



Hui-O-Judo Beltsville

January 2008 Newsletter

Upcoming Events

January

8	Beginners class starts	Beltsville, MD
13	Northeast Y Invitational Judo Tournament	Philadelphia, PA
20	14 th Annual Starrett Cup Judo Championships	Brooklyn, NY
26	Shufu Referee Clinic	Beltsville, MD

February

2	Shufu Open Judo Championships	College Park, MD
16	Virginia State Open Judo Championships	Arlington, VA

March

4	Beginners class starts	Beltsville, MD
9	New York Mens Open	New York, NY
15	Beltsville Spring Open Judo Championships	Beltsville, MD
28-30	High School and Colligate Nationals	Wisconsin

Happy New Year

Happy New Year greetings to all. We wish each of you a very happy and prosperous New Year. Thank you for supporting the club and making a great 2007 for us. We are looking forward to an even better year in 2008. Our dojo continues to grow and change. We welcome our new beginners, some new friends joining us and welcomed back some old friends who have been away for a while. We are happy that all of you can share your judo and we can learn from each other. Please continue to bring family and friends into judo and help our dojo to grow and develop. Best wishes to all of you.

Hui-O honors award winners At our annual Holiday party, we had a great time playing games, eating lots of great food and visiting with families of judoka. We presented the Hui-O-Judo Honor Awards. Sensei Kevin, Sensei Mark and Sensei Brad presented plaques in recognition of service and dedication to the club and to the development of judoka. The James Gosnell Inspirational Award went to Sensei Pam Hinkle. The Sensei Ken Tamai Memorial Award went to Sensei John Morrisson. The Thomas Dalton Service Award went to Sensei John Anderson. There are plaques with the names of all of the previous award winners in the lobby of the community center. The club presented Sensei Kevin with an Appreciation Award Plaque to honor his commitment to judo and especially to our club.

Club membership - It is up to each one of you to PLEASE pay your monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Judo Clinic

Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

There will be a Katame No Kata clinic in Lancaster PA on Saturday, January 19th from 9-4. Lunch will be served. The cost is \$25. The clinic instructors will be Peggy Whilden, Karen Whilden and Diane Jackson. For more information contact Josh Keister at (717)379-6087

Hui-O-Judo Beltsville will host a Shufu Referee Clinic and on Saturday, January 26, 2008 at the Beltsville Academic Center, 4300 Wicomico Avenue, Beltsville, Maryland. This clinic is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration. Mr Joon Chi and Mr. Roy Englert, IJF Referee Class A, will be the clinicians. If you are a referee, teacher, coach, competitor, or technical official, you should attend to find out the latest interpretation of the rules and how they are applied. If you need another reason to attend this clinic, the new electronic scoreboards will be at this event. This will give referees and scorekeepers a chance to use them and get comfortable with them. It will cover all of the topics Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend. It is also a good way to learn rules and regulations of the sport. We also need some judoka to have some practice contest, randori, for the people attending the clinic to practice their skills. Please try to attend. It is open to all skill levels.

Promotionals: The promotionals are rapidly approaching again. There is a great deal information that each of you needs to review and know. Promotional requirements should not be studied just before an examination. All of the students should be constantly studying their examination requirements throughout the year. It is very important that you all know the terminology, in both Japanese and English. We are able to spend a limited amount of time reviewing all of the materials. All of you should have the judo study book. There is a great deal of information contained in this book. I realize that all of you have many other responsibilities in your lives. Please take the time to look over the requirements at home and bring your questions to class. Anyone who is going to try for their promotion should see Sensei Kevin or Sensei Mark as soon as possible. Even if you are not going to be promoted you should try to attend. It will be a great learning experience.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Sensei Brad, Robert Kirk and Chris Howell have

provided a huge help on some of our trips. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May. Please see Sensei Mark if you are interested.

Beltsville Spring Open– Hui-O will once again host the Beltsville Open on Saturday, March 15th at the Beltsville Academic Center. We renamed the tournament in honor of our Sensei. It is called the Ken Tamai Memorial Judo Championships. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

Colder weather: With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

Winter Weather policy Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Club logo apparel – The spring tournament season is coming up fast so buy some Hui-O-Judo apparel. Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. Club logo t-shirts are offered in two styles. One has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The other shirt is blue and has the other logo. They are offered in sizes S to XXXL. The price for club members is just \$10 per shirt. There are also a limited number of navy blue golf style collared shirts available with one of the two club logos. These shirts are \$20 each. Also there are a limited number of grey fleece pullovers, sweatshirts and two types of backpacks. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.

Sensei Kevin Tamai
Sensei Mark Smith

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301-674-5438

Email –kevin@huiojudo.com
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Visit the club website at <http://www.huiojudo.com/>



Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28

First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

Kodokan Judo

<i>Kodokan Judo</i>	<i>\$24</i>
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

<u>Judo Gi's</u>	<u>Unbleached</u>	<u>Bleached</u>	<u>Blue</u>
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

<u>Pants</u>			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	