



Hui-O-Judo Beltsville

February 2009 Newsletter

Upcoming Events:

February

Jan 31-Feb 1	Teacher and Coaches Certification	Washington, DC
14	Pedro's Challenge	Wakefield, MA
14	Waka Mu Sha Challenge	Atlanta, GA
21	Virginia State Open Judo Championships	Arlington, VA
28	Mayfield's Challenge	Jacksonville, NC

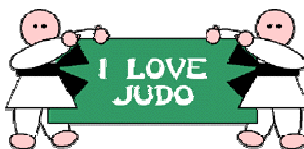
March

6	Beginners class starts	Beltsville, MD
14	Shufu Open Judo Championships	Beltsville, MD
15	Koshiki no Kata Clinic	Beltsville, MD
22	Coaching Certification with Ann Maria Rousey DeMars	Dunkirk, MD
28-29	USA Judo Youth National Championships	York, PA

Referee Clinic - Hui-O-Judo Beltsville hosted the Shufu Referee Clinic on Saturday, January 17. Dr Kei Narimatsu, an IJF A referee, was the head clinician. It was attended by 60 judoka from around the regional area. We covered the latest interpretation of the rules and how they are applied. It also covered many other topics of refereeing. There have been many new changes and interpretations of the rules. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes.

USJI Coach Education and Certification, USJI Judo Teacher Certification and Advanced

Judoka Clinic On Saturday, January 31 and February 1, 2009, Georgetown University's Yates Field House will host a USJI Coach Education and Certification, USJI Judo Teacher Certification and Advanced Judoka Clinic from 10:00 am to 5:00 pm both days. This clinic will include analysis of the 2009 Judo rule changes, high level training drills and advanced competition instruction. The clinicians will include: John Anderson, Hachidan, Jimmy Takemori, Kudan, Tad Nalls, Rokudan, Yasutaka Ohkawa, Yondan and Mizuho Matsuzaki. This Clinic is open to all advanced level USJA, USJF or USJI members whether seeking certification or not. The space is limited to 95 participants so enroll as soon as possible. If you are applying for USJI Coach or USJI Teacher Certifications a USJI membership is required. More information is available on the Flyer and application which can be downloaded from [USJI Coaches, Teachers, Competitors Clinic](#). If you have any questions, email [Tad Nalls](#). Maps and directions to Georgetown University, Yates Fieldhouse can be found at [Georgetown University Maps](#)



Virginia State Championships – All judoka are invited to participate in the Virginia State Championships. You do not need to live in Virginia to compete. We encourage all judoka to come assist in running the event or come to compete. Forms are available at the dojo or online.

Shufu Open Judo Championships – Hui-O-Judo will host the 2009 Shufu Judo Championships at the Beltsville Academic Center on March 14th. We will need everyone's assistance to make this a successful event. Mat set up is on Friday night at 7pm. Registration starts Saturday morning at 830 am. Please help make this event successful by volunteering your time to help us. Please see one of the sensei's to ask how you can assist.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Colder weather: With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

Winter Weather policy Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Sensei Kevin Tamai

703-622-6861

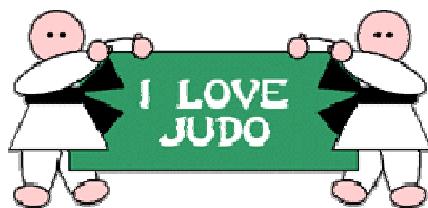
Email –kevin@huiojudo.com

Sensei Mark Smith

301-674-5438

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Visit the club website at <http://www.huiojudo.com/>





2009 IJF RULE CHANGES, ADJUSTMENTS, & CLARIFICATIONS

1. Elimination of Koka

- Throws which land squarely on the butt or thigh with technique, force, & control MAY be scored Yuko.
- Top of the shoulder landings are no longer a score

2. Osaie Komi Duration

- 15-19 seconds = Yuko/ 20-24 seconds = Waza-Ari / 25 seconds = Ippon

3. Shidos

- First Shido is now a warning. It should be verbalized and will appear on the scoreboard but will NOT result in the opponent receiving a score. Second Shido = Yuko / Third Shido = Waza-Ari/ Fourth Shido = Ippon
- First/Warning Shido should be given during Golden Score w/o a conference. The Second Shido should be preceded by a conference with a majority decision to give the penalty. If unanimity amongst the referees is not reached, the referees MAY consult the Jury.
- First/Warning Shido should NOT affect Hantei decision in Golden Score

4. Golden Score

- Golden Score period is now 3 minutes long.
- If Hantei is reached, the decision should be based ONLY on the 3 minute Golden Score period.

5. Dynamic Edge

- ALL action in Tachi Waza or Ne Waza should be considered valid and allowed to continue w/o Matte as long as EITHER contestant has some body part in the contest area. "Action" includes gripping. When action stalls/stops, Matte should be called. As a judge, refrain from signaling "Out" or "In," until the action is completed or stopped.
- As a result, "Stepping Out" is virtually eliminated as a penalty. However, the penalty for "Refusal to Grip" may be awarded if it appears one competitor is refusing to grip outside the Contest Area in order for the referee to call Matte.
- If the referee calls Matte in error and the judges and/or jury determine that the throw should be counted valid, the Matte can be nullified and the throw scored.

6. Negative Judo Penalties

- All STRICTLY enforced!
- REFUSAL TO GRIP = includes obvious refusal by backing away, grabbing one's own label to prevent opponent's grip, repulsing an opponent's grip with stiff arms, and forcing one's opponent into a bent over position that he/she cannot escape from
- EXCESSIVELY DEFENSIVE POSTURE for more than 5 seconds
- FALSE ATTACK = includes diving for legs w/no intention to throw and Drop Seoi Nage w/no intention to throw (turning the body away from the opponent does not necessarily constitute intent)
- HIKKOMI (Unskillful entry into Ne-Waza) = includes attempts at Tomoe Nage, Sumi Gaeshi, etc where the intention was to enter Ne-Waza rather than throw. However, Sacrifices can be used to enter immediately into Juji Gatame.
- PANTS GRASPING = Player CANNOT grasp the pants prior to attacking, but may grasp the pants after the throw has started or simultaneously w/the start of the throw. Grasping the pants before attacking is an immediate Shido. Grabbing the leg(s) is still legal and not the same as grasping the pants.

7. Judogi Control

- STRICTLY enforced!
- A new caliper has been created to measure judogis at the National & International level and will be available for coaches and competitors to use. If the referees on the mat determine that a player's gi is not legal after measuring it with the caliper, this player will receive Honsoku Make. The player will lose the match but NOT be removed from the division.