



# *Hui-O-Judo Beltsville*

## Monthly Newsletter for May 2005

### Upcoming events:

Apr 30 –May 1	Shufu Spring Promotionals	Glenn Dale MD
May 3	Tuesday – New Beginner class starts (8 weeks)	Beltsville, MD
May 21	Beginner Referee Clinic	Glenn Dale, MD
May 28-29	AM CAN International Challenge	Amherst, NY
June 4	Maryland Judo Inc Interm Promotions	Glenn Dale, MD
June 18	Shufu Junior Open	College Park, MD

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

### **REMINDER – Please scan your membership card at the front desk BEFORE every class!!**

**Welcome-** A new beginners “Introduction to Judo” class started on Tuesday, May 3rd. We hope that all participants enjoy their entry into the world of judo. We hope that you will continue your study of judo and join the judo club at Beltsville when you complete the class at the end of the month. The judo club practices on Tuesdays and Thursdays from 7-9pm. Please tell your friends that the next beginners class will begin on Tuesday, July 5.

### **Promotions:**

The Shufu Yudanshakai held it's spring promotional event at the Bowie High School on Saturday, April 30 and Sunday, May 1. Hui-O-Judo Beltsville provided our competition mats for the event. It is a VERY long day of testing, demonstration and competition. The judoka have been preparing at class and it really paid off. Congratulations to the following Hui-O-Judo judoka who attended and received promotions: Jasmine Howell, promoted to Gokyu(now can wear her Yellow belt); Dominic Ong, promoted to Gokyu(now can wear his yellow belt); Jonathan McIver, promoted to Gokyu (now can wear his yellow belt); Able Kwong promoted to Yonkyu(now can wear his orange belt); Hugh Walpole, promoted to Yonkyu(now can wear his orange belt); Ben Soto Reiner, promoted to Nikyu (now wear blue belt), Wendi Olson, promoted to Gokyu(now can wear her green belt); Robrt Kirk, promoted to Gokyu (now can wear his green belt); Nick Mooneyham, promoted to Gokyu (now can wear his green belt), John Bryley, promoted to Yonkyu(now wear his Blue belt). Congratulations to all of our judoka.

I would also like to thank Peter Ong and Sensei Mark for all of thier assistance during the event.

**Senior National Championships** - The 2005 USA Judo Senior National Championships, were held in Virginia Beach over the week of April 18-25. There were over 700 participants competing on six mat area at the Championships. Congratulations to Sensei Diane and Sensei Karen dominated the kata competition, winning four GOLD MEDALS !!! They took first place in the Nage No Kata, Katame No Kata and Ju No Kata, as well as overall grand master champions. Congratulations to both of them. Brad and Charlie also competed in the Nage No Kata competition with a very solid performance. They placed about 10<sup>th</sup> over all. Sensei Kevin and Sensei Mark both worked as tournament

technical officials on the mats. USA Judo gave us marks of A+ for the running of the event. We hope to win the bid to have the 2008 National Championships in Virginia Beach again.

**Beginner Referee Clinic** – There will be a beginner referee clinic on Saturday, May 21 at the Glenn Dale Rec Center. I encourage all judoka and parents to attend these clinics. A beginner referee clinic allows you to better understand the rules and regulations of the sport of judo. It is an excellent opportunity to get a perspective on what referees and judges look for during a match. For people who may not be interested in the refereeing aspect, there will also be a technical official clinic also. Technical officials help run the mat tables, including the electronic scoreboards.

**Shufu Open Judo Championships** – The next tournament in our area is the Shufu Open Championships. It will be held on June 18<sup>th</sup> in College Park. I encourage everyone to PRE REGISTER by June 11<sup>th</sup>. Forms are available at the dojo or by links on our website calendar.

**Summer Picnic** – Please plan to attend our annual summer picnic at Catocin mountain. It is a wonderful day to spend with your entire family and friends. We go hiking up to play in the falls, swim in the lake, canoe, have water gun battles and enjoy LOTS of great food. This is a family event so please plan on attending. (Note – I have not set the date, due to my brothers floating wedding date – I will let you know soon)

**Yudanshakai Forms** - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year and \$15 for additional membership. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can NOT be advanced in rank if you are not a member of USJF.

**New club formed** – At the lead of our fellow judoka, Chris Howell, we have started a new judo club in the area. It is called Hui-O Jita Kyoei Judo Club, which means “Club of mutual welfare and benefit”. Sensei Kevin and Sensei Mark will help teach there. The club is just 15 minutes north of our dojo. It is at the New Hope Seventh-day Adventist Church, 15121 McKnew Rd., Burtonsville, Maryland 20866. Practices are being scheduled for Sunday morning from 9-11am and Monday evening from 7-9pm. This is a wonderful opportunity to add a weekend practice to your judo development. See Chris, Sensei Kevin or Sensei Mark for more information.

**Club logo apparel**– Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t-shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and two types of backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website to see pictures of these items or see Sensei Kevin.

**Being ready for class** - I am asking for everyone to help get ready for class. We get the gym at 7 pm. It takes time to get the mats out and set up for class. The longer this process takes, the short amount of time we have for class. Right now, we get in at 7, it takes between 20-30 minutes to set up the mat that only leaves 1 hour for practice. Of that time, 20 minutes are spent on taiso(warm ups) and zempo kaiten (forward break falls). That only leaves 40 minutes for practice if we are lucky. Every time we have to stop for water breaks or other problems takes away from YOUR practice time. Those of you who arrive late for class often disrupt the class as you enter and break the routine of practice time.

Please be prompt - arrive early. HELP to set up the mats - DO NOT stand around and talk to everyone.

**Yearly Calendar of events** – If you have not yet received a calendar of events for 2005, please pick one up. We keep them on the table next to the sign in sheet. This will help you to plan out events scheduled in the area. Sensei Kevin has also provided calendars for all club members. There was a limited supply of these.

**Changes to class schedule** – Beginning on June 1<sup>st</sup>, we will be having judo club from 7-8:30 pm. At 8:30 pm we will bow out the class, mats will all stay down. The time slot from 8:30 to 9:30 pm will be for senior level and advanced students to work on other techniques. Please plan to be picked up from judo at 8:30. You may NOT play basketball or play any games in the gym while we are holding class. Students must be picked up by parents. Please be prompt and responsible for your children.

**Zoris** – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You MUST have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should NOT have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and USE THEM.

**Care for judo gis** – Many of you are not taking care of your judo gis. I see very dirty judo gis at class. Your gi must be taken care of. It is your uniform. It should be folded properly after each class and carried in a bag so it does not get dirty. The club has two different judo back packs to carry your gi in, as well as offering larger judo bags for other manufacturers. Your gi should always be washed and clean. I recommend NOT putting it in the dryer, instead, hang it up to air dry. The heat of the dryer will reduce the life of your judo gi. When you get home at night after practice, you should hang our gi up to air out. Your gi should NOT be worn when you are eating. There are four parts to your gi. Make certain you have all of them with you for every class. It is your responsibility, not your parents. When you outgrow your gi, consider giving it to another judoka who can use it. Get a friend to join you in judo and offer your old gi to them.

Many of the tournaments are requiring that you provide your own blue or white belts for competition. Please consider purchasing your own belts and putting your name on them. Upper level tournaments require you to have both a blue gi and a white gi to change for every match. National and international tournaments require you to have two of each gi available at site.

### **Other notes:**

- Please remember to scan your card at the front desk and sign in the registration book BEFORE you get on the mat. We MUST have an accurate attendance record for every class
- Please remember to check with Sensei Tamai for information about upcoming events and tournaments.
- Please remember to pay your dues each month. The Center keeps a running list and will remove people.
- This is a judo club. Hui-O-Judo means Club of Judo. I encourage you to give input into the club. If you have suggestions or comments, share them with me. Help us to continually make the club better. We always are in need of more members. Talk to your friends and coworkers; invite them to come to join judo.

Please remember this is a club. It is not just for me and the people who volunteer their time to teach. It belongs to all of us. It is a part of all of us. Together we all make it up. If you have ideas, comments or suggestion to make this a better place, please let me know. All of you have many talents. I do not know what most of them are. Please let me know what you can do or would like to do to help out.

## Please visit our website at <http://connect.to/huiojudo>

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Notes from Shufu Yudanshakai Board of Directors meeting  
Bowie High School, May 1, 2005:

### Reports of officers and committees

1. Coaches – Edwin Takemori. No news to report
2. Jr and Youth Development – Barry Snader. No action has been taken. Many people say they will help but no one has stepped forward. No clinics or development have happened.
3. Kata Development – Karen Whilden. We did a Ju No Kata clinic last fall, a Nage No Kata clinic in the spring at Beltsville, and we will do a Katame No Kata clinic in the fall after the Beltsville tournament. We had two Shufu members get certified as kata judges. They were Tim Redden and Victor Gonzales. Katas are getting better. We had a few new teams participate at the nationals and did very well. Diane and Karen had a very good year last year taking a number of gold medals at the nationals, Pan Ams, PJU's and World Masters. This year they took four gold medals at the nationals, are going to the Pan Am in Puerto Rico in May and the World masters in Toronto in June.
4. Referee development- Roy Englert. We give four clinics per year. The January Beltsville clinic is always very well attended. Roy will certify anyone who is looking for local or regional certification, if they contact him before any of our tournaments. There will be a beginner(local) referee clinic in May and a regional one in August. Sharon Landstreet got certified as an N1 National referee. She refereed at the nationals and did very well. Mike Storm also recertified.
5. Senior Development – Maurice Allen. Not present – no report filed
6. Teacher Development – John Anderson. Planning a two day clinic in Charlottesville. It will include all first aid/CPR certification. Reminder to have background check all done and turned in for all teachers/instructors/coaches.

Promotions are happening too quickly and not properly. All requirements are not being met and the national body as well as Kodokan are rejecting many of the people put up for promotion. Too many people are putting in for unjustified reductions for time in grade. A 2 year holding period will be added for Godan and above for promotions that are rejected. Make certain that you meet all of the requirements before going up for promotion.

The 501C3 status for Shufu is still in process.

Shufu membership is currently down. We have 664 members, down about 70 from last year.

Daine Jackson (Hui-O) and Corky Peters (Baltimore) have been chosen to head a committee to seek possible candidates for election to the Executive committee. The next term will be voted on for April 2006 at the November board of directors meeting.

Lancaster Judo offered a 60' x 90' facility for use at no charge for events. However, mats must be provided. Hui-O has a new church gym that can also be used for events. A donation to the church is suggested. Seignury has offered a gym in Baltimore for use for \$400 per day for judo events. Mats must be provided.

2006 tournaments are up for bid. Shufu host five events each year. Bids are due by June 1. Packages must include full financial information including cost for property rental, use fees, custodial fees, mat fees, etc.

Jason Morris Judo club in NY added two more Shufu members to the World team.

Shufu is launching a new updated and revised website. ([www.shufujudo.com](http://www.shufujudo.com)) It will be released soon.