latest interpretation of the rules and how they are applied. If you need another reason to attend this clinic, the new electronic scoreboards will be at this event. This will give referees and scorekeepers a chance to use them and get comfortable with them before the 2005 USJI Nationals in Virginia Beach, Virginia. It will cover all of the topics Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend. It is also a good way to learn rules and regulations of the sport. We also need some judoka to have some practice contest, randori, for the people attending the clinic to practice their skills. Please try to attend. It is open to all skill levels.

**NBC Health and Fitness Expo** - On January 29th and 30th, 2005 NBC 4 in Washington, D.C. will hold its NBC 4 Health and Fitness Expo 2005. Maryland Judo, Inc. will be sponsoring a 30 minute demonstration on either Saturday, the 29th, or Sunday, the 30th. If you would like to be a part of this

performance and help to promote Judo, get in touch with Eric Spears, as soon as possible, by phone at 204-938-1233 or by email at [espears@genedx.com](mailto:espears@genedx.com).

**MJI Interim Promotionals** - Judo, Inc. will hold it's Winter Interim Promotions on Saturday, January 22, 2005 at the United States Naval Academy in Annapolis, Maryland. This is a small interim promotion consisting of examination and demonstration only. There will be no competition. Our intent is to serve special needs Judoka, non-competitors, Maryland residents and those who could not participate in Shufu's November promotion due to circumstances beyond their control such as disability, illness, school or business functions, religious reasons, etc. Shufu Yudanshakai members, who successfully test for promotion, will be recommended for promotion to to Shufu Yudanshakai.

**Promotionals:** The promotionals are rapidly approaching again. The next Shufu Yudanshakai promotional will be first weekend of May right here in Glenn Dale. There is a great deal information that each of you needs to review and know. Promotional requirements should not be studied just before an examination. All of the students should be constantly studying their examination requirements throughout the year. It is very important that you all know the terminology, in both Japanese and English. We are able to spend a limited amount of time reviewing all of the materials. All of you should have the judo study book. There is a great deal of information contained in this book. I realize that all of you have many other responsibilities in your lives. Please take the time to look over the requirements at home and bring your questions to class. Anyone who is going to try for their promotion should see Sensei Kevin or Sensei Mark as soon as possible. Even if you are not going to be promoted you should try to attend. It will be a great learning experience.

**Beltsville Spring Open**– Hui-O will once again host the Beltsville Open on Saturday, March 5th at the Beltsville Academic Center. We are renaming the tournament in honor of our Sensei. It will be called the Ken Tamai Memorial Judo Championships. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

**Senior National Championships** - For all those that would like to assist in making the 2005 USA Judo Senior National Championships, to be held in Virginia Beach in April, a success. You can still help. The core team will be there all week. Hui-O will NOT have judo practice that week since all three of the Senseis will be down in Virginia Beach all week. If you are free and can come down for any part of the week, there is always lots of work to be done especially towards the weekend. There will be six mat areas that will come in on Wednesday. Assistance is needed at all levels of the tournament operation. There are many positions and areas of need that have to be filled at a tournament of this magnitude. You not have to be a prominent person in Judo to help out! The only requirement is to be diligent, reliable and positive. All you need to do is get in touch with Michael Landstreet and let him know what skills you have and what days you will be available.

For more information contact Sensei Kevin at class or on his cell (703-622-6861) or [Michael W. Landstreet](#), Co-Tournament Director on Cell Phone: 571-216-8992

**Reigisaho (Etiquette)** - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. You must take proper care of your judo uniform. It should be properly folded after each practice, then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, use your zoris, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette.

**MJI – Maryland Judo Inc** (<http://users.erols.com/cdp9000/mji/>) All USJF members can join USJI as secondary membership for just \$15 per year. As a member of USJI, MJI is the only organization which gives you representation at the Olympic level. Only USJI members can compete at the High School Nationals, Senior Nationals, Junior Olympics or at the International level. Financial aid to compete at National and International tournaments for eligible Judoka. MJI has given \$2,650.00 to competitors so far this year. Through the numerous clinics offered every year MJI can help you obtain: Local, regional, national or even international level referee's certification; Coach's or teacher's certification; Kata judge certification; Grass roots knowledge about cutting edge techniques used in international competitions as well as time honored Judo tactics as taught by some of the best teachers available; Secondary health insurance coverage in MJI registered Dojos and at MJI sponsored events; MJI logo T-shirts at cost.

**Judo News group** - How would you like to receive the latest Judo news delivered to your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to [JudoNews-subscribe@yahoogroups.com](mailto:JudoNews-subscribe@yahoogroups.com). You can also upload information about news or events at your club by sending the information to [JudoNews@yahoogroups.com](mailto:JudoNews@yahoogroups.com). If you decide to unsubscribe, all you have to do is send an email to [JudoNews-unsubscribe@yahoogroups.com](mailto:JudoNews-unsubscribe@yahoogroups.com). You need to be a registered with Yahoo to take advantage of the group. This can be done at <http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your door.

**Colder weather:** With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

**Winter Weather policy** Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Beltsville Community Center 301-937-6613

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