



Hui-O-Judo Beltsville

Monthly Newsletter for April 2005

Upcoming events:

Apr 2-3	Liberty Bell Championships	Philadelphia PA
Apr 14-19	Jason Morris Spring Camp	Glennville NY
<i>Apr 19th</i>	<i>Tuesday - NO JUDO CLASS</i>	<i>Beltsville MD</i>
<i>Apr 21</i>	<i>Thursday - NO JUDO CLASS</i>	<i>Beltsville MD</i>
Apr 19-23	Senior National Championships	Virginia Beach VA
Apr 30	Morris Cup	Scotia NY
Apr 30 –May1	Shufu Spring Promotionals	Glenn Dale MD
May 3	Tuesday – New Beginner class starts (8 weeks)	Beltsville, MD
May 21	Beginner Referee Clinic	Glenn Dale, MD
May 28-29	AM CAN International Challenge	Amherst, NY

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

Reminder – There is NO CLASS on Tuesday, April 19 and Thursday, April 21.

Sensei Kevin, Sensei Mark, Sensei Diane and Sensei Karen will all be in Virginia Beach for the USA Judo meetings and the USA Judo National Championships. If you have any questions or concerns, please contact one of the senseis.

Welcome - A new beginners class started on Tuesday, March 1st. We welcome Amber Glenn, Joseph Joines, Tarsis Mendonca, Troy Wilson Doby, Maureen Cingel, Michael Glenn and Jean Petit. We are half way through this session. We hope that all participants enjoy their entry into the world of judo. We hope that you will continue your study of judo and join the judo club at Beltsville when you complete the class at the end of the month. The judo club practices on Tuesdays and Thursdays from 7-9pm. Please tell your friends that the next beginners class will begin on Tuesday, May 3rd.

Yudanshakai Forms - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year and \$15 for additional membership. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can NOT be advanced in rank if you are not a member of USJF.

New club formed – At the lead of our fellow judoka, Chris Howell, we have started a new judo club in the area. It is called Hui-O Jita Kyoei Judo Club, which means “Club of mutual welfare and benefit”. Sensei Kevin and Sensei Mark will help teach there. The club is just 15 minutes north of our dojo. It is at the New Hope Seventh-day Adventist Church, 15121 McKnew Rd., Burtonsville, Maryland 20866. Practices are being scheduled for Sunday morning from 9-11am and Monday evening from 7-9pm. This is a wonderful opportunity to add a weekend practice to your judo development. See Chris, Sensei Kevin or Sensei Mark for more information.

Beltsville Spring Open– Hui-O hosted the Beltsville Open on Saturday, March 5th at the Beltsville Academic Center. We renamed the tournament in honor of our Sensei. From this point forward the event will be called the ***Ken Tamai Memorial Judo Championships***. We had about 200 participants coming from Connecticut to Georgia. Thank you to all of those who helped to make this event a success. Bradley and Charlie took first place in the Nage No Kata. Sensei Mark and Bradley took third place in Nage No Kata. In his first tournament, Dominic Ong took third place in his division, Abel Kwong took TWO second places in the TWO divisions he fought in, and Tyler Smith took second in his division. Congratulations to all of them.

Nage No Kata Clinic – Sensei Karen, Sensei Diane and Sensei Karen taught a Nage No Kata clinic on Sunday, March 6 at the Beltsville Academic Center. The clinic was attended by approximately 40 people. We had junior Yonkyu's to Senior Nidans attend. Chris Howell, Charlie Beard and Brad Mason attend the clinic. It covered all aspects from beginning to end. I received a lot of compliments regarding this event.

Virginia State Championships – Sensei Kevin and Sensei Mark went to Charlottesville for the Virginia State Judo Championships. This tournament has grown in popularity over the years. It was attended by over 200 participants. This is an good tournament to attend. It is about 3 hours from the dojo. Please consider going next year. See one of the sensei's for more information.

Senior National Championships - For all those that would like to assist at the 2005 USA Judo Senior National Championships, to be held in Virginia Beach in April, you can still help. The core team will be there all week. Hui-O will NOT have judo practice that week since all three of the Sensei's will be down in Virginia Beach all week. If you are free and can come down for any part of the week, there is always lots of work to be done especially towards the weekend. There will be six mat areas that will come in on Wednesday. Assistance is needed at all levels of the tournament operation. There are many positions and areas of need that have to be filled at a tournament of this magnitude. You not have to be a prominent person in Judo to help out! The only requirement is to be diligent, reliable and positive. All you need to do is get in touch with Michael Landstreet and let him know what skills you have and what days you will be available. For more information contact Sensei Kevin at class or on his cell (703-622-6861) or [Michael W. Landstreet](#), Co-Tournament Director on Cell Phone: 571-216-8992

Beginner Referee Clinic – There will be a beginner referee clinic on Saturday, May 21 at the Glenn Dale Rec Center. I encourage all judoka and parents to attend these clinics. A beginner referee clinic allows you to better understand the rules and regulations of the sport of judo. It is an excellent opportunity to get a perspective on what referees and judges look for during a match.

Club logo apparel– Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t-shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and two types of backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website to see pictures of these items or see Sensei Kevin.

Promotions:

The Shufu Promotionals are the last weekend in April. Everyone should attend these. **Please review your requirements** and look to see if you feel that you have meet all of the “minimum” requirements for promotions. If you feel that you are eligible, please see Sensei Tamai. If you are not yet eligible to be promoted then you should attend for competition only or to support the other club members. If you can not compete then you should come to assist with all

of the support staff functions. It is a great learning time. You also never know what may happen. **Even if you think you meet the “minimum requirements” DO NOT expect to be promoted.**

Since the last promotional in the spring we have given 3 written examinations for you to practice. We will give one more before the fall promotional. These happen at the very beginning of class. Be on time if you want to take advantage of this opportunity. Everyone should be studying their promotional information. Everyone should be reviewing their general testing materials and terms. Everyone should be reviewing their terminology, throws, pins, and if applicable, chokes and arm locks. If you are unsure of anything, please ask us to review it in class. There is a great deal of material to cover. Everyone should have all of the basic information in their head. I realize the Japanese is difficult for some of you but you must at least be able to associate the techniques with the names.

Everything that you need to know is covered in the study book. The club has some books and video tapes available. Please borrow these and do not keep these. I had multiple copies of all of the tapes but never seem to get any of them back. Now only a few exist. There are also hand outs available. The local book stores also have some books. Another place is your **local library**. If you have other information at home, please copy it and share it with all of us. For anyone who has been away from judo for a period of time or is new to this area, I really need to get any kind of back up information that you can get a hold of to attach to your file. I also need it for promotional record keeping. But anyone who has additional information can pass it along to me also.

Being ready for class - I am asking for everyone to help get ready for class. We get the gym at 7 pm. It takes time to get the mats out and set up for class. The longer this process takes, the shorter the amount of time we have for class. Right now, we get in at 7, it takes between 20-30 minutes to set up the mat that only leaves 1 hour for practice. Of that time, 20 minutes are spent on taiso(warm ups) and zempo kaiten (forward break falls). That only leaves 40 minutes for practice if we are lucky. Every time we have to stop for water breaks or other problems takes away from YOUR practice time. Those of you who arrive late for class often disrupt the class as you enter and break the routine of practice time.

Please be prompt - arrive early. HELP to set up the mats - DO NOT stand around and talk to everyone.

Yearly Calendar of events – If you have not yet received a calendar of events for 2005, please pick one up. We keep them on the table next to the sign in sheet. This will help you to plan out events scheduled in the area. Sensei Kevin has also provided calendars for all club members. There was a limited supply of these.

Other notes:

- Please remember to scan your card at the front desk and sign in the registration book BEFORE you get on the mat. We MUST have an accurate attendance record for every class
- Please remember to check with Sensei Tamai for information about upcoming events and tournaments.
- Please remember to pay your dues each month. The Center keeps a running list and will remove people.
- This is a judo club. Hui-O-Judo means Club of Judo. I encourage you to give input into the club. If you have suggestions or comments, share them with me. Help us to continually make the club better. We always are in need of more members. Talk to your friends and coworkers; invite them to come to join judo.

Please remember this is a club. It is not just for me and the people who volunteer their time to teach. It belongs to all of us. It is a part of all of us. Together we all make it up. If you have ideas, comments or suggestion to make this a better place, please let me know. All of you have many talents. I do not know what most of them are. Please let me know what you can do or would like to do to help out.

Please visit our website at <http://www.connect.to/huiojudo>

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