



# *Hui-O-Judo Beltsville*

## *February 2006 Newsletter*

### Upcoming Events

#### February

4	Shufu Open Championships	College Park, Md.
18	15 <sup>th</sup> Annual Waka Mu Sha Shiai	Atlanta, GA
25	Nage No Kata Clinic	Lancaster, PA

#### March

4	Virginia Sate Open Championships	Charlottesville, VA
11	Ken Tamai Memorial Judo Championships	Beltsville, MD
18	New York Open Championships	New York, NY
24-26	High School and Colligate Nationals	Chicago, IL

**New Website and emails** – Hui-O-Judo has a NEW website – [www.huiojudo.com](http://www.huiojudo.com) !!! It is the same as the old one, just much easier to find. Please go check it out. We welcome any comments and suggestions you may have to improve the site. There are emails available to all of our judoka. Please see Sensei Mark.

**Shufu Referee clinic** – Hui-O hosted a referee clinic in January for Shufu Yudanshakai. It was attended by judoka from Maryland, Virginia and Pennsylvania. Sensei Roy Englert, an International Class A referee, lead the clinic. He provided lots of information regarding rule changes and new definations. There was a session for practical “on-the-mat” calling of actual matches. He reviewed proper protocol for refereeing. He spent the afternoon session reviewing video from the 2004 Olympics in Sydney. Aspects of knowing the proper score, whether techniques were legal or not, whether techniques were in bounds or out, and many more items were covered. The presentation was shown on a screen that was over 10’ tall and 15 ‘ wide.

**Shufu Open** The Shufu Yudanshakai Open Tournament will be held in College Park on February 4. It is the first tournament of the year. Please try to attend. Entry forms are available on the website or on the information table at class. Please see Sensei Kevin or Sensei Mark if you plan to compete.

**Nage No Kata Clinic** – Sensei Karen and Sensei Diane will be teaching a Nage No kata clinic on Saturday, February 25 in Lancaster PA. The cost is just \$15 for the entire day and includes a pizza lunch provided. I encourage all of our senior judoka to attend. Prior to going to the clinic, I recommend that each of you use the last 30 minutes of class to at least walk thru the kata and learn the basics. We have videos you can borrow and some literature on the kata as well. As you progress through judo and earn your brown belt and higher ranks you will be required to demonstrate this kata.

**Beltsville Spring Open**– Hui-O will once again host the Ken Tamai Memorial Judo Championship tournament in honor of our Sensei on Saturday, March 11th at the Beltsville Academic Center. All judoka are encouraged to participate. We need EVERYONE’s assistance with the tournament. The tournament

setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

**Goshin Jutsu Kata Clinic** – Sensei Frances Glaze will be assisted by Sensei Fran Vall, Sensei Peggy Whilden, Sensei Karen Whilden and Sensei Diane Jackson to teach a Goshin Jutsu kata clinic on Sunday, March 12 at the Beltsville Academic Center. I strongly recommend that you borrow the video tape from me first to learn the basic of the kata. I encourage all of our senior judoka to attend. Prior to going to the clinic, which is still a month out, I recommend that each of you use the last 30 minutes of class to at least walk thru the kata and learn the basics. We have videos you can borrow and some literature on the kata as well. As you progress through judo and earn the higher black belt ranks you will be required to demonstrate this kata.

**Colder weather:** With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

**Winter Weather policy** The Community Center does NOT necessarily follow policy. Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice. Please do not come to class if the weather is challenging for you. The general rule for the center is as follows:

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

**Club Shirts** – Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club t-shirts.

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