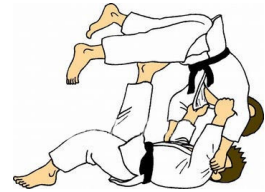


Hui-O-Judo Beltsville

October 2011 Newsletter



Upcoming Events

October

1	Philadelphia Cup	Bryn Athyn, PA
2	Garden State Classic	Wayne, NJ
9	Princeton Invitational	Princeton, NJ
15	Ken Tamai Memorial Judo Championships	Beltsville, MD
15	West Point Fall Classic	West Point, NY
16	New York Open	New York, NY
22	Norfolk Fall Classic	Norfolk, VA
29	US Navy Team Tournament	Annapolis, MD

November

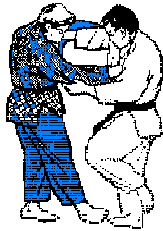
1	Start new beginner judo classes at Hui-O	Beltsville, MD
1	Intermediate judo class for Nov and Dec begin	Beltsville, MD
5	Shufu Yudanshakai Junior Promotional	College Park, MD
6	Shufu Yudanshakai Senior Promotional	College Park, MD
19	Shufu Open Judo Championships	College Park, MD

Everyone should already be registered for the September/October class. If you are not currently registered, Please stop at the front desk to pay. The barcode for **Children's beginners class is 606765**, the barcode for **Adult Beginners class is 606717** and the barcode for Judo the barcode for **Mixed ages, Intermediate is 606816** and the **Adult Advanced class is 635215**

Welcome new beginners – We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, September 6th then continues each Tuesday for 8 weeks until Tuesday, October 25th. **The Barcode for Adults beginners class is 606717 and the barcode for Children's beginners class is 606765.** Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

Ken Tamai Memorial Fall Judo Championships will be held on Saturday October 15, 2011 at the Beltsville Academic Center, (4300 Wicomico Avenue, Beltsville, Maryland) Registration will be from 8:30 to 9:00 am for Kata, 8:30 to 9:30 am for Junior Shiai and 1:00 to 2:15 pm for Senior Shiai. Note: All female competitors are required to wear a plain white tee shirt under their Gi. All Judoka are required to bring a white Gi and a blue Gi or, at least, a white Gi with a white belt and a blue belt for competition. For further information, contact Kevin Tamai at 703-622-6861 or by

email at Kevin Tamai. You can download the Flyer, Entry form and Waiver, in Adobe Acrobat (.pdf) format, at www.huiojudo.com/events



Thursday Practices – There has been a significant drop in attendance at Thursday Judo practices. If we want to keep the use of the facility, we need to have people on the mat. Please make an effort to attend both days of practice.

Garden State Judo – This is a **Sunday** event on October 2. We are looking at taking a group to Wayne, New Jersey for a tournament on October 2. We would need parents to drive as well as participants to attend. It is about 300 each way, so it takes about 5 hours to drive. We leave at 330am and get there about 830am. We do not return until late in the evening. If you are interested in attending, please see Sensei Mark or Sensei Kevin

Princeton Judo – This is a **Sunday** event! We are looking at taking a team to Princeton NJ for a tournament on Sunday October 9th. We would need parents to drive as well as participants to attend. It is about 250 each way, so it takes about 4 hours to drive. We leave at 430am and get there about 830am. We do not return until late in the evening. If you are interested in attending, please see Sensei Mark or Sensei Kevin

Norfolk Fall Tournament – We are looking at taking a team to Norfolk, VA for a tournament on October 30. We would need parents to drive as well as participants to attend. It is about 150 each way, so it takes about 3 hours to drive. We leave at 6am and get there about 9am. We do not return until late in the evening. If you are interested in attending, please see Sensei Mark or Sensei Kevin

Fall Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai This year College Park Judo Club, located at the College Park Community Center, 5051 Pierce Avenue, College Park, Maryland 20740, will host the Fall Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai. The Junior Promotions will be held on Saturday, November 5th and the Senior Promotionals will be held on Sunday, November 6th. Registration will be from 8:30 to 9:00 am both days. All Judo players with a USJF, USJI or USJA membership are eligible. Membership in USJF or USJI may be obtained during registration. You **MUST** be recommended for promotion by your Sensei. There will be **NO** on site registration. Make sure you get all of your paperwork (entry forms, Waiver, Photo copy of USJF, USJI, USJA card or Application, Competition and Service Record, and Check or money order for entry fee) to your instructors. For more information, contact Kurt Tamai at 301-537-5836 or by email at Kurt Tamai.

Shufu
Judo

ATTENTION: There will be a Shufu Judo Yudanshakai Board of Directors meeting on Sunday, November 6, 2011 beginning at 8:00 am. This meeting is for current members of Shufu Yudanshakai who hold the rank of Shodan (1st Degree Black Belt) or higher. Additional agenda items must be

forwarded at least one month prior to the meeting date to Mr. John Morrisson, Shufu Yudanshakai President. Your attendance at this meeting is indeed appreciated. Please make an effort to be on time.



Shufu Judo Yudanshakai Eastern Open Judo Championships were held on Saturday, September 3, 2011 at the Greater Grace World Outreach in Baltimore, Maryland. Our club, Hui-O-Judo Beltsville, hosted and ran the event. We encourage all judoka to attend and to participate. We need help from parents, families and friends to help manage and run the event.

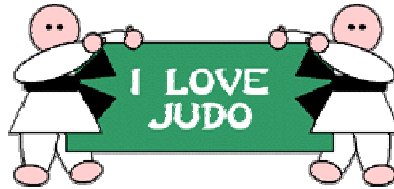
There is no experience needed. We will train you. Registration will be from 8:30 to 9:00 am for Kata, 8:30 to 9:30 am for Junior Shiai and 1:00 to 2:15 pm for Senior Shiai. Note: All female competitors are required to wear a plain white tee shirt under their Gi. All Judoka are required to bring a white Gi and a blue Gi or, at least, a white Gi with a white belt and a blue belt for competition. For further information, contact Kevin Tamai at 703-622-6861 or by email at tamaik@juno.com. You can download the Flyer, Entry form and Waiver, in Adobe Acrobat (.pdf) format, at www.shufujudo.com or www.huiojudo.com. Directions - From the Route 895, Harbor Tunnel Thruway, take the Moravia Road exit North. Get into the right lane. Make a right onto Moravia Park Drive. After about 300 feet the Greater Grace World Outreach complex will be on your right. The gym is on the far left end of the complex.

Jason Morris Competitor's Clinic, On Sunday, September 25th, College Park Judo club hosted a Jason Morris Competitor's Clinic. Four-time Olympian Jason Morris is one of the most decorated Judo players in American history. Jason Morris is world renowned for his Judo expertise, coaching ability, and training methods. Jason is a Tachiwaza (standing techniques) specialist. Judoka were able to learn the techniques and tactics that made Jason Morris one of the most innovative and successful Judo players in the world.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend that are coming up soon are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagara Falls, NY in May.

Athlete Funding for Shufu Yudanshakai Competitors Shufu Yudanshakai has established the Athlete Funding Committee to provide funding support for Shufu Judoka who have been representing Shufu at National and International Judo events. To qualify Judoka must have competed in a National Junior or National Senior level and at an E level or better event: the Junior Olympics, International Youth Open, or other Elite events including unfunded international events. Qualifying athletes must be a member of Shufu for at least two (2) years at the time of the application (current year plus previous year) and be a member of an active Shufu club that has been

registered with Shufu Yudanshakai for at least two (2) years at the time of the application (current year plus previous year). Athletes applying for funding through the Shufu Athlete Funding Committee may not be sponsored or financially supported, directly or indirectly, by any other judo organizations. You can find more information and a copy of the Shufu Yudanshakai Athlete Funding Request Form, in Adobe Acrobat (.pdf) format, at [Shufu Yudanshakai Athlete Funding Request Form](#).

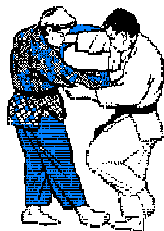


LOCK YOUR CAR – PLEASE lock your car and be certain not to leave any valuable in open sight. There have been a number of cars with items stolen from them while people are inside the center. Windows have been broken to take things out. Purses, money, Navigation systems, IPODS and other items have been taken.

Club membership - It is up to each one of you to PLEASE pay your bi-monthly class fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Judo Clinics - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

Join Hui-O-Judo on Face book. – Hey judoka become a friend of Hui-O-Judo on Facebook. Go to www.facebook.com/huiojudo see recent photos, share your thoughts and comments, see who else is already friends of Hui-O-Judo.



Join the Shufu Judo Yudanshakai Mailing List - Stay informed by joining the Shufu Judo Yudanshakai mailing list! The purpose of this list is to convey information about announcements, news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the ShufuJudo-subscribe@yahogroups.com address. You will receive a confirmation email before you are live on the list. To send an email to the list, use the ShufuJudo@yahogroups.com address and all members will receive your post. Please note the domain is "yahogroups", not "yahoo".

Judo News Sent to Your Inbox - How would you like to receive the latest Judo news delivered to your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to JudoNews-subscribe@yahogroups.com. You can also upload information about news or events at your club by sending the information to JudoNews@yahogroups.com. If you decide to unsubscribe, all you have to do is send an email to JudoNews-unsubscribe@yahogroups.com. You need to be a registered with Yahoo to take advantage of the group. This can be done at <http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your email mailbox.

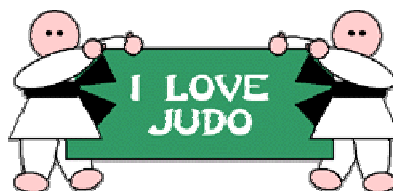
Club logo tee shirts – Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are also two types of backpacks available for \$15 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.



Studying Judo – Judo will help you to open you mind and your spirit, as well as provide physical conditioning for your body. The knowledge you learn on the mat will be expanding into every part of your life. Your teachers (senseis) and fellow students will heo you on your journey of discovery and exploration in judo. When you are practicing judo, you will learn another language along with many traditions, customs and history. Judo is the “gentle way”. We practice to show the strength and beauty of our art and to avoid conflict, violence and injury.

For more information about Hui-O- Judo Beltsville, please contact :
Sensei Kevin Tamai 703-622-6861 Email –tamaik@juno.com
Sensei Mark Smith 301-674-5438 email – marquitos@comcast.net

Visit the club website at <http://www.huiojudo.com/>





Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8

Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

Kodokan Judo **\$24**

Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Gi's	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	

