



Hui-O-Judo Beltsville

August 2009 Newsletter

Upcoming Events:

Aug 1-2	Junior US Open	Ft Lauderdale, FL
Aug 8	Advanced NageNo Kata Clinic	Beltsville, MD
Aug 18 and 20	No Judo classes – Gym floor being refinished	Beltsville MD
Sept 2 (Tuesday)	Beginners Judo class begins (8 weeks)	Beltsville, MD
Sept 2 (Tuesday)	Sign up for advanced Judo classes/Judo Club	Beltsville, MD
September 5	Shufu Eastern Open Judo Championships	Baltimore, MD
September	Faye Allen Memorial Kata Competition and clinic	Glenn Dale , MD
September 12	Hometown heroes Tournament	Fayetteville, NC
September 12	Competitors Clinic	Lancaster, PA
September 13 (Sunday)	Hui-O Summer picnic at Smith House	Bowie, MD
September 26	Faye Allen Kata Tournament	Glendale , MD
September 26	US Open	San Jose, CA.
October 10	Navy Senior Team Tournament	Annapolis, MD
October 10	Norfolk Tournament	Norfolk, VA
October 17	Ken Tamai Memorial Judo Tournament	Beltsville, MD
October 31	Maryland Open	College Park, MD

Judo Club – Everyone attending practice at the Beltsville dojo should be signed up for judo class. If you are not signed up, please stop at the front desk to register. Sessions are \$30 for kids and \$40 for adults. You **MUST** register every odd month. Everyone on the mat, except the new beginners, must also be registered with USJF. Many people currently are not. Please turn your registration form back in to us. You can not be promoted to your next rank unless you are registered with USJF.

Welcome new beginners – We would like to welcome the new students who joined the eight week beginners judo class. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers). If you have any friends who might be interested in joining judo, please ask them to come visit a class.

Sensei Diane sends greeting from Paris – Sensei Diane says “Bon jour” to all of us. We were saddened to announce that Sensei Diane will be in Paris for the next three years. While we are very excited for the opportunity for herself and her family to travel abroad, we greatly miss her. We have been blessed with her knowledge and love of judo. She has done so much to help promote the goodwill of judo around the world representing Hui-O-Judo, Shufu Yudanshakai and the United States Judo where ever she traveled.

Nage No Kata Clinic –. Hui-O-Judo Beltsville and the Beltsville Academic Center, 4300 Wicomico Avenue, Beltsville, Maryland will host a Shufu Advanced Nage No Kata Clinic on Saturday, August 8, 2009. The Clinicians will be Peggy Whilden, Godan Godan a level A Kata Judge and Certified Kata Instructor, Karen Whilden, Godan a level A Kata Judge and Certified Kata Instructor, Charles Medani, Rokudan and Fran Vall, Rokudan. This clinic is being used to build upon the basic knowledge of the fundamentals of Nage no Kata. This event will focus on the last 2 sets and improvement of the knowledge, and skill in demonstration, of the total Nage No Kata. If you would like to bring a partner to work with, that is good but not required. The roles of both Uke and Tori will be taught at this clinic. We encourage all Judoka to learn this Kata. It will improve your overall Judo. This clinic is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration

Summer Picnic – Please plan to attend our annual summer picnic at Sensei Mark's house on Sunday, September 13th. It is a wonderful day to spend with your entire family and judo friends. Bring your bathing suits and water guns and enjoy LOTS of great food. This is a family event so please plan on attending. Each family should bring a dish or dessert to share. Families should bring their own drinks. The senseis will provide the hamburgers, hot dogs and paper products.

Shufu Yudanshakai Eastern Open Championships - Hui-O is hosting this event on Saturday, September 5th. This is Labor Day weekend. . It will be up in Baltimore. We need to have EVERYONE volunteer to help out. It is one of the three tournaments we still run. We need help to set up on Friday night at 7pm in Baltimore. We will be loading mats on Friday afternoon to drive them up. All day Saturday we need help. We need people to not just compete but to help work at the table. No experience is necessary. We will train you there but we need you to come help. We will also like some help when we return to the dojo with the mats to put them away. Please see Sensei Kevin or Sensei Mark.

Keystone Games - The Keystones Games were held in York, Pennsylvania on Sunday, July 27th. Galen Jones went up and represented our club. He competed well but did not place.

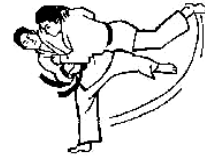
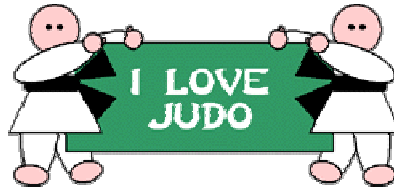
Hui-O Judo travel team – Sensei Mark would like to attend more judo tournaments within a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May. He would also like to visit other dojos on other week nights. If you are interested, please see Sensei Mark.

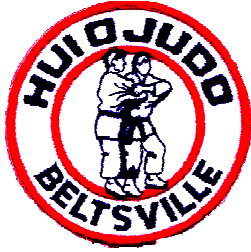
Sensei Kevin Tamai
Sensei Mark Smith

703-622-6861
301-674-5438

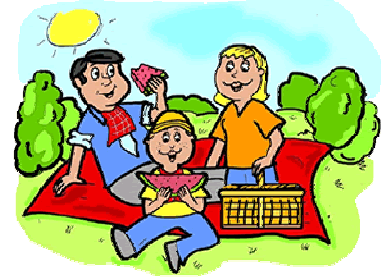
email –kevin@huijudo.com
email – mark@huijudo.com

Visit the club website at <http://www.huiojudo.com/>





*Hui-O-Judo Beltsville
Summer Picnic 2009
Sunday, Sept. 13, 2009
12 noon- 7pm??*



Bring your family and join us for an afternoon of food, fun and relaxing with friends.

The senseis will provide hamburgers, hot dogs and paper products. We ask that everyone bring a side dish or dessert to share with everyone. Please bring your own drinks. Bring your swim suit and a towel to cool off in the pool.

There is a sign up sheet at the dojo or email us back.

*Sensei Mark Smith house
4423 Olando Lane, Bowie, MD (301)*

From Beltsville Community Center, 3900 Sellman Rd, Beltsville, MD, turn left out of center on Sellman Rd for 0.52 miles to flashing light at top of hill, Turn right onto Montgomery Rd, Turn right onto US-1 (Baltimore Av), Bear right on ramp to I-95 S (I-495 S, Capital Beltway, I-495 Innerloop), Continue on I-95 S (I-495 S, Capital Beltway, I-495 Innerloop) for 5.8 miles, Bear right onto off-ramp at exit 19A to US-50 E (John Hanson Hwy) towards Annapolis, Continue on US-50 E (John Hanson Hwy) for 6.9 miles, Bear right onto off-ramp at exit 13A-B-C to Exit 13B Take MD-3 N (Crain Hwy) Ramp at exit 13B Continue onto MD-3 N (Crain Hwy) for 1.8 miles Turn hard left onto MD-450 W (Annapolis Rd) follow for 1.1 miles, Turn right onto Race Track Rd, follow for 0.8 miles Turn right onto Overbrook Ln Turn left onto Olando Ln house is on right at end of street.

Sensei Kevin Tamai cell or text 7036226861@cingularme.com e-mail – kevin@huijudo.com

Sensei Mark Smith cell or text – 3016745438@cingularme.com e-mail: mark@huijudo.com

Remember to sign up on the sheet at the dojo with what you will bring and how many people will attend

We hope to see you there !!





Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22

Ippons special interest series

Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26

Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28

First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

<i>Kodokan Judo</i>	\$24
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Gi's	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants

00 – 1	\$16	\$20
2 – 5	\$20	\$25
6 – 8	\$23	\$30

