



# *Hui-O-Judo Beltsville*

## *February 2007 Newsletter*

### Upcoming Events

#### February

3	Shufu Open Championships	College Park, MD
10	Waka Mu Sha Shiai	Atlanta, GA
17	Pedro's Challenge	Wakefield Mass
24	Virginia Sate Open Championships	Arlington, VA

#### March

2-3	Mid West Classic	Chicago, Ill
10	Ken Tamai Memorial Judo Championships	Beltsville, MD
10	New York Men's Open	New York, NY
23-25	High School and Colligate Nationals	Miami, FL
31-Apr 1	Liberty Bell Classic	Philadelphia, PA

**Congratulations to Sharon Leaman** who attained all A's and B's on her report card. As a club, we are very proud of our judoka who maintain academic excellence while practice the sport of judo. Judo teaches us to continually work on achieving excellence within ourselves in all that we do. One aim of judo is to help to make us better people. Knowledge is just one step in our growth process. Please bring in your report cards to show the sensei's how well you are doing at school.

**Hui-O welcomes a new class of beginners** – We would like to welcome all of the new students who have started the beginners judo class. “An introduction to judo” is an eight week beginner course designed to teach you the basics of judo. You will learn basic fundamentals of judo, learn some holds and grappling techniques, learn a few throws and standing techniques, learn lots of Japanese names for things and hopefully have some fun while you are learning. We hope that you will enjoy the study of judo and consider joining the judo club when you have completed your class.

**Referee Clinic** – Hui-O hosted a referee clinic on Saturday, January 13 at the Beltsville Academic Center. It is always a very good clinic to attend. Sensei Roy Englert, a Class A International Referee is the clinician. He covers all aspects of refereeing. Thank you to Sensei Mark, Sensei Bradley and Robert for assisting with the setup and operation of the event. I encourage ALL JUDOKA and parents to attend clinics like this. They are very informative and help to understand judo better.

**Northeast Y Invitational** – Sensei Mark traveled with a team of judoka up to Philadelphia to represent our club in the Northeast Y Invitational Judo Tournament. Sensei Bradley went to referee and provided team support. In her very first tournament, Sharon Leaman fought in TWO divisions. She placed second in one and third in another, Helen Leaman placed third in her division, Ben Soto Reiner placed third in his division, Will Bagaglio competed in two divisions and placed second in one and third in the other. As senseis we were very proud of the attitude of all of the competitors. They showed good character and sportsmanship. We would also like to thank the support staff of Vilma Leaman, Ryan Leaman and Prissilla Reiner for going along to help cheer on the team.

**Shufu Open** The Shufu Yudanshakai Open Tournament will be held in College Park on February 3. It is the first local tournament of the year. We encourage all judoka to please try to attend. Entry forms are available on the website or on the information table at class. Please see Sensei Kevin or Sensei Mark if you plan to compete.

**Ken Tamai Memorial Judo Championships**– Hui-O will host the Ken Tamai Memorial Judo Championships (formerly the Beltsville Open) on Saturday, March 10th at the Beltsville Academic Center. The tournament is held in honor of our founder and head sensei, Ken Tamai. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

**Colder weather:** With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

**Winter Weather policy** The Community Center does NOT necessarily follow policy. Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice. Please do not come to class if the weather is challenging for you. The general rule for the center is as follows:

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

**Club Shirts** – Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club t-shirts. There are also some Shufu Yudanshakai T-shirts from the Eastern Open Championships and gen

Beltsville Community Center 301-937-6613

Sensei Kevin Tamai 703-497-1530(home) 703-622-6861(cell) Email – kevin@huiojudo.com

Sensei Mark Smith 301-674-5438 email – [mark@huiojudo.com](mailto:mark@huiojudo.com)

Visit our website at <http://www.huiojudo.com/>



## Hui-O-Judo Beltsville

Judo items available for order from Pacillo

<b>Judo Gi's</b>	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants		
00 – 1	\$16	\$20
2 – 5	\$20	\$25
6 – 8	\$23	\$30

### Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

### Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

### Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22

Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22

### Ippons special interest series

Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26

Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

### ***Kodokan Judo***

<b><i>Kodokan Judo</i></b>	<b><i>\$24</i></b>
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24