



Hui-O-Judo Beltsville

Monthly Newsletter for September 2007

Upcoming events:

September 1	Shufu Yudanshakai Eastern Open Championships	Baltimore, MD
September 4	Beginner class starts (Tuesdays for 8 weeks)	Beltsville, MD
September 8	Faye Allen Kata Tournament	Glenn Dale, MD
September 15	Fayetteville Invitational	Fayetteville, NC
October 6	East Coast Judo Championships	Newark, NJ
October 6	Navy Senior Invitational	Annapolis, MD
October 20	U.S. Open Judo Championships	
October 27	Ken Tamai Memorial Judo Championships	Beltsville, MD

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

REMINDER – Please scan your membership card at the front desk BEFORE every class!!

Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

Welcome new club members- We would like to welcome the new students who have just completed the beginners judo program. We are glad that you have decided to continue your study of judo and have joined our judo club. Judo is a sport that continues throughout your lifetime to study, learn and continually refine. If you have any questions or concerns, please feel free to see one of the senseis.

Updated information – **ALL** judoka are **REQUIRED** to have a waiver on file with us. They are on file in the binder at class. If you have not filled one out, please do so. We also need everyone to give us your current contact information (phone number and email address) we would like to cut down on the paper we have to print and keep you up to date on events and information. If you have not received information from us, please send an email Sensei Kevin or Sensei Mark.

Summer Picnic – We had a great time at our annual summer picnic at Sensei Mark's house on Sunday, August 27th. It was a wonderful day spent with fellow judoka, their families and other judo friends. We had a great time in the pool cooling off with the water guns then enjoy LOTS of great food. Sensei Kevin and Sensei Mark both brought lots of pictures to the dojo to share. If you have other pictures, please share them with us. If they are digital, even better, email them to us. Special thanks to Sensei Mark and his wife Michelle for hosting the event at their house.

Shufu Eastern Open Judo Championships – We need everyone assistance. Hui-O-Judo is hosting the Shufu Eastern Open Judo Championships on Saturday September 1, 2007 at the Greater Grace World Outreach in Baltimore, Maryland. Since the Beltsville Academic Center where we usually hosts events is having the floors resurfaced, we are not able to host it in Beltsville. We have been assisted by another judo

club to host the event up in Baltimore. However, we need everyone help. The Baltimore club is supplying us with the facility; labor to set up the mats on Friday night, the concession stand, and the official service room. We need to supply all of the administration for the event. We need people to help with registration and weigh-in for both the juniors (from 8:15 to 10) and the seniors (from 12:30 to 2:30). We need people to work the technical tables. No experience is necessary but we need your help. Please see Sensei Kevin or Sensei Mark.

Faye Allen Memorial Kata Championship and Clinic The Faye Allen Memorial Kata Championship and Clinic will be held on Saturday, September 8th at the Huntington Community Center, 13022 8th Street, Bowie, Maryland 20720. All Judoka with a current USJI, USJF or USJA membership are able to compete or participate. Membership in USJI or USJF may be obtained during registration, which will be from 8:00 to 8:30 am. Competitions will run from 9:00 to 10:30 am. Immediately following the competitions, demonstration of Kata for promotions will be held. As soon as the promotional demonstrations are finished, the clinic "How Kata and Shiai Relate to and Complement Each Other" will begin, finishing at 5:00 pm with a lunch break around 12:00 noon. The clinician will be Edwin Y. Takemori, Shichidan. The Flyer, Waiver and Entry forms can be downloaded from [Faye Allen Kata Championship and Clinic Forms](#). For more information, contact Edwin Takemori at 410-431-7360 or by email at [Edwin Takemori](#) The alternate contact is Helen McProuty at 301-262-0762, or by email at [Helen McProuty](#)

United States Naval Academy Judo Club Senior Invitational - The United States Naval Academy Judo Club Senior Invitational will be held on October 6th at the Halsey Field House, United States Naval Academy, 121 Blake Road, Annapolis, Maryland 21402-5000. Both individual and team competitions will be held. This competition is open to all Senior Judoka with a current USJI, USJF or USJA membership. Membership in USJI or USJF may be obtained during registration which will be from 8:30 to 9:30 pm. **Note:** Pre-registration is highly recommended! Our campus is a military base and is closed to cars and trucks that do not have prior authorization to be on-site. Everyone must show a picture ID to enter the campus. Please park at the parking area by Gate 8. A shuttle will run on a regular basis to pick participants up and take them to the competition site. Parking is also available on King George Street just before arriving at Gate 1 and you can walk on. The Flyer, Waiver, Entry forms and Day Pass Application can be downloaded at [Navy Invitational Forms](#). For more information, contact Edwin Takemori at 410-431-7360 or by email at [Edwin Takemori](#) The alternate contact is Helen McProuty at 301-262-0762, or by email at [Helen McProuty](#)

September 16, 2007 Open Practice at Lancaster Judo Club - Lancaster Judo is offering an open practice session once a month for grapplers to practice and fight with others without going broke. The building we use is rather large and can accommodate many players. This session will be 4 hours long and include instruction and shiai. You can learn new techniques and practice with people that you might not ever get to practice with. I am asking for you to spread the word to all clubs. Leave petty differences aside and look for what's best for your students. At these sessions there is no head instructor- we will all learn from each other. Also there will be both male and female competitors so make sure not to leave anyone out. If you have any questions please feel free to contact me. Thank you for your time and I hope I will see you and your students there! Site - Conestoga Pines Park, 158 Pitney Road, Lancaster, PA 17603. Time - 2:00 to 6:00pm, Sunday, September 16, 2007. We will be there by 1:30pm. Fees - \$5.00 mat fee to Lancaster Recreation Center. Event - We will open up to anyone that has a technique to share, and will follow with shiai style practice. Affiliations - This is an open practice session, so there are no sanctions. Anyone is welcome if you are a member of an USJA, USJF or USJI that is fine, but not needed. There will be a waiver form to sign for the Lancaster Rec Center. Director - Joshua Keister 717-379-9635, email to [Joshua Keister](#).

Ju No Kata Clinic with Peggy and Karen Whilden - On Sunday October 7th a Ju No Kata Clinic will be held at the Baltimore Judo Club, 10-D Winters Lane, Catonsville, MD 21228. The clinicians will be Peggy Whilden, Godan, and Karen Whilden, Godan. This clinic is open to all Senior Judoka of Sankyu rank and above with a current USJI, USJF or USJA membership. Membership in USJI or USJF may be obtained during registration, which will be from 11:30 am to 12:00 noon. The clinic is scheduled to run from 12:00 noon to 5:00 pm with a half hour lunch break from 1:00 to 1:30 pm. The Flyer, Waiver and Entry forms can be downloaded from **Ju No Kata Clinic Forms**. For more information, contact Karen Whilden at 703-938-7238 or by email at **Karen Whilden**. The alternate contact is Charles Peters at 410-761-7974 or by email at **Charles Peters**.

Ken Tamai Memorial Judo Championships– Hui-O will host the Ken Tamai Memorial Judo Championships (formerly the Beltsville Open) on Saturday, October 27th at the Beltsville Academic Center. The tournament is held in honor of our founder and head sensei, Ken Tamai. All judoka are encouraged to participate. We need Everyone's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 8:15am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

Club membership - It is up to each one of you to **PLEASE** pay your monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are **NOT** paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Drinks in the dojo As a reminder, there is no food or drinks allowed in the gym. PLEASE hydrate yourself BEFORE class begins. You can have water but NO sports drinks, sodas or other colored drinks are allowed in the gym. There should also NOT be any food in the gym.

Zoris – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You MUST have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should NOT have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and USE THEM.

IJF Refereeing Rules

The updated International Judo Federation Refereeing rules are located on the [IJF Web Site](#) on the news page for the [current IJF Referee Rules](#). On this page you will find links for [English](#) or [French](#) or [Spanish](#) versions of an Adobe Acrobat PDF file. When viewing the IJF web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

Yudanshakai Forms - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can NOT be advanced in rank if you are not a member of USJF.

Promotional Requirements – Shufu Yudanshakai promotions are coming up soon. They will be held in Arlington VA on November 3rd for Junior and November 4th for Seniors. PLEASE study the materials at home and review in class. The [Shufu Junior Promotional Requirements](#) and [Shufu Senior Promotional Requirements](#) can be found on the new [Shufu Web Site](#). Both documents are in Adobe Acrobat (.pdf) format. As it has in the past, Maryland Judo, Inc. has accepted these standards as the ones it too will use. When viewing the Shufu web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

Shufu Judo Mailing list - Stay informed by joining the Shufu Judo Yudanshakai mailing list! The purpose of this list is to convey information about announcements, news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the ShufuJudo-subscribe@yahoogroups.com address. You will receive a confirmation email before you are live on the list. To send an email to the list, use the ShufuJudo@yahoogroups.com address and all members will receive your post. Please note the domain is "yahoogroups", not "yahoo".

Please note you must be a member of the mailing list to post messages.

- To post a message: ShufuJudo@yahoogroups.com
- To subscribe: ShufuJudo-subscribe@yahoogroups.com
- To unsubscribe: ShufuJudo-unsubscribe@yahoogroups.com
- To email the list owner: ShufuJudo-owner@yahoogroups.com

Club Logo materials – Did you know we have a variety of club logo items available to you? Take pride in the judo club while helping promote and advertise it. They make great gifts too!! We have a variety of club shirts available. Club logo t-shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers (\$50), sweatshirts (\$50) and backpacks (\$15). These items have a nice embroidered logo on them. There are two styles of backpack available at \$15 each. One is navy blue with a leather bottom and the club logo on the out side. The other backpack is grey and black with the club logo on the outside. These are both good ways to carry your judo gi and zoris to class each week. We encourage all club members, family members and club supporters to have and to proudly wear the club t-shirts. Visit our website at www.huiojudo.com then go to sensei kevins kewl stuff. There are also a limited number of other items available including judo water bottles, wallets, key chains, pins, posters, and many other items. See Sensei Kevin for these items. There are four other t-shirt styles available, see the website for photos. We can also order books and videos from our supplier. For a list of these, see Sensei Kevin.

Please remember to pay your monthly dues at the front desk!!

Please visit our website at <http://www.huiojudo.com>

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