



# *Hui-O-Judo Beltsville*

## *March 2009 Newsletter*

### Upcoming Events:

#### March

6	Beginners class starts	Beltsville, MD
14	Shufu Open Judo Championships	Beltsville, MD
15	Koshiki no Kata Clinic	Beltsville, MD
22	Coaching Certification with Ann Maria Rousey DeMars	Dunkirk, MD
28-29	USA Judo Youth National Championships	York, PA

#### April

4-5	Liberty Bell Judo Championships	Philadelphia, PA
16-19	Senior nationals	San Diego, CA
25	Shufu Yudanshakai Junior Promotionals	College Park, MD
26	Shufu Yudanshakai Senior Promotionals	College Park, MD

**Virginia State Championships** – We had a great turn out at the Virginia State Championships. Robert Gouthro and Lisa Capriotti took first place in the novice division of the Nage No Kata. Sensei Mark and Pablo won first place in the Advance division of Nage no Kata. Galen Jones fought in two divisions, one in juniors and one in seniors. He took silver medals in both categories. Egan Conway also fought in two division, one lower ranks and one for higher ranks, He placed second in both of his divisions. Lisa capriotti was only given one match due to time constraints fro the venue, she lost. Dorin was only given one match and a lot lost. Sensei Kevin helped to run and administer the event. Sensei Mark Refereed. Sensei Bradley served as technical official. Sensei Diane was a kata judge.

**Shufu Open Judo Championships** – Hui-O-Judo will host the 2009 Shufu Judo Championships at the Beltsville Academic Center on March 14<sup>th</sup>. We will need everyone's assistance to make this a successful event. Mat set up is on Friday night at 7pm. Registration starts Saturday morning at 830 am. Please help make this event successful by volunteering your time to help us. Please see one of the sensei's to ask how you can assist.

**Koshiki No Kata Clinic** - Hui-O will host a Koshiki No Kata clinic featuring Eiko Sheppard as the clinician. This is an unique opportunity to learn from a teacher outside of our area. Dr. Kano preserved the techniques of this kata from the Kito-Ryu School of jujutsu, because of the extent to which these techniques embody the principle and techniques of Kodokan Judo. Since the Forms Antique were intended for the "Kumiuchi", the grappling of armored warriors in the feudal ages, it is essential to perform the movements imagining that you are clad in heavy armor. The kata is separated into two parts, omote (front) and ura (back). Also known as the Kito-Ryu No Kata, it consists of twenty-one (21) techniques. These techniques are of a high order and highly refined, and their practice brings insight into Judo theory. I encourage you to attend this clinic.

**Pan American Judo Championships** – Sensei Diane and Sensei Karen are traveling to Argentina to represent the United States at the Pan American judo Championships. They will be competing in Nage No kata and Ju No Kata. We wish them the best of luck and success, as well as safe travels

**Promotionals:** The promotionals are rapidly approaching again. There is a great deal of information that each of you needs to review and know. Promotional requirements should not be studied just before an examination. All of the students should be constantly studying their examination requirements throughout the year. It is very important that you all know the terminology, in both Japanese and English. We are able to spend a limited amount of time reviewing all of the materials. All of you should have the judo study book. There is a great deal of information contained in this book. I realize that all of you have many other responsibilities in your lives. Please take the time to look over the requirements at home and bring your questions to class. Anyone who is going to try for their promotion should see Sensei Kevin or Sensei Mark as soon as possible. Even if you are not going to be promoted you should try to attend. It will be a great learning experience. There is **NO ONSITE REGISTRATION.** **You MUST pre-register by March 25<sup>th</sup>** if you plan to be promoted.

**Hui-O travel team** – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagara Falls, NY in May.

**Winter Weather policy** Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice. PG government is closed - Community Center is CLOSED, PG Schools are closed - Community Center is OPEN, Delayed PG schools opening - Community Center is OPEN, Early dismissal at PG Schools - Community Center is OPEN. Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Sensei Kevin Tamai  
Sensei Mark Smith

703-622-6861  
301-674-5438

Email –kevin@huiojudo.com  
email – mark@huiojudo.com

Visit the club website at <http://www.huiojudo.com/>

