



# *Hui-O-Judo Beltsville*

## *February 2010 Newsletter*

### Upcoming Events

#### February

6	Waka Musha Open tournament	Atlanta, GA
7	Tech Judo Super Bowl	North Bergen, NJ
13	Pedro's Challenge	Wakefield, Mass
20	Virginia State Open Judo Championships	Arlington, VA
21	Mayfield Open Tournament	Jacksonville, NC

#### March

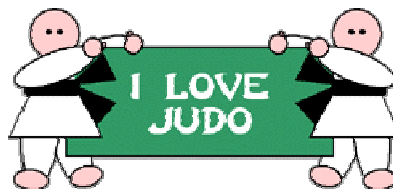
2	Beginners class starts	Beltsville, MD
6	Spartak Team Championships	Flushings, NY
13	Beltsville Open	Beltsville, MD
20	Ocean State Judo Championships	West Warwick, RI

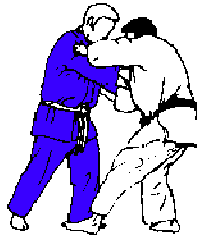
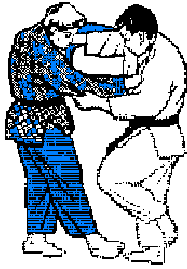
Please stop at the front desk to pay for the January/February class. The barcode for Children's beginners class is **152031** (JCB-2010 WINTER -015), the barcode for adult beginners is **187617**, the barcode for Judo : Mixed ages, Intermediate is **153457** (JMAI- 2010 WINTER -006)

Please consider signing up early for the March/ April classes. The barcode for Children's beginners class is **1** (), the barcode for adult beginners is **1**, the barcode for Judo : Mixed ages, Intermediate is **1**)

**Welcome new beginners** – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, January 5<sup>th</sup> then continues each Tuesday until February 23<sup>rd</sup>. **The Barcode for Adults beginners class is 187617 and the barcode for Children's beginners class is 152031.** Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

**Club membership** - It is up to each one of you to PLEASE pay your bi-monthly membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.





**Liberty Bell Development Tournament** – On Sunday, Jan 17, The Liberty-Bell Judo Club of Philadelphia hosted a development tournament. Hui-O-Judo sent 4 people. Sensei Mark went to referee. James Whitfield & Joe Wood brought their brother Norm to watch – Norm will be joining our club sometime in the brief future. Both James and Joe did quite well for their first shiai & returned to Beltsville with medals: James a bronze, and Joe a Silver! Joe did exceptionally well by throwing an ippon in his second match, and pinning for ippon in his last match. Congratulations to both of them for their exciting start on what we all hope will be a long career in judo.

**Judo Clinics** – Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

**Shufu Referee Clinic** - Hui-O-Judo Beltsville hosted the Shufu Referee Clinic and on Saturday, January 16, 2010 at the Beltsville Academy. Sensei Saito and Roy Englert were the clinicians. They covered latest interpretation of the rules and how they are applied. It covered many different topics of Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend clinics like this. It is also a good way to learn rules and regulations of the sport. We would like to thank Sensei Mark, Sensei Brad and Robert Kirk for their help to make this event happen.

**Virginia State Championships** – All judoka are invited to participate in the Virginia State Championships on February 20<sup>th</sup> in Arlington Virginia. You do not need to live in Virginia to compete. We encourage all judoka to come, assist in running the event or come to compete. Forms are available at the dojo or online.

**Shufu Promotionals:** The promotionals are rapidly approaching again. There is a great deal of information that each of you needs to review and know. Promotional requirements should not be studied just before an examination. All of the students should be constantly studying their examination requirements throughout the year. It is very important that you all know the terminology, in both Japanese and English. We are able to spend a limited amount of time reviewing all of the materials. All of you should have the judo study book. There is a great deal of information

contained in this book. I realize that all of you have many other responsibilities in your lives. Please take the time to look over the requirements at home and bring your questions to class. Anyone who is going to try for their promotion should see Sensei Kevin or Sensei Mark as soon as possible. Even if you are not going to be promoted you should try to attend. It will be a great learning experience.

**Beltsville Spring Open**– Hui-O will once again host the Beltsville Open on Saturday, March 13th at the Beltsville Academic Center. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

**Reigisaho (Etiquette)** - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.

**Colder weather:** With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

**Winter Weather policy** Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

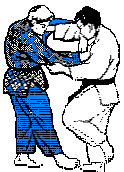
Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Sensei Kevin Tamai 703-622-6861  
Sensei Mark Smith 301-674-5438

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Visit the club website at <http://www.huiojudo.com/>



# **2010 Refereeing Rule Adjustments**

**Implemented January 1, 2010**

**Approved by the USA Judo Referee Commission (December 21, 2009)**

## **Leg Grabbing Throws (*Ashi Dori Waza*)**

All direct (initial) attacks with one or two hands or with one or two arms below the belt (*Ashi dori waza*) are not allowed.

First attack – Shido

Second attack — Hansoku make (only that contest)

(There is a possibility that Hansoku make may soon become the first penalty.)

Throws like *Kata ashi dori*, *Kata guruma*, *Ku chiki taoshi*, *Kibisu gaeshi*, *Morote gari*, and *Sukui nage*, just to name a few are no longer allowed as initial attacks.

Leg grabbing throws (*Ashi dori waza*) are allowed as the *Kaeshi waza* (countering technique(s)), as long as the action be continuous.

Leg grabbing throws (*Ashi dori waza*) are allowed as the second or follow up attack(s) in *Renraku waza* (Combination techniques).

If one contestant attacks with *Ashi dori waza* and the other contestant counters for a score, the score should be given. If the score for the counter is *Yuko* or *Waza-ari*, stop the contest at an appropriate time, consult with the judges then, if the team agrees there was *Ashi dori waza*, administer the penalty warranted.

The referee gesture will be an arm sweeping motion in front and then to you. This simulates the leg grabbing arm motion when doing *Kata ashi dori* or *Ku chiki taoshi*.

## **Golden Score Rule Change**

When the initial contest ends and the scores and penalties are even, all scores and penalties on the scoreboard for the initial contest will remain on the scoreboard for the Golden Score Contest. (Only the contest time is reset).

If at the end of the Golden Score contest, the scoreboard is even, the decision as to which contestant should win must be based on the *Kinsa* (Advantage) each player has accumulated during the Initial Contest and the Golden Score Contest.

The ONE-REFEREE change will be used only at the following IJF-level events – Olympic Games, World Championships, Grand Slam and Gran Prix.

All other events are to continue to use a Referee and two Judges.