



# Hui-O-Judo Beltsville December 2012 Newsletter



## Upcoming Events

### December

SUN 2	Northeast Judo Invitational	Patterson NJ
8	US Olympian Travis Stevens Clinic	Fredericksburg, VA
9	Nina Cutro Kelly Clinic	Baltimore, MD
Tues 18	Hui-O Holiday Party	Beltsville MD
Tues 25	Christmas Holiday – No Judo Class	Beltsville, MD
Sun 30	Tech Judo Invitational	North Bergen, NJ

### January

8	Beginner judo classes begin – 8 weeks	
12	(Tenative) Maryland State Championships(Ritchie Col. At UM) College Park, MD	
SUN 20	(Tenative) Starret Invitational	Brooklyn, NY
SUN 27	(Tenative) Liberty Bell Development	Philadelphia, PA
Feb 2	Shufu Referee Clinic	Beltsville, MD

**Rank Promotions** – Congratulations to the following judoka on their rank promotions: **Adrianna Burgos** to Yonen Advanced Rokkyu(White/Yellow belt), **Alyssa Bargas** to Yonen Advanced Rokkyu(White/Yellow belt), **Lucus Mir** to Yonen Advanced Rokkyu (White Yellow Belt); **Doriana Mir** to advanced Rokkyu (White yellow belt), **Nahum Lalthla Muana** to Yonen Gokyu(yellow belt), **Michael Chhakchhuak** to Yonen Gokyu (Yellow Belt), **Nathan Chhakchhuak** to Yonen Gokyu (Yellow Belt), **Moses Aaron Barnes** to Yonen Gokyu (Yellow Belt), **Muai Aakhu Meskheniten** to Yonen Gokyu (Yellow Belt), **Marlee Hunter** to Yonen Advanced Gokyu (Yellow Orange Belt); **James Campbell** to Yonen Advanced Gokyu (Yellow/Orange belt), **Matthew Campbell** to Yonen Advanced Gokyu (Yellow/Orange Belt) , **(Michael Pettengill** to Yonen Gokyu (orange belt); **Caitlin Pettengill** to Yonen Gokyu(Orange Belt); **Mason Hunter** to Yonen Gokyu (orange belt); **Maia Hunter** to Yonen Gokyu (Orange Belt); **Crista Campbell** to Shonen Yonkyu (Orange belt), **Luis Navaro** to Senior Gokyu, (Green Belt), **Michael Hunter** to Senior Sankyu (Brown Belt), and **Sensei Mark Smith** to Yodan (Fourth degree Black Belt)

**Holiday Party:** Please mark your calendars for the Annual Hui-O-Judo Beltsville Holiday party.



We will have the party on Tuesday night, December 18 in the multipurpose room at the Beltsville community center during normal practice times (7pm to 9pm). Please bring a side dish and a grab bag item that is about \$5 and is marked for boy, girl or either. We will all enjoy a variety of great food, visiting with families and friends of the judo club, and lots of music and games. It will be a fun filled evening for everyone. Please bring your entire family. See Sensei Kevin, Mark or Brad for more information.

**\*\*\*Please submit your nominations for Outstanding Judoka, Most Improved Judoka, Judo Spirit Awards and Scholar Athlete Award winners (students who get good grades while practicing judo)**

Everyone should already be registered for the November/December class. If you are not currently registered, Please stop at the front desk to pay. The barcode for **Children's beginners class is 946567**, the barcode for **Adult Beginners class is 946616** and the barcode for Judo the barcode for **Mixed ages, Intermediate is 946666**

**Weather Policy for MNCPPC - Beltsville Community Center**

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

**Shufu Open Judo Championships** – Members of Hui-O Judo Beltsville traveled to Lancaster Pennsylvania for the 2012 Shufu Yudnashakai Open Judo Championships. Robert Kirk, Shaun Eddy, and Sensei Brad Mason ran registration. Sensei Mark was a referee. Sensei Brad ran lead on all of the technical officials. Shaun Eddy served as coach for the team. Robert Kirk and Tammy Campbell worked the pairings and competition bracket recording at the head table. Sensei Kevin ran the administration of the head table. Competing and representing Hui-O Judo Beltsville was **James Campbell, Crista Campbell, Matthew Campbell and Maksym Shevchenko**. Maksym won third place bring home a bronze medal. Crista won third place, bringing home a bronze medal. Matthew won third place, bringing home a bronze medal. When he finished competing, Matthew helped to work as a technical official running a scoreboard for the remaining competition.

**Maryland State Championships** – (Tentative – date and location not yet confirmed) We encourage all judoka to come participate at the Maryland State Championships hosted by College Park Judo at Ritchie Coliseum at the University of Maryland on January 12<sup>th</sup>. Hui-O-Judo is providing our two mats and the equipment for this event. Sensei Mark will serve as a referee. Sensei Brad and Robert Kirk will serve as referees or as a technical officials. Sensei Kevin serves as a technical administrator running the head table. We need to have more support for all of our events, both participants and support team on both junior and senior levels. All of our senior judoka should get qualified for at least a local referee, there are no rank requirements. Please step up to volunteer to help out at as many local events as possible, especially ours!! All parents should be able to work as technical officials.

**January Referee Clinic** – Hui-O-Judo will be hosting a referee clinic on Saturday February 2. There are new rule changes that will be changing the way some people do judo. This clinic is for everyone. We encourage anyone who is thinking about starting to referee, any local, regional, or national referees, coaches, competitors, parents and anyone wanting to get a better understanding of the rules of the sport of judo to attend this clinic.

**Liberty Bell Development Tournament** – We plan to travel to Philadelphia on Sunday, January 27 for a small development tournament. This is an excellent opportunity for our new judoka to get some competition experience. It is also a SUNDAY event for those who can not compete or participate on Saturday events. We encourage all of our judoka to try to come participate in this event.



**Being ready for class** - We are asking for everyone to help get ready for class. We get the gym at 7 pm. It takes time to get the mats out and set up for class. The longer this process takes, the shorter amount of time we have for class. Right now, we get in at 7; it takes between 20 minutes to set up the mat that only leaves 1 hour for practice. Of that time, 20 minutes are spent on taiso (warm ups) and zempo kaiten (forward break falls). That only leaves 40 minutes for practice if we are lucky. Every time we have to stop for water breaks or other problems takes away from YOUR practice time. Most of you are arriving late for class, not helping with setup or classpreparation and often disrupting the class as you enter and break the routine of practice time. Please be prompt - arrive early. HELP to set up the mats - DO NOT stand around and talk.

**Studying Judo** – Judo will help you to open you mind and your spirit, as well as provide physical conditioning for your body. The knowledge you learn on the mat will be expanding into every part of your life. Your teachers (senseis) and fellow students will help you on your journey of discovery and exploration in judo. When you are practicing judo, you will learn another language along with many traditions, customs and history. Judo is the “gentle way”. We practice to show the strength and beauty of our art and to avoid conflict, violence and injury.

**Reigisaho (Etiquette)** - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette.

**Hui-O travel team** – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend that are coming up soon are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

**Athlete Funding for Shufu Yudanshakai Competitors** Shufu Yudanshakai has established the Athlete Funding Committee to provide funding support for Shufu Judoka who have been representing Shufu at National and International Judo events. To qualify Judoka must have competed in a National Junior or National Senior level and at an E level or better event: the Junior Olympics, International Youth Open, or other Elite events including unfunded international events. Qualifying athletes must be a member of Shufu for at least two (2) years at the time of the application (current year plus previous year) and be a member of an active Shufu club that has been registered with Shufu Yudanshakai for at least two (2) years at the time of the application (current year plus previous year). Athletes applying for funding through the Shufu Athlete Funding Committee may not be sponsored or financially supported, directly or indirectly, by any other judo organizations. You can find more information and a copy of the Shufu Yudanshakai Athlete Funding Request Form, in Adobe Acrobat (.pdf) format, at [Shufu Yudanshakai Athlete Funding Request Form](#).

**LOCK YOUR CAR** – PLEASE lock your car and be certain not to leave any valuable in open sight. There have been a number of cars with items stolen from them while people are inside the center. Windows have been broken to take things out. Purses, money, Navigation systems, IPODS and other items have been taken.



**Club membership** - It is up to each one of you to PLEASE pay your bi-monthly class fees at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are NOT paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

**Judo Clinics** - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

**Join Hui-O-Judo on Face book.** – Hey judoka become a friend of Hui-O-Judo on Facebook. Go to [www.facebook.com/huiojudo](http://www.facebook.com/huiojudo) see recent photos, share your thoughts and comments, see who else is already friends of Hui-O-Judo.



- **JUNIOR ATHLETES CLAIM MORE MEDALS!**

A young team of fighters added to the take of USA Judo's team at the benchmark Infantile Pan American Championships in Mexico City. The team took two more gold, two more silver and two more bronze, bringing the count to four gold among 20 medals total that the team of nearly 30 rocketing juniors has won over the weekend tournament. Climbing the podium yesterday were: Male: 36 kg Benjamine Prado 1<sup>st</sup>; 40 kg Yoshiki Castillo 3<sup>rd</sup>; 64 kg Eric Oshima 2<sup>nd</sup>; +64 kg Nicholas Pavlov 5<sup>th</sup>. In the Female divisions: 40 kg Kelly Knauf 3<sup>rd</sup>; 44 kg Jenna Enoka 2<sup>nd</sup>; 48 kg Gabriela Prado 3<sup>rd</sup>; 64 kg Nefeli Papadakis 1<sup>st</sup>.

This was the second day of Infnatil Pan American Championships, a key stepping stone for the ambitious young judo fighters. Taking medals on Friday were: Male: 28kg Michael Bigler 7<sup>th</sup>; 31kg Evan Chung 5<sup>th</sup>; 34kg Sergio Aguilar 1<sup>st</sup>; 38kg Charles Roche 3<sup>rd</sup>; 42kg Jaackson Butler 3<sup>rd</sup>; 47kg Daniel Shleyger 3<sup>rd</sup>; 52kg Corbin Balitactac 3<sup>rd</sup>; +52kg Daniel Pavlov 2<sup>nd</sup>. On Friday in the Female divisions, 31kg Cathlin Green 2<sup>nd</sup>; 34kg Victoria Goncalves 3<sup>rd</sup>; 38kg Giovanna Prado 1<sup>st</sup>; 42kg Elizabeth Wright 3<sup>rd</sup>; 47kg Marissa Gallegos 2<sup>nd</sup>; 52kg Mia Liu 2<sup>nd</sup>; +52 kg Akiko Balitactac 3rd

**Join the Shufu Judo Yudanshakai Mailing List** - Stay informed by joining the Shufu Judo

Yudanshakai mailing list! The purpose of this list is to convey information about announcements,



news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the [ShufuJudo-subscribe@yahoogroups.com](mailto:ShufuJudo-subscribe@yahoogroups.com) address.

You will receive a confirmation email before you are live on the list. To send an email to the list, use the [ShufuJudo@yahoogroups.com](mailto:ShufuJudo@yahoogroups.com) address and all members will receive your post. Please note the domain is "yahoogroups", not "yahoo".

**Judo News Sent to Your Inbox** - How would you like to receive the latest Judo news delivered to

your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to [JudoNews-subscribe@yahoogroups.com](mailto:JudoNews-subscribe@yahoogroups.com). You can also upload information about news or events at your club by sending the information to [JudoNews@yahoogroups.com](mailto:JudoNews@yahoogroups.com). If you decide to unsubscribe, all you have to do is send an email to [JudoNews-unsubscribe@yahoogroups.com](mailto:JudoNews-unsubscribe@yahoogroups.com). You need to be a registered with Yahoo to take advantage of the group. This can be done at <http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your email mailbox.

**Holiday presents – New Judo gi in bleached white or in blue? Can we suggest a Hui-O-Judo Club logo tee shirts and golf shirts?–**

Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are a few different golf style shirts available for \$20 each.

We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin. You can also look over all of the items available from Pacillo Martial Arts.([www.pacillo.com](http://www.pacillo.com)) See the attached list for some ideas.





**Register for January classes** – Please take a moment to stop at the front desk to register for the January/February classes.

The barcode for **Children’s beginners class is 946567**, classes meet on Tuesdays only from 7 to 830. The fee is \$30

The barcode for **Adult Beginners class is 946616**, classes meet on Tuesday only from 7 to 830. The fee is \$40.

The barcode for Judo the barcode for **Mixed ages, Intermediate is 946666**. The mixed ages class meets Tuesday and Thursday from 7 to 9. You get 16 classes, 32 hours of judo for just \$40.

Do you know a friend or neighbor who wants to learn Judo? Bring them to class with you.

For more information about Hui-O- Judo Beltsville, please contact :

Sensei Kevin Tamai 703-622-6861

Email –tamaik@juno.com

Sensei Mark Smith 301-674-5438

email – [marquitos@comcast.net](mailto:marquitos@comcast.net)

Visit the club website at <http://www.huiojudo.com/>





## Hui-O-Judo Beltsville

### Judo items available for order from Pacillo

#### Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

#### Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8

Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

#### **Kodokan Judo** **\$24**

Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

#### Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Gi's	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60
Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	



***Hui-O-Judo Beltsville Holiday Party  
Tuesday, December 18, 2012 from 7 to 9 pm  
in the gym at Beltsville Community Center  
Bring your family!***

***Bring a food item(side dish) to share  
Bring a \$5 or less wrapped item for kids the grab bag  
Take time to look at the scrap books from  
over 30 years of Hui-O-Judo history***

***Sensei Ken Tamai Spirit Award for 2012 was presented to  
Sensei Edwin Takemori – US Naval Academy.  
and the 2012 James Gosnell Inspirational Award was presented to  
. Sensei William Chaney of the Budokan Judo Club in Dunkirk MD  
We will be presenting a few other special awards.***

***Please let us know how many people are coming and what dish you are  
bringing. There is a sign sheet at the dojo or contact one of the senseis.***

***Please let us know by Tuesday Dec 4<sup>th</sup>, if you or your child is eligible for the  
Hui-O Scholar Athlete Award. Good grades in school(bring copy of report  
card) and judo character and spirit at class. Certificates will be presented.***

***\*\*\*Please submit your nominations for Outstanding Judoka, Most Improved  
Judoka, Judo Spirit Awards and Scholar Athlete Award winners (students who get  
good grades while practicing judo)***

***Seasons Greetings to all and Happy Holidays to each of you***

If you have any questions, please contact :

Sensei Kevin Tamai cell phone - 703-622-6861

e-mail – tamaik@juno.com

Sensei Mark Smith cell phone : 301-674-5438

email – marquitos@comcast.net

**Please visit our website at <http://www.huiojudo.com/>**