



Hui-O-Judo Beltsville

January 2010 Newsletter

Upcoming Events

January

5	Beginners class starts	Beltsville, MD
16	Shufu Referee Clinic	Beltsville, MD
16	Taraje Murray Williams Clinic	Pompton Plains, NJ
17	Liberty Bell development Tournament	Huntingdon Valley, PA
23	Florida Open	Pembroke Pines, FL
24	14 th Annual Starrett Cup Judo Championships	Brooklyn, NY

February

6	Shufu Open Judo Championships	College Park, MD
6	Waka Musha Open tournament	Atlanta, GA
7	Tech Judo Super Bowl	North Bergen, NJ
13	Pedro's Challenge	Wakefield, Mass
20	Virginia State Open Judo Championships	Arlington, VA
21	Mayfield Open Tournament	Jacksonville, NC

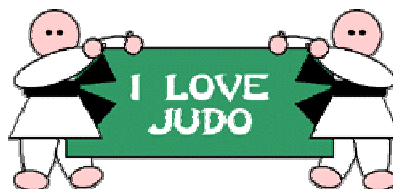
March

2	Beginners class starts	Beltsville, MD
6	Spartak Team Championships	Flushings, NY
20	Ocean State Judo Championships	West Warwick, RI

Please stop at the front desk to pay for the January/February class. The barcode for Children's beginners class is **152031** (JCB-2010 WINTER -015), the barcode for adult beginners is **187617**, the barcode for Judo : Mixed ages, Intermediate is **153457** (JMAI- 2010 WINTER -006)

Happy New Year

Happy New Year greetings to all. We wish each of you a very happy and prosperous New Year. Thank you for supporting the club and making a great 2009 for us. We are looking forward to an even better year in 2010. Our dojo continues to grow and change. We welcome our new beginners, some new friends joining us and welcomed back some old friends who have been away for a while. We are happy that all of you can share your judo and we can learn from each other. Please continue to bring family and friends into judo and help our dojo to grow and develop. Best wishes to all of you.



Hui-O honors award winners At our annual Holiday party, we had a great time playing games, eating lots of great food and visiting with families of judoka. We presented the Hui-O-Judo Honor Awards. Outstanding Competitor was awarded to Egan Conway. Sensei Kevin and Sensei Mark presented plaques in recognition of service and dedication to the club and to the development of judoka. The James Gosnell Inspirational Award went to The Wilson Family. The Sensei Ken Tamai Memorial Award went to Sensei Fran Vall. There are plaques with the names of all of the previous award winners. We also recognized the student athletes who have maintained high academic standards while participating in judo and excelling in knowledge. The honorees for this year were: Ohm Sapa, Caleb Dang, Camilia Howell, Marlee Hunter, Maia Hunter, Mason Hunter, Courtney Carrington, Zachary Dang and Neil Vu

Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, January 5th then continues each Tuesday until February 23rd. **The Barcode for Adults beginners class is 187617 and the barcode for Children’s beginners class is 152031.** Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

Club membership - It is up to each one of you to PLEASE pay your bi-monthly membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Promotions - We would like to congratulate the following individuals on their recent rank promotions: Chris Howell to Senior Ikkyu, Michael Hunter to Senior Yonkyu, Courtney Carrington to Junior Gokyu, Claudia Aguilar to Junior Gokyu, Franco Aguilar to Junior Gokyu and Ferdy Miranda Villafurte to Junior Gokyu, Camilia Howell to Junior Gokyu, Ohm Sapa to Junior Gokyu, Mahendra Sapa to Senior Gokyu, Luke Hinselwood Ahman to Senior Yonkyu, Michael Dillion to Junior Gokyu, Caleb Dang to junior Yonkyu, Zachary Dang to Junior Sankyū. Some of you have completed your promotional requirements and testing but have not joined USJF, paid the promotion fee or paid your club class fee. Please take care of this so you can get your new belt and rank certificate. Congratulations to all of our fellow judoka.

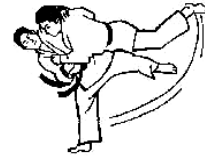
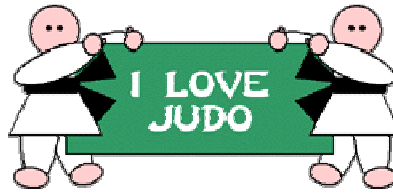
Judo Clinics - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei’s and coaches. They live judo in every sense of the word.

Hui-O-Judo Beltsville will host a Shufu Referee Clinic and on Saturday, January 16, 2010 at the Beltsville Academic Center, 4300 Wicomico Avenue, Beltsville, Maryland. This clinic is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration. Sensei Saito and Roy Englert will be the clinicians. If you are a referee, teacher, coach, competitor, or technical official, you should attend to find out the latest interpretation of the rules and how they are applied. It will cover all of the topics Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend. It is also a good way to learn rules and regulations of the sport. We also need some judoka to have some practice contest, randori, for the people attending the clinic to practice their skills. Please try to attend. It is open to all skill levels.

Shufu Promotionals: The promotionals are rapidly approaching again. There is a great deal of information that each of you needs to review and know. Promotional requirements should not be studied just before an examination. All of the students should be constantly studying their examination requirements throughout the year. It is very important that you all know the terminology, in both Japanese and English. We are able to spend a limited amount of time reviewing all of the materials. All of you should have the judo study book. There is a great deal of information contained in this book. I realize that all of you have many other responsibilities in your lives. Please take the time to look over the requirements at home and bring your questions to class. Anyone who is going to try for their promotion should see Sensei Kevin or Sensei Mark as soon as possible. Even if you are not going to be promoted you should try to attend. It will be a great learning experience.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Beltsville Spring Open– Hui-O will once again host the Beltsville Open on Saturday, March 13th at the Beltsville Academic Center. We renamed the tournament in honor of our Sensei. It is called the Ken Tamai Memorial Judo Championships. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.



Reigisaho (Etiquette) - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.

Colder weather: With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

Winter Weather policy Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

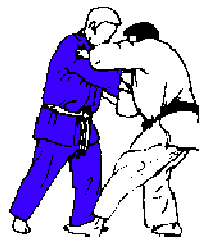
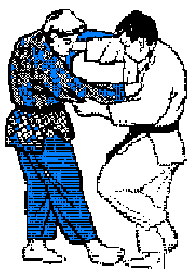
PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

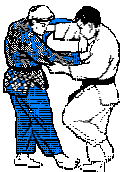
Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613



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Visit the club website at <http://www.huiojudo.com/>

