



# *Hui-O-Judo Beltsville May 2011 Newsletter*

## Upcoming Events

### May

1 (Sun)	New Rochelle Open	New Rochelle, NY
7	“Get a grip” Judo Seminar	Pittsburgh, PA
7	Senior Novice Shiai	North Bergen, NJ
14	Morris Cup	Brunt Hills, NY
14	North South Open	Belleville, Ill
15 (Sun)	Cranford Judo Invitational	Cranford, NJ
21	James Burrell Team Tournament	Annapolis, MD
28-29	AM-CAN International Challenge	Buffalo, NY

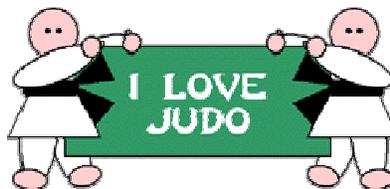
### June

4	Takemori Open	College Park, MD
4-5	USA Judo Presidents Cup	Vail, CO
11	Kelly Capers Clinic (Budokan Judo Club)	Chesapeake Beach, MD
23-25	“Greatest Judo Camp on Earth”	Matthews, NC
25	Nage No Kata Clinic with Karen Whilden	Lancaster, PA

Everyone should already be registered for the May/June class. If you are not currently registered, Please stop at the front desk to pay. The barcode for **Children’s beginners class is 432215**, the barcode for **Adult Beginners class is ??**, the barcode for **Adult Advanced Class is 432114**, the barcode for Judo the barcode for **Mixed ages, Intermediate is 432265**

**Welcome new beginners** – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, May 3rd then continues each Tuesday for 8 weeks until June 21st. **The Barcode for Adults beginners class is and the barcode for Children’s beginners class is 432215** . Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

**LOCK YOUR CAR** – PLEASE lock your car and be certain not to leave any valuable in open sight. There have been a number of cars with items stolen from them while people are inside the center. Windows have been broken to take things out. Purses, money, Navigation systems, IPODS and other items have been taken.



**Promotions** – Please join us in congratulating some of our judoka who have recently advanced in rank. Anton Doan to Advanced Rokkyu; Riley Woodward to Advanced Rokkyu;

**Takemori Open and Competitor Clinic**- The next local judo tournament will be the Shufu Yudanshakai Takemori Open On June 4<sup>th</sup> at College Park. This tournament is named after the Takemori Family. The Takemori family has been a large part of Shufu Yudanshakai since it was founded in 1953. Sensei Jimmy and Sensei Edwin have been instrumental in the development of the Yudanshakai. The next generation of Takemori's were all skilled judoka on the junior and senior level. Sensei Miki and Sensei Terri continue the tradition of developing Junior and Senior elite judokas. We thank all the Takemori family members for their outstanding devotion and service to judo. This year we will offer a competitors clinic for juniors in the morning during registration. There will be a senior competitors clinic offered during the junior competition.

**Visually Impaired USA Judo team** - A USA Judo team of visually impaired athletes competed in Turkey the first week of April at the IBSA World Championships and Games, demonstrating once again that judo is easily adapted for people with seeing disabilities. Some of USA Judo's top judokas – *with or without visual impairments* – including Myles Porter, 100 kg (Olympic Training Center, Colorado Springs, CO), traveled to Antalya, Turkey, for the competition. This is Porter's third world team. Coaches leading the USA Judo squad include Scott Moore, head instructor of Denver Judo in Denver, CO, who has medaled at many international competitions for visually impaired athletes. For a complete roster of athletes representing USA Judo, click [HERE](#). This is the Fourth IBSA World Championships and Games 2011, the flagship event of the IBSA, International Blind Sports Federation. As many as 1,300 blind and partially-sighted athletes competed in a variety of sports, including swimming and power lifting in addition to judo and other events. For more information on the games, click [HERE](#).

**Club membership** - It is up to each one of you to PLEASE pay your bi-monthly class fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

**Judo Clinics** - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

**Nage No Kata Clinic** - Sensei Karen Whilden will be teaching a Nage No Kata clinic in Lancaster Pennsylvania on June 25th. We strongly encourage all senior judoka to learn the kata and at least

compete locally. The Nage No Kata is a set form of highly formalized throwing techniques. It consists of five sets of three throws. Each throw is performed both left and right side. ***Te Waza - Hand Techniques*** (Uki Otoshi - floating drop, Ippon Seio Nage - one arm shoulder throw, Kata Guruma - shoulder wheel); ***Koshi Waza - Hip Techniques*** (Uki Goshi - floating hip, Harai Goshi – hip sweep, Tsurikomi Goshi - lifting pulling hip); ***Ashi Waza - Ankle Techniques*** (Okuri Ashi Barai – sliding foot sweep, Sasae Tsurikomi Ashi - forward lift pulling ankle, Uchi Mata - inner thigh) ; ***Ma Sutemi Waza - Sacrifice Techniques*** (Tomoe Nage - stomach throw, Ura Nage - back throw, Sumi Gaeshi - corner twist throw); ***Yoko Sutemi Waza - Side sacrifice Techniques*** (Yoko Gake - side hook, Yoko Guruma - side wheel, Uki Waza – side drop)

**Kelly Capers Clinic** – We encourage all judoka over 13 years of age to attend this clinic. We highly recommend this clinic for all senior judoka. The primary goal of Kelly's Capers is class retention; maximizing the number of students who remain in judo after trying out judo classes. Kelly's Capers is not about producing champions. It's about increasing the judo population by a method that is fun, satisfying, recreational and empathetic towards the beginner. With a large judo base there will be far more talent to draw upon to produce judo champions. The secondary goal of Kelly's Capers is to maximize the beginner's development of judo skills; so in later years the beginner is able to achieve his or her greatest judo potential. This is done by immediately introducing the beginner to that important fundamental judo principle – the principal of giving way.

**Ken Tamai Memorial Fall Judo Championships** on Saturday October 15, 2011 Hui-O-Judo Beltsville and the Beltsville Academic Center, 4300 Wicomico Avenue, Beltsville, Maryland will host the Ken Tamai Memorial Fall Judo Championships on Saturday, October 15, 2011. This competition is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration which will be from 8:30 to 9:00 am for Kata, 8:30 to 9:30 am for Junior Shiai and 1:00 to 2:15 pm for Senior Shiai. Note: All female competitors are required to wear a plain white tee shirt under their Gi. All Judoka are required to bring a white Gi and a blue Gi or, at least, a white Gi with a white belt and a blue belt for competition. For further information, contact Kevin Tamai at 703-622-6861 or by email at Kevin Tamai. You can download the Flyer, Entry form and Waiver, in Adobe Acrobat (.pdf) format, at [www.huiojudo.com/events](http://www.huiojudo.com/events)

**Shufu Eastern Open Judo Championships** – Hosted by Hui-O Judo on Saturday, September 3, 2011 The Eastern Open Judo Championships will be held Saturday, September 3, 2011 at the Greater Grace World Outreach, 6089 Moravia Park Drive, Baltimore, Maryland 21206. This competition is open to all Judoka with a current USJF, USJI, or USJA membership. Membership in USJF or USJI can be obtained during registration which will be from 8:30 to 9:00 am for Kata, 8:30 to 9:30 am for Junior Shiai and 1:00 to 2:15 pm for Senior Shiai. Note: All female competitors are required to wear a plain white tee shirt under their Gi. All Judoka are required to bring a white Gi and a blue Gi or, at least, a white Gi with a white belt and a blue belt for competition. For further information, contact Kevin Tamai at 703-622-6861 or by email at Kevin Tamai. You can download the Flyer, Entry form and Waiver, in Adobe Acrobat (.pdf) format, at Eastern Open. Directions - From the Route 895, Harbor Tunnel Thruway, take the Moravia Road exit North. Get into the right lane. Make a right onto Moravia Park Drive. After about 300 feet the Greater Grace World Outreach complex will be on your right.

**Hui-O travel team** – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend that are coming up soon are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

### **Judokas for Japan**

Hello fellow judoka, families and friends of Hui-O-Judo Beltsville

On Friday (March 11), Japan was hit by an 8.9 magnitude earthquake - its largest quake in at least 100 years - followed by massive tsunamis striking its coastal cities. Thousands have died as a result and many more have been displaced. The nation is in dire need of international support, With the aftermath of the tsunami continuing to unfold, the death toll and missing persons numbers continue to rise, one of our local judo club stepped into action. Judo is a martial art founded in Japan in 1882 by Dr Jigoro Kano. It was brought to the United States in the late 1800's. It first appeared at the 1932 Olympic Games and became an official part of the Olympics Games since 1964.

After learning of the thousands of lives lost and people missing, members of Hui-O-Judo Beltsville decided they need to do something to help. *Hui-O-Judo Beltsville* has initiated a relief fundraiser for helping the victims in Japan who have been devastated by the recent earthquake and tsunami. We decided to collect money within the judo club to make donations to the American Red Cross and the Japanese Red Cross to help with the relief effort.

Judo is a sport which originated in Japan with its mother school, the Kodokan, located in Tokyo. *Hui-O-Judo Beltsville* would like to honor our Japanese brothers and sisters and show our support for them by raising funds to assist in the relief efforts there. The devastation that the Japanese people have suffered is beyond comprehension. Basic necessities are desperately needed such as food, water, clothing, blankets, medicines, temporary shelter, and much more. We can help through our financial contributions. There is no better way to honor judo, Jigoro Kano, and the Japanese people than to step forward to help during this time of desperate need.

We are asking if each judoka can provide a financial contribution as they are able to help in this effort.

Even a dollar will help to buy bottled water and food for a child. We would encourage you to also ask your family members and friends to consider giving. Many people long to help but don't know how to do so.

This is the ideal way to provide direct help when it's critically needed. *Hui-O-Judo Beltsville* will be partnering with Shufu Judo Yudanshakai, Maryland Judo Inc and Virginia Judo Inc to raise funds for the relief effort. Please join us in showing our love and respect for the Japanese people to show them that the United States of America and its judo practitioners care.

Kano taught us one of principle of judo was mutual welfare and benefit. we help each other to become better people. We as Americans are very fortunate to live in this country. We are afforded many benefits and privileges in this country. Helping other is what true judo is all about. This is not for ourselves or our local community, it is much broader, we are thinking much more globally, helping those in need.

If you are able to donate, please feel free to donate directly to the Red Cross. Please let us know how much you contributed so that we can track how we are able to give and make this grow. Thank you for your willingness to help.

Sincerely,

Sensei Kevin Tamai, *Hui-O-Judo Beltsville*

*The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies nearly half of the nation's blood; teaches lifesaving skills; provides international humanitarian aid; and supports military members and their families. The Red Cross is a charitable organization — not a government agency — and depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [www.redcross.org](http://www.redcross.org)*

*Here are some ways you can help: Donate Online - You can donate to the Japanese Red Cross online at [www.ifrc.org/japan](http://www.ifrc.org/japan) or donate to the American Red Cross online at [https://american.redcross.org/site/Donation2?5052.donation=form1&df\\_id=5052&idb=0](https://american.redcross.org/site/Donation2?5052.donation=form1&df_id=5052&idb=0)*

**Live Stream of the USA Judo Senior National Judo Championships** - The United States Olympic Committee has approached USA Judo to professionally film and broadcast the upcoming Senior National Championships LIVE over the internet later this month from Orlando, FL. "Streaming the action live for this tournament is a fantastic way for judo fans to watch some of the top fighters in the world spar for big ranking points AND a purse worth \$500 for taking a gold medal – that's sure to draw the hottest action," said Jose Rodriguez, CEO of USA Judo. Live streaming will cover one of five tatamis at the tournament on the second day of competition, April 30, beginning at 9:00 a.m. EST and broadcast at USA Judo's website, [judo.teamusa.org](http://judo.teamusa.org), and through the USOC website at [www.teamusa.org](http://www.teamusa.org). "Fans should be able to watch all preliminary matches assigned to the one tatami and then follow these same athletes as they fight through their brackets until they reach their gold medal matches," Rodriguez said. "This is an innovative strategy for streaming live," he said. "Most of the time, you only get to see the gold-medal matches but we felt that some of the best fights happen in the early rounds." USA Judo and sponsors of the 2011 EUROPA SHOW OF CHAMPIONS SPORTS & SUPPLEMENT EXPO, venue of this year's Senior Nationals, put up the \$500 prize for first place in each senior shiai division – this does NOT include senior open-weight divisions, masters, kata or paralympic (visually impaired) divisions. The Europa Expo is a spectacle of sporting events, MMA conditioning contests and MUCH more in Orlando, FL, at the Orlando Convention Center. USA Judo officials see the Europa Expo as a tremendous draw for spectators looking for extracurricular entertainment while attending the Senior Nationals. They also see the venue as an opportunity to get unprecedented exposure for judo. For those who can't make it to the Senior Nationals and Europa Expo, the broadcast is the perfect opportunity, Rodriguez said. "Those looking to get up early on Saturday morning will be able to lay-out on the sofa and watch great Judo competitions from 9:00 a.m. until 2:00 p.m., non-stop action." The "Live Streaming" will be professionally produced by Echo Production out of Los Angeles, CA, which has been contracted by United States Olympic Committee. Live anchor color commentary will be done by former All American Wrestler and USA Judo Board member Mr. Ken Bellmard. "Ken, was selected because both USA Judo and USOC wanted to have someone providing a different perspective to the competition," Rodriguez commented. "Wrestling has a tremendous membership base in our country, and it is our hope to attract wrestling fans and athletes and get them interested in our sport via watching great fights with some commentary relating it to basic

wrestling moves." Accompanying Ken Bellmard in the booth will be multi-time national champion and Olympian Leo White and World Champion and Olympic Medalist Mike Swain. Both are members of USA Judo's Board of Directors and will be able to describe the technical side of judo in play-by-play commentary. Other guest commentators will include Olympian Pat Burris, USA Judo's Director of High Performance Eddie Liddie plus surprise single-match appearances by other past Olympians and guests. "It is very important to the future of projects like these that our members get behind them and support them. This is a great opportunity for local dojos to bring their students together for Saturday morning classes and hook up a computer and TV and have them watch and learn together from some of our top senior athletes." Added Rodriguez, "another way that a coach can help is to send this notice around to all of their local members, including potential students and have them watch. Numbers watching is important to the United States Olympic Committee, as this is how they decide to continue these broadcast efforts of sports such as ours," concluded Rodriguez. Besides being able to watch the three to four divisions scheduled on the one tatami, spectators on line will be able to watch any fight-off that may happen between athletes attempting to win the right to represent USA Judo in the upcoming World Championships. This "Live Streaming" broadcast can be seen by going to the USA Judo website and clicking on the Senior National Championships Live Stream Icon, or you can go directly to United States Olympic Committee website and click on Judo National Championships Live Streaming Icon there, as well. "This is a first for USA Judo," Rodriguez said, "an event that our members don't want to miss. We hope that you'll encourage friends to tune in as well." In the week during the Senior Nationals USA Judo will announce how spectators can send in their questions and observations so that our commentators can address them live. Fans will also be able to send greetings to clubs around the nation that gather together to watch and enjoy the five hours of non-stop, top-level competition.

For more information about Hui-O- Judo Beltsville, please contact :  
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Visit the club website at <http://www.huiojudo.com/>

