



# *Hui-O-Judo Beltsville*

## Monthly Newsletter for November 2007

### Upcoming events:

November 3	Shufu Junior Promotional	Arlington, VA
November 4	Shufu Senior Promotional	Arlington, VA
November 6	Beginners Class starts (8 weeks- end Dec 19)	Beltsville, MD
November 17	Maryland State Championships	Landover, MD
November 22	No Class – Thanksgiving Day	Beltsville, MD
December 18	Hui-O Holiday Party	Beltsville, MD

Flyers on all above events are available at class. For more information – see one of the senseis at class.

**REMINDER – Please scan your membership card at the front desk BEFORE every class!!**

### **Karen Whilden and Diane Jackson Represent PJU and USA at First Kodokan Judo Kata**

**International Tournament** A report by Diane Jackson. Karen Whilden, a teacher at Baltimore Judo Club, and Diane Jackson, a teacher at Hui-O Judo Club, represented the Pan American Judo Union and the USA, their clubs, Maryland, Virginia and Shufu Judo Yudanshakai at the first Kodokan Judo Kata International Tournament held October 25-29, 2007 at the Kodokan in Tokyo, Japan. This tournament included competition in Nage No Kata and Katame No Kata, practice forms which teach competition skills, and Ju No Kata and Kime No Kata, forms which teach self defense. Each Judo union in the world and Japan named 2 to 3 teams for competition in each Kata. The Pan American Judo Union included 4 teams from the USA, 2 teams from Brazil and 1 team from Canada. Diane and Karen Performed Katame No Kata and placed 9th. Japan captured gold and silver in all Kata while Spain's teams took home 3rd in all Kata and Italy placed 4th in all Kata. It was a great achievement to be named to this first-ever history making event and to compete against the best in the world at the Kodokan. I would have never believed someone if they told me that I would compete at the Kodokan representing the USA and PJU. I expected the Kodokan would host a top quality tournament, but they did it with unbelievable friendliness, style, and apparent ease. It was also a learning experience. The Kodokan was looking for things in the Kata, especially in style, that we did not do. The teams that performed the best train at the Kodokan every year. What a luxury that would be! The Kodokan held seminars after the tournament that were enlightening. I met Kata players from all over the world and affirmed a universal Judo truth: Judo players are nice people. While we, the US team, were using our collective Kata knowledge to work on changes after the tournament and 2 players from Spain, who placed 3rd, came into the hallway to work on Kata with us.

**Welcome new beginners –** We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on November 7<sup>th</sup> and will run until Dec 19<sup>th</sup>. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

**Ken Tamai Memorial Judo Championships –** The Ken Tamai Memorial Judo Championships was held on October 27th at Beltsville Academic Center. Hui-O hosts this event every spring and fall in memory of our sensei. We attracted over 200 people from Georgia to Rhode Island. I would like to thank everyone who helped to make this event a success. Many of the club members and thier families helped with set up of mats, running the scoring tables, running the concession stand, tournament operations, and so much more. Thank you everyone who volunteered their time to help make this event a success for us.

We could not have a successful event without all of the tournament volunteers who run the tables, referee, officiate, run concessions and make these events happen so seamlessly. I especially want to thank Sensei Mark, Sensei Bradley, Nancy, Cleveland and Daniel Yee, Robert Kirk and Dorothy Tamai for their assistance.

**Maryland State Judo Championships** - On Saturday, November 17th the Maryland Open will be held. The Maryland Open is an open tournament for all junior and senior Judoka from all states. This tournament is the qualifier, for Maryland Judo Players, for the USJI Senior Nationals, USJI Junior Olympics and USJI Junior U. S. Open. To be eligible you must be a current member of USJI, USJF or USJA. Membership in USJI or USJF may be obtained during registration. Kata Registration will be from 8:30 to 9:30 am. Junior Shiai Registration and Weigh-in will be from 8:00 to 10:00 am. Senior Shiai Registration and Weigh-in will be from 8:00 am to 12:00 noon. The entry packet can be downloaded at [Maryland Open Forms](#). For further information contact Karl Tamai at 301-537-5836 or by email at [Karl Tamai](#).

**Club membership** - It is up to each one of you to **PLEASE** pay your monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are **NOT** paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

**Shufu Promotionals** – Arlington Judo Club will be hosting the Shufu Judo Yudanshakai Junior and Senior Promotional Examination and Shiai. The Shufu Junior Promotional will be on Saturday, November 3rd. The Shufu Senior Promotional will be on Sunday, November 4th. Registration both days will be from 8:30 to 9:00 am. A valid membership in USJF, USJI or USJA is required of each participant. Your current card must be shown at registration the morning of the event. All participants must be listed on the “Judoka recommended for promotion” form that is submitted by each club Sensei. Only judoka listed on the form with ALL required documentation will be considered for promotion. Only USJF members will be promoted. USJA and USJI members may request to be examined and have their results, from their participation, forwarded to the appropriate organization for consideration for promotion. The deadline for paperwork is October 27th so make sure your paperwork is filled out and returned to your Sensei by October 18th. The Junior Promotional Flyer, Entry Form and Waiver, in Adobe Acrobat (.pdf) format, can be downloaded at [Junior Packet](#). The Senior Promotional Flyer, Entry Form and Waiver, in Adobe Acrobat (.pdf) format, can be downloaded at [Senior Packet](#).

**Club logo apparel** – **The holidays are coming up fast so buy some Hui-O-Judo apparel.** Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t-shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and two types of backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.

Sensei Kevin Tamai Phone (703)497-1530 or cell(703)622-6861 e-mail – [kevin@huiojudo.com](mailto:kevin@huiojudo.com)  
Sensei Mark Smith Phone – 301-674-5438 email – [mark@huiojudo.com](mailto:mark@huiojudo.com)



## Hui-O-Judo Beltsville

### Judo items available for order from Pacillo

#### Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

#### Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28

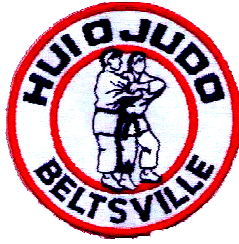
First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18
<b>Kodokan Judo</b>	<b>\$24</b>
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

#### Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

<u>Judo Gi's</u>	<u>Unbleached</u>	<u>Bleached</u>	<u>Blue</u>
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	



***Hui-O-Judo Beltsville Holiday Party  
Tuesday, December 18, 2007  
7pm to 9pm  
Multipurpose Room at BCC  
Bring your family!***

***Bring a food item(side dish) to share  
Bring a \$5 or less wrapped item for kids the grab bag  
Take time to look at the scrap books from  
over 30 years of Hui-O-Judo history***

***Sensei Ken Tamai Spirit Award  
and James Gosnell Inspirational Award  
will be presented, as well as a few special awards.***

***Please let us know how many people are coming and what dish you are bringing.  
There is a sign sheet at the dojo or contact one of the senseis.***

***Seasons Greetings to all  
and Happy Holidays to each of you***

If you have any questions, please contact :  
Sensei Kevin Tamai cell phone - 703-622-6861 e-mail – Kevin@huiojudo.com  
Sensei Mark Smith cell phone : 301-674-5438 email – mark@huiojudo.com

Please visit our website at <http://www.huiojudo.com/>