



Hui-O-Judo Beltsville

Monthly Newsletter for April 2006

Upcoming events:

Apr 1-2	Liberty Bell Championships	Philadelphia PA
Apr 13-18	Jason Morris Spring Camp	Glennville NY
Apr 20-22	Senior National Championships	Houston, TX
Apr 25	Morris Cup	Scotia NY
Apr 29-30	Shufu Spring Promotionals	College Park MD
Apr 29	Durham Invitational	Durham, NC
May 2	Tuesday – New Beginner class starts (8 weeks)	Beltsville, MD
May 5	Villa Nova Invitational Tournament	Villanova, PA
May 13	Pottstown Invitational Judo Tournament	Pottstown, PA
May 20	Beginner Referee Clinic	Glenn Dale, MD
May 28-29	AM CAN International Challenge	Amherst, NY

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

Off the mat – While we welcome parents, family and friends to come watch our judo practices, there has been an increasing problem with lack of supervision for other children. No one is allowed to play with or on MNCPPC Beltsville Community equipment before, during or after judo classes. Children should not be playing or climbing on the mats or rollers for the mats. No one should be playing with balls or other equipment during judo classes. It is very disrespectful to all of the judoka on the mat to be disruptive by playing loudly during our class. There is also a potential for possible injury when children are not properly supervised.

MNCPPC Beltsville Community Center has also noted that many of you are NOT playing your monthly dues. MNCPPC Beltsville Community Center can remove you from the Center if your membership dues are not paid. Anyone visiting the judo club, who is not paying the monthly fee, should stop at the front desk to pay the daily mat fee.

Virginia State Championship – Sensei Kevin and Sensei Mark went to Arlington VA to help run the Virginia State Judo Championships. This tournament has grown in popularity over the years. Jesus assisted with setup. There were no junior competitors from Hui-O. Gary Brick jumped in to help with the senior registration. It was great appreciated by the staff. In the seniors, Brian Lopez took home a gold medal in the Lightweight, under brown belt division and took a silver medal in the lightweight, over Brown belt division. Gary fought in the masters division and was paired against some high level black belts. Sensei Guillermo also took home a gold medal in his black belt division. Jose Luis took home the Gold medal in his division and also was awarded the “*Best Technique*” award. Jose Luis also received the best technique at the Maryland State Championships in November. We had support from John Byrley, Chris Neven, Melvyn Neven, Gabriel Lopez, Issac Lopez and Celeste Lopez. Over 200 participants attended it. This is a good tournament to attend. Please consider going next year. See one of the sensei's for more information.

Beltsville Spring Open– Hui-O hosted the *Ken Tamai Memorial Judo Championships* on Saturday, March 11th at the Beltsville Academic Center. We named the tournament in honor of our Sensei. We had about 200 participants attended from Connecticut to Georgia. Thank you to all of those who helped to make this event a success. *Ernest Kwong took the Outstanding Competitor/Judoka Award. Ernest, Abel, Dominic, Martin,*

Isaiah, Melvyn, Arielle, Tyler and Brian won the Junior Team Trophy. Ernest Kwong took first place in his division. Isaiah Sampson took third place in his division. Martin Barthelemy took third place in his division. Abel Kwong took first place in one division and second place in another division. Arielle Barthelemy took second place in her division. Dominic Ong took a second place in one division and third in a second division. Melvyn Neven took third place in his division. Brian Lopez took first place in one division and third place in a second division. Tyler Smith took first place in one division, second in a second division and second place in a third division!! Congratulations to all of them.

In the senior divisions, **Hui-O was able to win the Senior Team trophy as well.** Tyler Smith took Second place in his division. Brian Lopez took second place in his division. Sergio Quinonez took second place in his first division and third place in a second division. Gary Brick took third place in his division. Guillermo Villavienco took first place in his division. Jose Luis Leon took first place in his first division and first place in his second division.

We would also like to thank all of the club members who helped to set up, run operations, run administration and helped with the dismantle of the event. We would like to especially thank the Yee Family for running the concession stand again for us. We appreciate all of the support the club gives to make the event successful. .

Goshin Jutsu Kata Clinic – Hui-O hosted a Goshin Jutsu Clinic on Sunday March 12 at the Beltsville Academic Center. Sensei Frances Glaze taught the clinic. She is a very well respected kata judge and competitor. She was assisted by Sensei Karen Whilden and Sensei Peggy Whilden. This was a rare and excellent opportunity to learn this kata. It is required at higher levels of black belt but is a great kata to learn. The Kodokan Goshin Jutsu was created in 1956 by a Kodokan working group to update the older Kata with more modern forms of self-defense. It is divided into two unarmed sets (Toshu No Bu) and three sets with weapons (Buki No Bu). The first seven techniques are against an attack close in. The next five are against attacks from strikes and kicks. Then there are three attacks with a knife, three with a stick and three with a gun. The techniques here cannot be used in free exercise practice or in competition, but only in Kata. Never the less, as one practices this Kata, the attack speed increases and one's reflexes and reactions sharpen to meet the attack. Eventually, this Kata can be practiced with real weapons. The intent in this Kata is different than with normal Judo practice, in that this is a self-defense Kata, the intent on the part of both participants is to hurt the other. While the actions are controlled, so that the attacker is not hurt, the defender's actions can easily be modified to disable the attacker. It is important to realize that all of the techniques in this Kata are consistent with the principles of "Judo", the way of gentleness or yielding.

Attention Yudansha (all black belts) - In Spring of 2006, Shufu Yudanshakai will elect new Officers. The Nominations Committee is seeking nominations for the Offices of President, Vice-President, Secretary and Treasurer. Nominations will be accepted by the Nominations Committee ([Charles Peters](#) and [Diane Jackson](#)), on or before March 25, 2006, and will be taken from the floor during the Quadrennial Meeting at the Shufu Senior Spring Promotional to be held on April 9, 2006 in College Park, Maryland. Nominees must meet the minimum criteria for office and be able to attend the regularly scheduled Shufu meetings. If you would like to run for one the offices, download the Shufu Nomination Form, in Microsoft Word format (.doc) at [Shufu Nomination Form](#), fill it out completely, and either email it as an attachment to [Charles Peters](#) or send it by postal mail to Charles Peters, 103 South Jerome Parkway, Glen Burnie, MD 21060-7337. There will be NO email and NO postal mail voting. All votes will be cast by ballot at the April 9 meeting in College Park, Maryland. Voting members are registered Shufu Yudansha (black belt grade) who are members of the United States Judo Federation (USJF) and hold black belt grade recognized by the USJF and who have paid their yearly dues as set forth in the Shufu Yudanshakai By-laws.

Change in procedure for applying for a background check (screen)

Effective immediately, please send (faxes are not acceptable) all background screen applications to the following address with a check in the amount of \$16 made payable to SSCI: (At this time only checks, money orders or cashier's checks are acceptable). SSCI, 2627 Sandy Plains Ste. 203, Marietta, GA ; 30066

With a passed screen you will receive a copy of the screen sent to you directly from SSCI. Screens that are under review will be forwarded to the committee of USA Judo legal to review and you will be notified by the committee. This address change is reflected on the background check application posted on the USA Judo "[Forms](#)" website. If you have any questions regarding this revision to the system, please contact Mary Ann Relich at the National Office of USA Judo: [Mary Ann Relich](#) or 719-866-3628.

1st Annual Villanova Invitational Judo Tournament

On Saturday May 6th, the Villanova University Judo Club and Main Line Judo will host the 1st Annual Villanova Invitational Judo Tournament at the Jake Nevin Field House, Villanova University, Lancaster Avenue at Ithan Avenue, Villanova, PA 19085. This tournament is for YOUTH competitors ages 6-16, with current USJA, USJF, or USJI membership. USJA membership will be available at the tournament site. Registration for all Kata competitors is from 8:00 am to 9:00 am. Registration and weigh-in for Youth ages 6-12 will be from 8:30 to 9:30am. Registration and weigh-in for Youth ages 13-16 will be from 11:30 to noon. You can download the entry package, in Adobe Acrobat (.pdf) format, at [Villanova Flyer](#). For more information email Main Line Judo at [Main Line Judo](#)

IJF Refereeing Rules

The updated International Judo Federation Refereeing rules are located on the [IJF Web Site](#) on the news page for the [current IJF Referee Rules](#). On this page you will find links for [English](#) or [French](#) or [Spanish](#) versions of an Adobe Acrobat PDF file. When viewing the IJF web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

Clinic notice - The Prince George's Judo Club will hold **Development Clinics for Referees, Junior Competitors, & Technical Officials on Saturday, May 20th** at the Glenn Dale Community Center, 11901 Glenn Dale Blvd., Glenn Dale, Maryland 20768. This event is open to all Junior and Senior Judoka with a current membership in either USJI, USJF or USJA. **Note:** You do not have to be a member of either organization if you are entering the Technical Officials Clinic. Membership in USJF or USJI can be obtained during registration. Registration will be from 8:30 to 9:00 am. The three clinics will run simultaneously from 9:00 am to noon. There will be a mock Shiai, for Junior Competitors, from 1:00 to 3:00pm with Referee Clinic attendees officiating and Technical Official Clinic students keeping score. Then a feedback session from 3:00pm to 4:30. This way, which ever clinic you choose: 1) you will receive instruction, 2) you will have a chance to practice and use the knowledge and techniques and 3) you will get positive feedback to help you to improve you skills.

Sunday Judo practices – At the lead of our fellow judoka, Chris Howell, there is an additional opportunity to practice judo. Chris has open mat at the New Hope Seventh-day Adventist Church, 15121 McKnew Rd., Burtonsville, Maryland 20866. Practices are being scheduled for Sunday afternoon from 3-5pm. This is a wonderful opportunity to add a weekend practice to your judo schedule. Please call Chris directly to verify class will be held.

Promotions:

The Shufu Promotionals are the last weekend in April. Everyone should attend these. **Please review your requirements** and look to see if you feel that you have meet all of the “minimum” requirements for promotions.

If you feel that you are eligible, please see Sensei Tamai. If you are not yet eligible to be promoted then you should attend for competition only or to support the other club members. If you can not compete then you should come to assist with all of the support staff functions. It is a great learning time. You also never know what may happen. **Even if you think you meet the “minimum requirements” DO NOT expect be promoted.**

Since the last promotional in the spring we have given 3 written examinations for you to practice. We will give one more before the fall promotional. These happen at the very beginning of class. Be on time if you want to take advantage of this opportunity. Everyone should be studying his or her promotional information. Everyone should be reviewing his or her general testing materials and terms. Everyone should be reviewing their terminology, throws, pins, and if applicable, chokes and arm locks. If you are unsure of anything, please ask us to review it in class. There is a great deal of material to cover. Everyone should have all of the basic information in his or her head. I realize the Japanese is difficult for some of you but you must at least be able to associate the techniques with the names.

Everything that you need to know is covered in the study book. The club has some books and video tapes available. Please borrow these and do not keep these. I had multiple copies of all of the tapes but never seem to get any of them back. Now only a few exist. There are also hand outs available. The local book stores also have some books. Another place is your **local library**. If you have other information at home, please copy it and share it with all of us. For anyone who has been away from judo for a period of time or is new to this area, I really need to get any kind of back up information that you can get a hold of to attach to your file. I also need it for promotional record keeping. But anyone who has additional information can pass it along to me also.

Being ready for class - I am asking for everyone to help get ready for class. We get the gym at 7 pm. It takes time to get the mats out and set up for class. The longer this process takes, the short amount of time we have for class. Right now, we get in at 7, it takes between 20-30 minutes to set up the mat that only leaves 1 hour for practice. Of that time, 20 minutes are spent on taiso(warm ups) and zempo kaiten (forward break falls). That only leaves 40 minutes for practice if we are lucky. Every time we have to stop for water breaks or other problems takes away from YOUR practice time. Those of you who arrive late for class often disrupt the class as you enter and break the routine of practice time.

Please be prompt - arrive early. HELP to set up the mats - DO NOT stand around and talk to everyone.

Other notes:

- Please remember to scan your card at the front desk and sign in the registration book BEFORE you get on the mat. We MUST have an accurate attendance record for every class
- Please remember to check with Sensei Tamai for information about upcoming events and tournaments.
- Please remember to pay your dues each month. The Center keeps a running list and will remove people.
- This is a judo club. Hui-O-Judo means Club of Judo. I encourage you to give input into the club. If you have suggestions or comments, share them with me. Help us to continually make the club better. We always are in need of more members. Talk to your friends and coworkers; invite them to come to join judo.

Please remember this is a club. It is not just for me and the people who volunteer their time to teach. It belongs to all of us. It is a part of all of us. Together we all make it up. If you have ideas, comments or suggestion to make this a better place, please let me know. All of you have many talents. I do not know what most of them are. Please let me know what you can do or would like to do to help out.

Please visit our website at <http://www.huiojudo.com>

Sensei Kevin Tamai Phone -703-497-1530

cell - 703-622-6861 e-mail – kevin@huiojudo.com

Sensei Mark Smith Phone – 301-805-9690

email – mark@huiojudo.com