



Hui-O-Judo Beltville

Monthly Newsletter for August 2008

Upcoming events:

August 9-15	Summer Olympic Games	Beijing, China
August 16	Sr Competitor, Tech Official and Ref Clinic	Glenn Dale, MD
August 17(Sunday)	Hui-O Summer picnic at Smith House	Glenn Dale, MD
August 30	Shufu Eastern Invitational Tournament	Baltimore, MD
Sept 6 `	Faye Allen Memorial Kata Competition and clinic	Glenn Dale , MD
Sept 26-28	US Open	Colorado Springs, CO
Sept 27	East Coast Invitational	Cranford, NJ

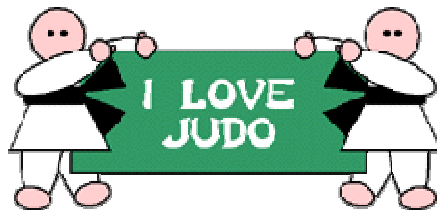
Flyers on all above events are available at class. For more information – see one of the sensei's at class.

REMINDER – Please scan your membership card at the front desk BEFORE every class!!

Keystone Games - The Keystones Games were held in York, Pennsylvania on Sunday, July 29th. Sensei Mark was the head referee for the tournament. Hui-O was well represented by our judoka. Nick Epstien won first place in his division. Russ Epstien refereed for seom matches then competed, winning first place in his masters division. Shawn Eddy competed in the masters division and won first place. Galen Jones competed in two matches and performed well. Robyn Jones competed in the womens senior division and won first place. Thank you for representing our judo club.

Summer Picnic – Please plan to attend our annual summer picnic at Sensei Mark's house on Sunday, August 17th. It is a wonderful day to spend with your entire family and judo friends. Bring your bathing suits and water guns and enjoy LOTS of great food. This is a family event so please plan on attending. Each family should bring a dish or dessert to share. Families should bring their own drinks. The senseis will provide the hamburgers, hot dogs and paper products.

Shufu Yudanshakai Eastern Open Championships - Hui-O is hosting this event on Saturday, August 30th. This is Labor Day weekend. . It will be up in Baltimore. We need to have EVERYONE volunteer to help out. It is one of the three tournaments we still run. We need help to set up on Friday night at 7pm in Baltimore. We will be loading mats on Friday afternoon to drive them up. All day Saturday we need help. We need people to not just compete but to help work at the table. No experience is necessary. We will train you there but we need you to come help. We will also like some help when we return to the dojo with the mats to put them away. Please see Sensei Kevin or Sensei Mark.



Visit our website at <http://www.huiojudo.com/>

Club membership - It is up to each one of you to **PLEASE** pay your monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are **NOT** paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Zoris – Part of every judo uniform is zoris. These are slip on “flip flops” or some type of slipper. You **MUST** have these at practice. They are part of your judo uniform. You should never leave the mat area without first asking the sensei, then bowing off the mat and putting zoris on at the edge of the mat area. All of the dirt your feet pick up on the floor is brought onto the mat area and gets on our gis and our bodies. Many of the kids have been caught going to the bathroom and out to get drinks of water without putting on zoris. Class is only one hour, you should **NOT** have to stop for bathroom breaks and water breaks. We are only at class for a very short period of time. Please purchase a pair of zoris, bring them to class and **USE THEM**.

National Referee Clinic and James J. Burrell Memorial Senior Team Tournament

The Prince George's Judo Club will hold a combined Local to National Level Referee Clinic and James J. Burrell Memorial Senior Team Tournament on Saturday, August 16th at the Glenn Dale Community Center, 11901 Glenn Dale Blvd., Glenn Dale, Maryland 20768. The James J. Burrell Memorial Senior Team Tournament is open to all Senior Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration. The Local to National Referee Clinic is for regional, national or higher referees, coaches and players who want to understand the rules of competition. Local referees who have refereed for several years and are preparing to take the regional exam should attend this clinic. A current USJF, USJI, or USJA membership is required if you want to be a certified referee. The Technical Officials Workshop is open to anyone who would like to become a Technical Official or anyone who desires to learn and understand scoring or setting up the pairing and brackets for a match. A USJF, USJI, or USJA membership is **NOT** required for this workshop. Anyone may attend; all Judo players, parents, friends, family, etc. The Flyer and Entry form for the Local to National Referee Clinic and Technical Officials Workshop, in Microsoft Word (.doc) Format, may be downloaded at Referee Clinic and Technical Officials Workshop. The Flyer and Entry form for the James J. Burrell Memorial Senior Team Tournament, in Microsoft Word (.doc) Format, may be downloaded at James Burrell Senior Team Tournament For more information, contact Edwin Takemori at 410-431-7360 or by email at Edwin Takemori. An alternate contact is Helen McProuty at 301-262-0762, or by email at Helen McProuty

Please remember to pay your monthly dues at the front desk!!

Please visit our website at <http://www.huiojudo.com>

Sensei Kevin Tamai Phone -703-497-1530 (h) 703-622-6861© e-mail – kevin@huiojudo.com
Sensei Mark Smith Phone – 301-674-5438 email – mark@huiojudo.com

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Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28

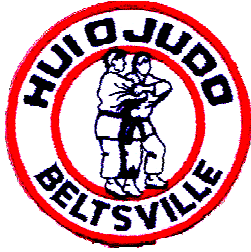
First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18
Kodokan Judo	\$24
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

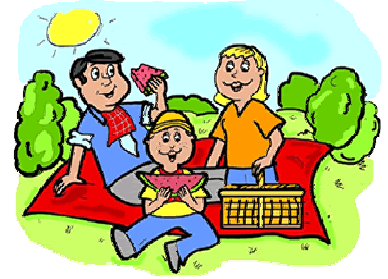
Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

<u>Judo Gi's</u>	<u>Unbleached</u>	<u>Bleached</u>	<u>Blue</u>
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	



*Hui-O-Judo Beltsville
Summer Picnic 2008
Sunday, August 17, 2008
11am - 7pm??*



Bring your family and join us for an afternoon of food, fun and relaxing with friends. The senseis will provide hamburgers, hot dogs and paper products. We ask that everyone bring a side dish or dessert to share with everyone. Please bring your own drinks. Bring your swim suit and a towel to cool off in the pool.

There is a sign up sheet at the dojo or email us back.

Sensei Mark Smith house

4423 Olando Lane, Bowie, MD (301)805-9690

From Beltsville Community Center, 3900 Sellman Rd, Beltsville, MD, turn left out of center on Sellman Rd for 0.52 miles to flashing light at top of hill, Turn right onto Montgomery Rd, Turn right onto US-1 (Baltimore Av), Bear right on ramp to I-95 S (I-495 S, Capital Beltway, I-495 Innerloop), Continue on I-95 S (I-495 S, Capital Beltway, I-495 Innerloop) for 5.8 miles, Bear right onto off-ramp at exit 19A to US-50 E (John Hanson Hwy) towards Annapolis, Continue on US-50 E (John Hanson Hwy) for 6.9 miles, Bear right onto off-ramp at exit 13A-B-C to Exit 13B Take MD-3 N (Crain Hwy) Ramp at exit 13B Continue onto MD-3 N (Crain Hwy) for 1.8 miles Turn hard left onto MD-450 W (Annapolis Rd) follow for 1.1 miles, Turn right onto Race Track Rd, follow for 0.8 miles Turn right onto Overbrook Ln Turn left onto Olando Ln house is on right at end of street.

Sensei Kevin Tamai cell 703-622-6861 e-mail – kevin@huiojudo.com

Sensei Mark Smith cell 301-674-5438 e-mail: mark@huiojudo.com

Remember to sign up on the sheet at the dojo with what you will bring and how many people will attend

We hope to see you there !!

