



Hui-O-Judo Beltsville

Monthly Newsletter for June 2008

Upcoming events:

June 7	Shufu Junior Open	College Park, MD
June 13-15	US Olympic Trials	Las Vegas, NV
June 27-29	USJA Junior Nationals	Boston, MA
July 4-6	USJF Junior Nationals	Chicago, IL
July 19-20	US Junior Open Championships	Fort Lauderdale, FL
July 25-27	US Junior Olympics	Kissimmee, FL
July 27 (Sunday)	Keystone Games	York, PA
Aug 9-15	Olympic Games	Beijing, China
Aug 31	Eastern Open Judo Championships	Baltimore, MD

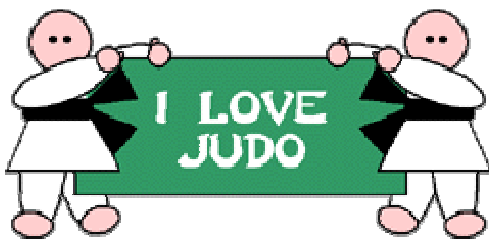
Flyers on all above events are available at class. For more information – see one of the sensei's at class.

Karen Whilden and Diane Jackson Place First In Cuba - Karen Whilden, a teacher at Baltimore Judo Club, and Diane Jackson, a teacher at Hui-O Judo Club, represented the USA in Havana at the Cuban Olympics. This year was the first year in which Kata, specifically Nage No Kata, was included. Karen and Diane placed first out of four teams. The other Kata teams were all Cuban. Congratulations on a Kata well performed.

Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight week introductory class. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

USJI Coach Education and Certification Clinic with Patrick Burris - On Saturday, May 17th Virginia Judo, Inc. and Maryland Judo, Inc. hosted a USJI Coach Education and Certification Clinic with Patrick Burris, Director of USJI Coach Education and Certification. This Clinic was held at the College Park Community Center. Hui-O had Robert Kirk get certified and Mark Smith.

Drinks in the dojo As a reminder, there is no food or drinks allowed in the gym. You can have water but NO sports drinks, sodas or other colored drinks are allowed in the gym. There should also NOT be any food in the gym.



Zoris – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You **MUST** have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should **NOT** have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and **USE THEM**.

IJF Refereeing Rules

The updated International Judo Federation Refereeing rules are located on the [IJF Web Site](#) on the news page for the [current IJF Referee Rules](#). On this page you will find links for [English](#) or [French](#) or [Spanish](#) versions of an Adobe Acrobat PDF file. When viewing the IJF web site it is best to use either Netscape 6 or Internet Explorer 6 or higher.

Judo DVDs Available -Steve Seaquist, Maryland Judo, Inc. Librarian, has begun conversion of the MJI video library from VHS to DVD. These videos can be borrowed and returned by mail by any current member of MJI in good standing. There is a \$1.00 mailing and handling fee and a 1 month time limit for borrowing. At the present time, the videos that have been set to DVD format are the Kodokan videos "Nage-no-Kata," "Katame-no-Kata" and "Ju no-Kata." For more information, contact Steve Seaquist at 301-630-3535 or by email at [Steve Seaquist](#). To return videos to the MJI Library, simply mail them to Steve Seaquist, 5806 Arbroath Drive, Clinton, MD 20735-1510.

Yudanshakai Forms - Many of you still have not yet returned your Yudanshakai registration forms. In order to practice at the club you are **REQUIRED** to join USJF, USJI or both. The fee is \$50 for one year and \$15 for additional membership. There are many benefits to being a member of Shufu Yudanshakai. If you have lost your form, please see one of the Sensei. If you still have it, please return it to us as soon as possible. Membership is good for one year from when you join. Please remember, with promotions coming up, you can **NOT** be advanced in rank if you are not a member of USJF.

United States Naval Academy Senior Invitational Judo Championships - The United States Naval Academy Senior Invitational Judo Championships will be held on October 4th at the Halsey Field House, United States Naval Academy, 121 Blake Road, Annapolis, Maryland 21402-5000. Both individual and team competitions will be held. This competition is open to all Senior Judoka with a current USJI, USJF or USJA membership. Membership in USJI or USJF may be obtained during registration. Note: Pre-registration is highly recommended! Our campus is a military base and is closed to cars and trucks that do not have prior authorization to be on-site. Everyone must show a picture ID to enter the campus. Please park at the parking area by Gate 8. A shuttle will run on a regular basis to pick participants up and take them to the competition site. Parking is also available on King George Street just before arriving at Gate 1 and you can walk on. The Flyer, Waiver, Entry forms and Day Pass Application will be available as soon as possible

Please remember to pay your monthly dues at the front desk!!

Please visit our website at <http://www.huiojudo.com>

Sensei Kevin Tamai Phone -703-497-1530 cell - 703-622-6861 e-mail – kevin@huiojudo.com
Sensei Mark Smith Phone – 301-805-9690 email – mark@huiojudo.com

