



Hui-O-Judo Beltsville

Monthly Newsletter for May 2008

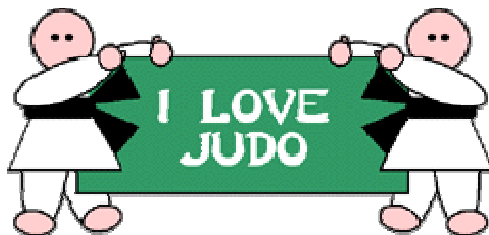
Upcoming events:

May 6	Tuesday – New Beginner class starts (8 weeks)	Beltsville, MD
May 17	Coaches Clinic	College Park, MD
May 24-25	AMCAN International Challenge	Amherst, NY
June 7	Shufu Junior Open	College Park, MD
June 13-15	US Olympic Trials	Las Vegas, NV
June 27-29	USJA Junior Nationals	Boston, MA

Flyers on all above events are available at class. For more information – see one of the sensei's at class.

Karen Whilden and Diane Jackson Represent PJU and USA at First Kodokan Judo Kata International Tournament A report by Diane Jackson. Karen Whilden, a teacher at Baltimore Judo Club, and Diane Jackson, a teacher at Hui-O Judo Club, represented the Pan American Judo Union and the USA, their clubs, Maryland, Virginia and Shufu Judo Yudanshakai at the first Kodokan Judo Kata International Tournament held October 25-29, 2007 at the Kodokan in Tokyo, Japan. This tournament included competition in Nage No Kata and Katame No Kata, practice forms which teach competition skills, and Ju No Kata and Kime No Kata, forms which teach self defense. Each Judo union in the world and Japan named 2 to 3 teams for competition in each Kata. The Pan American Judo Union included 4 teams from the USA, 2 teams from Brazil and 1 team from Canada. Diane and Karen Performed Katame No Kata and placed 9th. Japan captured gold and silver in all Kata while Spain's teams took home 3rd in all Kata and Italy placed 4th in all Kata. It was a great achievement to be named to this first-ever history making event and to compete against the best in the world at the Kodokan. I would have never believed someone if they told me that I would compete at the Kodokan representing the USA and PJU. I expected the Kodokan would host a top quality tournament, but they did it with unbelievable friendliness, style, and apparent ease. It was also a learning experience. The Kodokan was looking for things in the Kata, especially in style, that we did not do. The teams that performed the best train at the Kodokan every year. What a luxury that would be! The Kodokan held seminars after the tournament that were enlightening. I met Kata players from all over the world and affirmed a universal Judo truth: Judo players are nice people. While we, the US team, were using our collective Kata knowledge to work on changes after the tournament and 2 players from Spain, who placed 3rd, came into the hallway to work on Kata with us.

Karen Whilden and Diane Jackson Place First In Cuba - Karen Whilden, a teacher at Baltimore Judo Club, and Diane Jackson, a teacher at Hui-O Judo Club, represented the USA in Havana at the Cuban Olympics. This year was the first year in which Kata, specifically Nage No Kata, was included. Karen and Diane placed first out of four teams. The other Kata teams were all Cuban. Congratulations on a Kata well performed.



Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight week introductory class. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis(teachers).

USJI Coach Education and Certification Clinic with Patrick Burris - On Saturday, May 17th Virginia Judo, Inc. and Maryland Judo, Inc. will host a USJI Coach Education and Certification Clinic with Patrick Burris, Director of USJI Coach Education and Certification. This Clinic will held at the College Park Community Center.

Drinks in the dojo As a reminder, there is no food or drinks allowed in the gym. You can have water but NO sports drinks, sodas or other colored drinks are allowed in the gym. There should also NOT be any food in the gym.

Zoris – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You MUST have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should NOT have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and USE THEM.

IJF Refereeing Rules

The updated International Judo Federation Refereeing rules are located on the [IJF Web Site](#) on the news page for the [current IJF Referee Rules](#). On this page you will find links for [English](#) or [French](#) or [Spanish](#) versions of an Adobe Acrobat PDF file. When viewing the IJF web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

Judo DVDs Available -Steve Seaquist, Maryland Judo, Inc. Librarian, has begun conversion of the MJI video library from VHS to DVD. These videos can be borrowed and returned by mail by any current member of MJI in good standing. There is a \$1.00 mailing and handling fee and a 1 month time limit for borrowing. At the present time, the videos that have been set to DVD format are the Kodokan videos "Nage-no-Kata," "Katame-no-Kata" and "Ju no-Kata." For more information, contact Steve Seaquist at 301-630-3535 or by email at [Steve Seaquist](#). To return videos to the MJI Library, simply mail them to Steve Seaquist, 5806 Arbroath Drive, Clinton, MD 20735-1510.

Yudanshakai Forms - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year and \$15 for additional membership. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can NOT be advanced in rank if you are not a member of USJF.

Please remember to pay your monthly dues at the front desk!!

Please visit our website at <http://www.huiojudo.com>

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