



Hui-O-Judo Beltsville

June 2010 Newsletter

Upcoming Events:

June

5	Takemori Open	College Park, MD
6	Beltsville Day	Beltsville, MD
6	Summer Slam Judo Invitational	Patterson, NJ
19	Nage No Kata Clinic with Karen Whilden	Lancaster, PA
26-27	Presidents Cup Judo Championships	Grand Rapids, Mich
27	Cranford Judo Invitational	Cranford, NJ

July

2-4	USJA/USJF National Judo Championships	Irvine, CA
10	Lancaster Open	Lancaster, PA
16	NOAH Judo Demonstration	Crystal City, VA
23-25	National Junior Olympics Judo Championships	Duluth, GA
25	Keystone Games	York, PA

Please stop at the front desk to pay for the May/June class. The barcode for Children's beginners class is 209160, the barcode for adult beginners is 157818, the barcode for Judo: Mixed ages, Intermediate is 209965

Sensei Mark wins silver medal at the Nationals – We would like to all congratulate Sensei Mark and Sensei Terrance who competed at the USA Judo Senior National Judo Championships in Myrtle Beach South Carolina, representing our club and the Shufu area. They competed in the men's pair of Kime No Kata. They won the silver medal and earn enough points to qualify for the World Masters Championships in August. Co

Liberty Bell Development Tournament – On Sunday May 16th, Hui-O Judo Beltsville sent a team up to Philadelphia for the Liberty Bell Development Tournament. This was an excellent opportunity for new judoka to try competition. Our judoka displayed good judo techniques and character. We thank each of them for representing our club and for supporting this event.

Caleb Dang competed in two divisions, winning a Silver and Bronze medal.

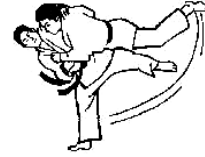
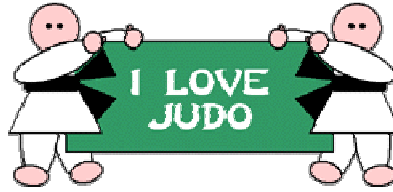
Leah Mason competed, winning a Silver medal

Max Mason competed, winning a Silver medal

Luke Hinselwood Ahman competed and won a Silver medal

Joseph Wood competed and won a Silver medal

We are very proud of each of you. We hope that you will share your experience with us at class on Tuesday. Sensei Mark served as a tournament official and referee. We would also like to thank our support staff, without whom our trip would not be possible: Mr and Mrs Dang, Mrs Mason, and James Whitfield.



Join Hui-O-Judo on Face book. – Hey judoka become a friend of Hui-O-Judo on Facebook. Go to www.facebook.com/huiojudo see recent photos, share your thoughts and comments, see who else is already friends of Hui-O-Judo.

Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, May 2th then continues each Tuesday for 8 weeks until June 19th. **The Barcode for Adults beginners class is 157817 and the barcode for Children's beginners class is 209160.** Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

New Center Hours – The Center is now closed at 9pm. Doors are locked and everyone is clear of the grounds at 9pm. **Judo class ends at 830.** Please make certain that you have a ride at the center at 830 or by 845 at the latest. Some parents are not picking up their children on time. The Park Police are often there to check the facility at 9pm to make certain that everything and everyone is clear.

LOCK YOUR CAR – PLEASE lock your car and be certain not to leave any valuable in open sight. There have been a number of cars with items stolen from them while people are inside the center. Windows have been broken to take things out. Purses, money, Navigation systems, IPODS and other items have been taken.

New Hand stamps- We will be stamping the judokas hand with a judo stamp to show that they have paid for class. It will be a small round kanji of ju-do. We will be checking stamps at each class. It is up to each one of you to PLEASE pay your bi-monthly class fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Shufu Takemori Open and Competitor's Clinic Featuring Jimmy Takemori, Kudan -College Park Judo Club, located at the College Park Community Center, 5051 Pierce Avenue, College Park, Maryland 20740, will host the Shufu Takemori Open and Competitor's Clinic Featuring Jimmy Takemori, Kudan on Saturday, June 5, 2010. All current USJI, USJF and USJA members are eligible to compete. USJI and USJF membership can be obtained during registration. Registration is 8:00 to 10:00 am for Junior competitors and 8:00 to 12:00 noon for Senior competitors. A Junior Competitor's Clinic will be given by Jimmy Takemori from 9:00 to 11:00 am in the Gym. A Senior competitor's Clinic will be given by Jimmy Takemori from 12:00 noon to 2:00 pm in the Mutipurpose Room. Both clinics will focus on Judo skills needed for National and International

competition. The Flyer, Entry Form and Waiver can be downloaded at [Takemori Open Forms](#). For more information, contact Kurt Tamai at 301-537-5836 or by email at [Kurt Tamai](#).

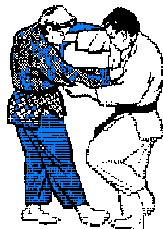
Nage No Kata Clinic with Karen Whilden and Charles Medani - On Saturday June 19th a Nage No Kata Clinic will be hosted by Lancaster Judo Club at the Conestoga Pines Park, 158 Arthur E. Morris Boulevard, Lancaster, Pennsylvania. The clinicians will be Karen Whilden, Godan and Charles Medani. This clinic is open to all Senior Judoka of Sankyu rank and above with a current USJI, USJF or USJA membership. Membership in USJF may be obtained during registration which will be at 9:00 am. The clinic is scheduled to run from 9:00 am to 4:00 pm with a 1 hour lunch break from 12:00 to 1:00 pm. The Flyer, Waiver and Entry forms can be downloaded from [Nage No Kata Clinic Forms](#). For more information, contact Joshua Keister at 717-379-9635 or by email at [Joshua Keister](#). Clinic should wrap up in time for you to tour around the Dutch Country, grab a bite at a local restaurant, and stay in a welcoming Bed & Breakfast

Keystone Games - The Keystones Games will be held in York, Pennsylvania on Sunday, July 25th. If you are interesting in going, please see one of the senseis

Thursday Practices – There has been a significant drop in attendance at Thursday Judo practices. If we want to keep the use of the facility, we need to have people on the mat. Please make an effort to attend both days of practice.

Join the Shufu Judo Yudanshakai Mailing List - Stay informed by joining the Shufu Judo Yudanshakai mailing list! The purpose of this list is to convey information about announcements, news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the ShufuJudo-subscribe@yahoogroups.com address. You will receive a confirmation email before you are live on the list. To send an email to the list, use the ShufuJudo@yahoogroups.com address and all members will receive your post. Please note the domain is "yahoogroups", not "yahoo".

Judo News Sent to Your Inbox - How would you like to receive the latest Judo news delivered to your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to JudoNews-subscribe@yahoogroups.com. You can also upload information about news or events at your club by sending the information to JudoNews@yahoogroups.com. If you decide to unsubscribe, all you have to do is send an email to JudoNews-unsubscribe@yahoogroups.com. You need to be a registered with Yahoo to take advantage of the group. This can be done at <http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your email mailbox.



Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Summer Picnic – Date to be determined. Please plan to attend our annual summer picnic at Sensei Mark's house. It is a wonderful day to spend with your entire family and judo friends. Bring your bathing suits and water guns and enjoy LOTS of great food. This is a family event so please plan on attending. Each family should bring a dish or dessert to share. Families should bring their own drinks. The senseis will provide the hamburgers, hot dogs and paper products.

Shufu Yudanshakai Eastern Open Championships - Hui-O is hosting this event on Saturday, September 4th. This is Labor Day weekend. . It will be up in Baltimore. We need to have EVERYONE volunteer to help out. It is one of the three tournaments we still run. We need help to set up on Friday night at 7pm in Baltimore. We will be loading mats on Friday afternoon to drive them up. All day Saturday we need help. We need people to not just compete but to help work at the table. No experience is necessary. We will train you there but we need you to come help. We will also like some help when we return to the dojo with the mats to put them away. Please see Sensei Kevin or Sensei Mark.

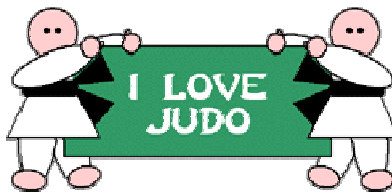
Club logo tee shirts – Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are also two types of backpacks available for \$15 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.

Sensei Kevin Tamai
Sensei Mark Smith

703-622-6861
301-674-5438

Email –kevin@huiojudo.com
email – mark@huiojudo.com

Visit the club website at <http://www.huiojudo.com/>





Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22

Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26

Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8

Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18
Kodokan Judo	\$24
Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Gi's	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	

