



# *Hui-O-Judo Beltsville*

## Monthly Newsletter for July 2006

### Upcoming events:

July 8-9	National Junior Olympics	San Jose, CA
July 15-16	USJA Junior Nationals	Boca Raton, FL
July 22-23	USJF Junior Nationals	Ft Lauderdale, FL
July 29-30	Junior US Open	Ft Lauderdale, FL
July 30(Sunday)	Keystone Games	York, PA

August 6 (Sunday)	Maryland Judo Summer Promotionals	Baltimore, MD
August 12	Sr Competitor, Tech Official and Ref Clinic	Glenn Dale, MD
August 13(Sunday)	Hui-O Summer picnic at Smith House	Bowie, MD
August 19	Shufu Eastern Invitational Tournament	Beltsville, MD
August 20(Sunday)	Shufu Katame No Kata Clinic	Beltsville, MD

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

### **REMINDER – Please scan your membership card at the front desk BEFORE every class!!**

**Club membership** - It is up to each one of you to **PLEASE** pay your monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are **NOT** paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

**Drinks in the dojo** As a reminder, there is no food or drinks allowed in the gym. PLEASE hydrate yourself BEFORE class begins. You can have water but NO sports drinks, sodas or other colored drinks are allowed in the gym. There should also NOT be any food in the gym.

**Sunday Judo practices** – Until further notice, we will suspend the Sunday judo practices at the New Hope Seventh-day Adventist Church, 15121 McKnew Rd., Burtonsville, Maryland 20866. Practices were scheduled for Sunday afternoon from 3-5pm. The church is transitioning to a new facility. Once the new church is ready Chris will start classes again.

**Summer Picnic** – Please plan to attend our annual summer picnic at Sensei Mark's house on Sunday, August 13th. It is a wonderful day to spend with your entire family and judo friends. Bring your bathing suits and water guns and enjoy LOTS of great food. This is a family event so please plan on attending. Each family should bring a dish to share. The judo club provides the hamburgers and hot dogs.

**Shufu Junior Tournament** –The Shufu Junior Tournament was held at the College Park Recreation Center on June 10, 2006. The Beltsville Judo Club did very well. This tournament was sanctioned by the United States Judo Federation and run in cooperation with the Maryland National Capital Park and Planning Commission. It attracts judo competitors from around the region. Judo players come from Virginia, DC, Maryland and Pennsylvania. The four local competitors represented Beltsville Judo very well. They displayed excellent sportsmanship and character.

**Ernest Kwong**, a five year old from Beltsville, placed **FIRST** in his division. He defeated Sebastian Blaze, who was one year older and 25% heavier than him, with a nice IPPON(Full point). He also defeated Jimmy Kettl of Dale City Judo who is two years older and 8 pounds heavier, with a nice IPPON.

**Martine Barthelemy**, a ten year old who came over from France, placed **FIRST** in his division, Defeating Jack Kettl of Dale City Judo, who was a higher rank than him and defeating Maksym Shevchenko of Hui-O Judo, who was 5 pounds heavier than him.

**Maksym Shevchenko**, a ten year old Russian, participated in not just one but TWO divisions. In his first division he placed **FIRST** defeating two opponents who were each a rank higher than Max and they were 10 pounds heavier than him. He defeated Colson Egli from College Park Judo and George Vasslinko from Arlington Judo. In his second division, he placed **THIRD**, losing to Jack Kettl of Dale City Judo and Martine Barthelemy of Hui-O Judo.

**Abel Kwong**, a nine year old from Beltsville MD, participated in TWO divisions. In his first division, he placed **FIRST** by defeating Jack Kettl of Dale City Judo with an Ippon and Matt Dion of Dale City Judo with an Ippon. In his second division, he placed **FIRST**, defeating Patrick Nagle of College Park by an Ippon and Vivian Burnett of College Park by an Ippon. The four Ippons were done with very clean throws. Abel was awarded the **OUTSTANDING COMPETITOR AWARD** for the tournament for his sportsmanship, character and overall spirit.

The Beltsville Judo Club also sent support staff to help run the tournament. Head Sensei (teacher) Kevin Tamai helps to run and organize the administration and operations of the event. Sensei Mark Smith was a tournament official and referee. Robert Kirk was assisted with the Head table operations and administration. .

**Zoris** – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You **MUST** have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should **NOT** have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and **USE THEM**.

### **IJF Refereeing Rules**

The updated International Judo Federation Refereeing rules are located on the [IJF Web Site](#) on the news page for the [current IJF Referee Rules](#). On this page you will find links for [English](#) or [French](#) or [Spanish](#) versions of an Adobe Acrobat PDF file. When viewing the IJF web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

**Yudanshakai Forms** - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year and \$15 for additional membership. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can **NOT** be advanced in rank if you are not a member of USJF.

**Clinic notice** - The Prince George's Judo Club will hold **Development Clinics for Referees, Senior Competitors, & Technical Officials on Saturday, August 12th** at the Glenn Dale Community Center, 11901 Glenn Dale Blvd., Glenn Dale, Maryland 20768. This event is open to all Junior and Senior Judoka with a current membership in either USJI, USJF or USJA. **Note:** You do not have to be a member of either organization if you are entering the Technical Officials Clinic. Membership in USJF or USJI can be obtained during registration. Registration will be from 8:30 to 9:00 am. The three clinics will run simultaneously from 9:00 am to noon. There will be a mock Shiai, for Senior Competitors, from 1:00 to 3:00pm with Referee Clinic attendees officiating and Technical Official Clinic students keeping score. Then a feedback session from

3:00pm to 4:30. This way, which ever clinic you choose: 1) you will receive instruction, 2) you will have a chance to practice and use the knowledge and techniques and 3) you will get positive feedback to help you to improve you skills.

**Maryland Judo Summer promo** - Maryland Judo, Inc. will hold it's Summer Interim Promotions on Sunday, August 6, 2006 at the Baltimore Judo Club, 10-D Winters Lane, Catonsville, MD 21228. Our intent is to serve Maryland, Delaware, Washington, DC and West Virginia residents, special needs Judoka, non-competitors, and those who could not participate in Shufu's November promotion due to circumstances beyond their control (disability, illness, time in grade or minimum age requirements, school/business functions, religious reasons etc.). This promotional is open to all USJI, USJF and USJA members with a current membership card. Membership in USJI or USJF can be applied for during registration which will run from 12:00 noon to 1:00pm. This is a small interim promotion consisting of written examinations for senior Judoka and demonstration of required techniques for all and Kata as needed. There is no competition at this promotion. Promotion standards established by Shufu Judo Yudanshakai will be used. Shufu Yudanshakai or USJA members who successfully test for promotion will be recommended for promotion to their governing body.

**Please remember to pay your monthly dues at the front desk!!**

**Please visit our website at <http://www.huiojudo.com>**

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## Hui-O-Judo Beltsville

### Judo items available for order from Pacillo

#### Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

#### Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28

First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18
<b>Kodokan Judo</b>	<b>\$24</b>
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

#### Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

<u>Judo Gi's</u>	<u>Unbleached</u>	<u>Bleached</u>	<u>Blue</u>
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	