



Hui-O-Judo Beltsville

April 2013 Newsletter



Upcoming Events

April

Apr 5-7	Liberty Bell Judo Classic	Bryn Athyn, PA
12-14	USA Judo Senior National Championships	Virginia Beach, VA
27	Shufu Junior and Senior Promotional	College Park, MD

May

29-29	Am Can International	Amherst, NY
-------	----------------------	-------------

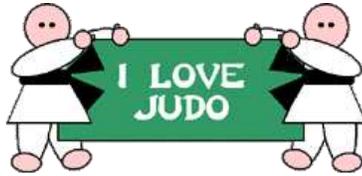
Class fee/Club membership - It is up to each one of you to PLEASE pay your bi-monthly class fee/membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. You must pay for classes every other month (pay the odd months of the year) So Jan/ Feb, Mar/Apr, May/June, July /Aug, Sept Oct, Nov/Dec. It is a flat fee for classes. Not a block of classes you attend. Many judoka on the mat are NOT paying the center for the class. They come sparatically and do not take advantage of the number of classes offered. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility. Please stop at the front desk to pay for the March/April class. The barcode for Children's beginners class is **1067715**, the barcode for adult beginners is **1067920**, the barcode for Judo: Mixed ages, Intermediate is **1068027**.

Spring Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai This year College Park Judo Club, located at the College Park Community Center, 5051 Pierce Avenue, College Park, Maryland 20740, will host the Spring Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai. Both the Junior and Senior Promotions will be held on Saturday, April 27th. Registration will be from 8:30 to 9:00 am. All Judo players with a USJF, USJI or USJA membership are eligible. You MUST be recommended for promotion by your Sensei. **There will be NO on site registration.** Make sure you get all of your paperwork (entry forms, Waiver, Photo copy of USJF, USJI, USJA card or Application, Competition and Service Record, and Check or money order for entry fee) to your instructors.

Shufu
Judo

ATTENTION: There will be a Shufu Judo Yudanshakai Board of Directors meeting on Saturday, April 27, 2013 beginning at 8:00 am. This meeting is for current members of Shufu Yudanshakai who hold the rank of Shodan (1st Degree Black Belt) or higher. Additional agenda items must be forwarded at least one month prior to the meeting date to Mr. John Morrisson, Shufu Yudanshakai President. Your attendance at this meeting is indeed appreciated. Please make an effort to be on time.

Sensei Ken Tamai Memorial Judo Championships– Hui-O was proud to host the Ken Tamai Memorial Judo Championships on Saturday, March 16th at DeMatha Catholic High School in Hyattsville MD. We had 9 judoka competing who came home with 2 gold medal, 2 silver medals, 3 bronze medals, 2 had 4th place finishes, and 2 had 5th place finishes. We would like to thank all of the volunteers who made the event possible especially all of the referees and technical officials. Thank you to Ed King, the athletic director of DeMatha High School and to Richard Messier the head wrestling coach at DeMatha High school for allowing us to use the facility. We want to thank Tammy Campbell, Shaun Eddy, Sensei Brad Mason and Mike Grunberg for helping with registration; Chris Howell and Shawn Eddy for moving the mats and doing set up; Robert Kirk for helping with copying and dismantle; Margie Kettl, Terrence McPartland, Tim Moser and Mike Grunberg for helping run the head table; Sensei Brad Mason and Greg Gobel for running all of the divisions on mat 2; Roy Englert for being head referee; Mrs Tamai, Mrs Krik and Carrie Kaplan for running the officials room; Crista Campbell, Matthew Campbell for doing the tee shirt and belt sales; We want to shout out Congratulations to **Lucas Mir** who was competing for the very first time in a judo tournament. Lucas placed third in his division, the 8 and under “H” group. Lucas lost to Aidan Herch from Budokan, Steven Schemedley from Judo Movement and Alexander Danielyan from Sport Judo. Lucas fought kids who were much older than him but had great courage to keep going back to fight again. He is excited about his finish and can’t wait for the next competition. **Dorianne Mir** placed third in her first tournament taking home a bronze medal. She was in the “F-5” division. She lost to Ariel Hines from Legros Sports and to Michaela Yochum from Mid Atlantic Judo. **Sarah Tamai**, in her first ever tournament, won second place, taking home a Silver medal. She lost to Imani Denno from Judo Movement. Her first latch was very tough but she bounced back to be very competitive throughout the second match. **Matthew Campbell** won second place, taking home a silver medal in the boys 9-10 year old division F. He had a bye the first round then lost to Colby Horning from Bushikai and won against Kaymar Prillman from College Park. **Maui Aakhu Mestienken** fought in two divisions. In the boys 9-10 year old division C he had a bye the first round, then lost to Michael Tspelev from College Park and withdrew due to injury against Jessie Warrick from College Park. **Neil Vu**, fought in the 11-12 year old division D, placing 5th overall. He lost to Thomas Cuffari from Seigneury, Christian Harrura from Moutnain Kim, Alex Legros from Legros Sports and Noah Hoopengartener from Rankin. **James Campbell** took a gold medal in the Novice Nage No Kata. He partnered with Noah Hoopengartner from Rankin. In the boys completion, he was in the 11-12 division “B”. He lost to Brent Lorin form Seigneury, Donnell Harriss from Seigneury, Wayne Greenwell from Budokan and David Starr from Charlottesville. He placed 5th in his division. **Crista Campbell** was in the female “F-10” division. She lost to Pearline Augustine from Legros Sports and Ariana Kwoh form Philadelphia Judo. She placed third, taking home a bronze medal. In the senior divisions, Hui-O was represented with two judoka. **Ben Soto Reiner** competed in the Advanced 178 lbs division. He lost ot Gilad Sivan from NIH, then got a bye, then won against Misha Grunberg from College Park, then lost to Michael Myers from Tidewater. He placed 4th overall. The other senior competitor was **Phil Whitelock** who competed in the Mens Novice 161 lbs division. He took home a gold medal defeating three opponents, Manyo Herrera from Mountain Kim with an Ippon, Myles Stephen from Virginia Beach with an Ippon and My Nguyen from Aldan Judo with an Ippon. Congratulations to all of our judoka and thank you for representing our club.



Japan Team Workout and Clinic – Sensei Kevin attended the Washington Judo Club at Georgetown University as they hosted the Japan delegation from Tokyo Universities Judo Federation Team. It consists of 14 male, 5 female players plus a host of coaches and instructors. We practiced on Friday, March 1 and Monday, March 4 from 730 to 930pm. We also had a workout and clinic on Sunday from 10 to 5. We also went out for a nice Japanese dinner. It was a wonderful opportunity.

Passing of Sensei Keiko Fukuda - About a week before Keiko Fukuda passed away, her longtime friend Eiko Shepherd was at her bedside in San Francisco. The first woman ever awarded the rank of 10th Dan slipped in and out of sleep. “She said, her sensei wanted to see her,” Shepherd recalled. This was Jigoro Kano, the founder of judo, who taught Fukuda at the Kodokan and set her on a path to spread judo throughout the world. To that end, she moved to the United States in 1966. Also calling to her was Hachinosuke Fukuda, her grandfather, who taught Kano jujitsu. “And I said, ‘No sensei, I don’t want you to go yet.’” Services were held Friday in San Francisco for Fukuda. Shepherd left Sunday for Tokyo to return Fukuda’s ashes to a family plot in a cemetery there. Half of the ashes will remain in San Francisco. Between 300 and 400 admirers, friends and students attended the service at the Herbst Theater. A Buddhist priest offered prayers and about judo leaders and close friends, including Shepherd and U.S. Olympic Silver Medalist Kevin Asano, spoke about the woman who inspired them. Other services are planned in Tokyo. There is still work to be done that Fukuda began, some of it never ending, said Shepherd, including the guidance of her motto: to “be strong, be gentle, be beautiful.” Fukuda taught that if we are strong and gentle, said Shepherd, “you look so beautiful, inside of the body and outside of the body.” Trailers to the documentary titled after the motto, “Be Strong, Be Gentle, Be Beautiful,” can be found at www.mrsjudomovie.com. And Shepherd intends to continue work to grow the Keiko Fukuda Joshi Judo Camp, <http://www.fukudajudocamp.org>, scheduled June 14 – 16 at San Jose State University. The camp is designed for women to gather and help each other in their sport. When Fukuda was awarded the rank of 10th Dan by USA Judo in the summer of 2011, she was quoted, “This is a dream come true.” She passed away Feb 9. She was 99 years old. The work of Sensei Fukuda “will be existing, alive forever,” said Shepherd. *By Ernest Pund, USA Judo Communications*

Judo Clinics - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei’s and coaches. They live judo in every sense of the word.

Hui-O will host a Goshin Jutsu clinic with Sensei Eiko Shepard on July 20, 2013. Goshin Jitsu is a self defense kata defending unarmed attacks and armed attacks with knife, stick and gun. This is an excellent opportunity for Senior students to learn the kata and work with a very experienced sensei.



March 2013 was the 7th Annual United States Judo Association "Visit-Another-Dojo" Month

Sensei Marshall Coffman from the Budokan Judo Club visited different dojos during **7th Annual-Visit-Another-Dojo-Month!** Seven years ago, the USJA began the Visit-Another-Dojo grassroots initiative. With no major holidays, few school vacations, and warm weather still far away for many of us, March is the ideal time for a change of pace. Some of our senseis sent down to Budokan judo club to help teach and instruct students. Sensei Mark went down to on one night.

Sensei Karen and Sensei Diane went down to do a kata instruction night. We made a point of planning an exchange between our club and others in your area. This interclub exchange is an economical way to add some variety to our club's workouts and test our judokas' skills. We made a commitment to rotate instruction by different sensei and to get a group of people from our club together and make a "road trip" to attend another club's open workout.

USA Judo Takes Gold, Silver and Bronze At Pan American Open in Uruguay

March 17, 2013 – Team USA gathered three gold, four silver and six bronze medals in a hugely



successful showing at the Pan American Open in Uruguay over the weekend, the first major tournament for many of the elite athletes since the historic Olympic Games in London. Travis Stevens, 81 kg. (NYAC/Team FORCE, Wakefield, Mass.), and Samantha Bleier, 78 kg. (U.S. Olympic Training Center, Colorado Springs, CO), today capped the weekend tournament by capturing the team's two gold medals.

Bleier was down by a wazari when she returned with a seoi nage and a pin to win the gold-medal round. Stevens finished his first two challengers with seoi nage. He won his third round on penalties and dominated his last in the final round on the ground for gold. Kayla Harrison (NYAC/Team FORCE, Wakefield, Mass.) added the second silver medal for the team, fighting at under 70 kg., one weight division down from where she made history in London at 78 kg by taking the nation's first Olympic gold medal in the sport. Harrison controlled her first opponent to finish with a pin. She landed her second opponent with a stunning uchimata followed by a pin. She won her third match on penalties but then lost against Colombia's Yuri Alvear in the final. Janine Nakao 63 kg. (Team FORCE, Wakefield, Mass.), took the team's first silver yesterday in a division that was heavy with U.S. talent. Nakao's 63 kg. division was one of the biggest at the Pan American Open. Hannah Martin (Jason Morris Judo, Burnt Hills, NY) and Alisha Galles (Mojica Judo Club, Lancaster, CA) took the two bronze medals in that division. Also taking bronze medals were Angelica Delgado, 52 kg (Ki-Itsu-Sai National Training Center, Coral Springs, FL), Hana Carmichael, 57 kg. (Team FORCE, Wakefield, Mass.), and Jacob Larsen, 90 kg. (Boulder Judo Training Center/U.S. Olympic Training Center, CO). Taking 5th place in his division was Myles Porter, who took a silver medal at the Paralympic Games in London. Porter, 100 kg (U.S. Olympic Training Center, Colorado Springs, CO) is visually impaired, and determined to fight his way up the podiums in the fully sighted tournaments of the world. He came very close to doing that this weekend at the Pan American Open. Also taking 5th was Katie Sell, 70 kg. (U.S. Olympic Training Center, Colorado Springs, CO). Overall, the team finished third out of 16 nations in a world where

judo is the second most practiced sport, while in the United States it is a relatively minor sport receiving far less funding than in many countries of Europe and Asia. “This is the first time since the Olympics that we’ve had a big team delegation head to a major international event and we couldn’t be happier with how hard these athletes fought and how well prepared they were,” said Eddie Liddie, USA Judo’s Director of High Performance. “For the veterans this was a chance to get back into the swing of things, and for the emerging athletes this was a chance to start competing at a higher level. They all really demonstrated terrific enthusiasm and momentum,” Liddie said.

Paralympic Coach of the Year



USA Judo is proud to announce that Eddie Liddie, the organization’s Director of High Performance, has been named a finalist for Paralympic Coach of the Year by the US Olympic Committee. The great news was delivered to Liddie during USA Judo’s National Scholastic Championships held this weekend in Miami-Doral, FL. “Ed is an excellent selection,” said USA Judo CEO Jose H. Rodriguez. “He has taken us so far, as a talented coach and

leader in the sport.” “Eddie is a great coach in judo, and in life,” said 2012 Paralympic Silver Medalist Myles Porter. “He has taught me and my teammates lessons we will take with us forever.” This was a banner year for the U.S. Judo Team at the Paralympic Games in London, where Team USA took a silver and a bronze medal. Three of the five members of the U.S. Paralympic Judo Team, including the two medal winners, train at the U.S. Olympic Training Center in Colorado Springs, CO, under Liddie, who is himself an Olympic Bronze Medalist. Athlete Myles Porter, 100 kg., took the Paralympic Silver Medal and has set his sights on competing in the fully-sighted brackets of the world’s elite tournaments. He is both the No. 1 nationally ranked Paralympic athlete in the 100 kg division, AND he is the No. 1 ranked athlete in the United States in the fully-sighted division. This is a tremendous accomplishment, a testimony not only to Porter’s talent, passion and devotion to the sport but also to Liddie’s tireless coaching and leadership. “He took me from being someone with a dream at a local club to an elite athlete living my dream, striving for more,” Porter said. “He makes me work to be a better player and a better person every day.” Dartanyon Crockett took a bronze medal at the Paralympic Games in London. This was a huge achievement, and tremendous credit to Liddie, given that Crockett had been training in judo for less than three years. That Crockett was even on the mats is a credit to Liddie, who recruited Crockett after spotting his untrained talent. Liddie then led Crockett’s training from the ground-up to compete at the most prestigious Paralympic event in the world. To make that event, Crockett had to increase his weight and compete in the 90 kg division, up a weight the Paralympic Games in Rio in 2016, further testimony to the success of their experience in 2012, promising even greater success for the team and sport in the future. The year 2012 was one of tremendous growth for the sport in this nation, in large part thanks to Liddie.class from his prior division (the U.S. had not qualified in the lower weight class). Without Liddie’s guidance and coaching, it is extremely unlikely that this team would have won the two high-profile medals at the 2012 Paralympic Games, putting this sport for the visually impaired in the limelight. It seems impossible that Crockett would have been discovered had Eddie Liddie not spotted this classic ‘diamond in the rough’ when he did. With the success of these athletes, a very strong message has been sent to other visually impaired athletes that they can participate successfully in this sport. *By Ernest Pund, USA Judo Communications*

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Reigisaho (Etiquette) - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.



Join the Shufu Judo Yudanshakai Mailing List - Stay informed by joining the Shufu Judo Yudanshakai mailing list! The purpose of this list is to convey information about announcements, news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the ShufuJudo-subscribe@yahoogroups.com address. You will receive a confirmation email before you are live on the list. To send an email to the list, use the ShufuJudo@yahoogroups.com address and all members will receive your post. Please note the domain is "yahoogroups", not "yahoo".

Judo News Sent to Your Inbox - How would you like to receive the latest Judo news delivered to your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to JudoNews-subscribe@yahoogroups.com. You can also upload information about news or events at your club by sending the information to JudoNews@yahoogroups.com. If you decide to unsubscribe, all you have to do is send an email to JudoNews-unsubscribe@yahoogroups.com. You need to be a registered with Yahoo to take advantage of the group. This can be done at

<http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your email mailbox.

Club logo tee shirts and golf shirts – Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are a few different golf style shirts available for \$20 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.



Hui-O Judo Scholar Athlete Awards – If you are doing well in school while practicing judo on a regular basis, at the end of the school year, bring a copy of your report card to Sensei Kevin. We will be awarding Hui-O Judo Scholar Athlete Awards. You must have A's or S's on your report card or have shown marked improvement over the year.

Hui-O Judo Outstanding Judoka Awards – Is there someone in the judo club who really stands out to you? Someone who shows the true spirit of judo by helping other people to learn and develop? Is there a parent or other adult who really encourages you to do better? Please let us know. We are happy to acknowledge Outstanding Judoka.

For more information contact :

Sensei Kevin Tamai 703-622-6861 Email – tamaik@juno.com
Sensei Mark Smith 301-674-5438 email – marquitos@comcast.net

Visit the club website at <http://www.huiojudo.com/>

