



Hui-O-Judo Beltsville

February 2014 Newsletter

Upcoming Events

15	Virginia State Open Judo Championships	Arlington, VA
22	Mayfield Challenge/Coach Cert/Referee Cert	Jacksonville, NC
24 & 26	Tokai Univ - Japan Team Workout	Washington DC

March

1	Katame No Kata Clinic and Promotional Testing	Hyattsville, MD
4	Beginners class starts	Beltsville, MD
15	Ken Tamai Memorial Judo Championships	Hyattsville, MD
22-23	USA Judo Youth Scholastic National Championships	Irving TX
Apr 5-6	Liberty Bell Judo Classic	Bryn Athyn, PA

Class fee/Club membership - It is up to each one of you to PLEASE pay your bi-monthly class fee/membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. You must pay for classes every other month (pay the odd months of the year) So Jan/ Feb, Mar/Apr, May/June, July /Aug, Sept Oct, Nov/Dec. It is a flat fee for classes. Not a block of classes you attend. Many judoka on the mat are NOT paying the center for the class. They come sporadically and do not take advantage of the number of classes offered. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility. Please stop at the front desk to pay for the January/February class. The barcode for Children's beginners class is 1393970, the barcode for adult beginners is 1393967, the barcode for Judo : Mixed ages, Intermediate is 1393975

Winter Weather policy Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Liberty Bell Development Tournament. Congratulations to Andrew Lewis who competed in his first tournament. He traveled up to Philadelphia PA for the Liberty Bell Development Tournament. He competed in two divisions, bringing home a silver medal in one division and a bronze medal in the second division. Sensei Mark assisted as a referee at the event. He also coached one of his veterans, Harvey Guary, who placed third in his division.

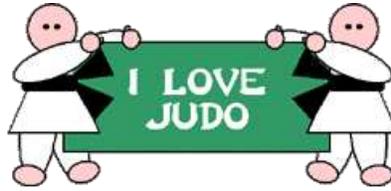
Virginia Open Championships – The Virginia Open Championships will take place on February 15 at the Annandale Campus of the Northern Virginia Community College. It is open to all judoka. Registration forms are available at www.shufujudo.org. Hui-O provides all of the mats and technical equipment for this event. If you are available on Friday night or any part of Saturday, please come volunteer to help.

Judo Clinics - Throughout the year, Hui-O hosts clinics for Shufu Judo Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. The clinics are held in Beltsville at the Academic Center. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

Hui-O-Judo Beltsville hosted a Shufu Referee Clinic and on Saturday, January 25, 2014 at DeMatha Catholic High School in Hyattsville, Maryland. Sensei Dr Gary Berlinger and Roy Englert will be the clinicians. If you are a referee, teacher, coach, competitor, or technical official, you should attend to find out the latest interpretation of the rules and how they are applied. We cover all of the topics Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend. It is also a good way to learn rules and regulations of the sport.

Hui-O will also host a Shufu Yudanshakai Katame No kata clinic and promotional testing on Sunday, March 1st at De Matha Catholic High School in Hyattsville Maryland. Sensei John Anderson will be the lead clinician. He will be assisted by Sensei Diane Jackson and Sensei Karl Tamai. This is an excellent opportunity for students to learn the kata and work with a very experienced sensei. Katame No Kata is required for judoka testing for brown belt and above.

Sensei Ken Tamai Memorial Judo Championships– Hui-O will once again host the Ken Tamai Memorial Judo Championships on Saturday, March 15th at DeMatha High School in Hyattsville. We renamed the tournament in honor of our Sensei. It is called the Ken Tamai Memorial Judo Championships. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is on Friday. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 800am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.



Remember to wear your Zoris – Whenever you are not on the mat you should always wear zoris or something on your feet. Never walk around off the mat in your barefeet then come on the mat. You will bring dirt onto our practice are.

Maryland State Judo Championships - The Maryland State Championships were held at Ritchie Coliseum on the College Park Campus of the University of Maryland. This venue provided an outstanding site for a judo tournament, with plenty of parking and upper balcony seating which allowed great views of all four competition areas. The event was not restricted to Maryland residents, and saw competitors from Maryland, Virginia, Pennsylvania, West Virginia, and New York fighting for the honor of being Maryland state champion. Tad Nalls, International A Level, was the head referee, with a total of 14 referees from across the region. Also present were Senseis James Takemori and Dick Hugh, working as Jury on the mats. The competition started off with Novice and Advanced Nage-No-Kata and Katame No Kata, and was followed by shiai. The day's competition was notable for the intensity and the many ippon (winning full point) throws throughout the range of Masters, Junior, and Senior divisions, indicating a high level of skill and technique.: “It is always fun to watch the first tournament of the season. You can really set the tone for the year and gauging by the level of competition, especially in the Junior Divisions, 2014 will be a great year for Maryland Judo”. Kurt Tamai, the tournament director, led the team of volunteers who staffed the tournament, working for the entire day to ensure a smoothly running event. The Tamais emphasized that without those volunteers, the tournament would simply not have happened. Registration, pairings, announcers, medical support, table officials, food support for officials, referees, set-up and tear-down, and the myriad other tasks in planning and conducting the state championships were all dependent upon the work of those volunteers. The Riverdale Fire Department supplied the medical support. Kevin Tamai, head Sensei of Hui-o Judo Club, who assisted in the tournament operations, also commented, “We would like to thank all of competitors, their parents, support staff and all of those who travel to support our tournaments. We appreciate all of the generous contributions of time made by all of our volunteers, especially the referees and technical officials. We are able to host great events because of the sense of family and community that we have in judo in the DC area. We all support each other and do our best to make certain each event is successful. We hope that the judoka who attended will tell their other club members to plan to attend next January.”

Sensei Laurel and Sensei Mark competed in the advanced Nage No Kata and in the advanced Katame No Kata. They came home with a gold medal in the Katame No Kata and a Silver medal in the Nage No kata. Congratulations to both of them. Ben Soto Reiner worked as a technical official during the junior competition then participated in the senior competition. We would like to thank Robert Kirk, Sensei Brad, Sensei Margie and Sensei Greg who were working as technical officials all day. Sensei Wayne served as a referee. Sensei Mark set up the CARE system then coached his judoka from the VA Medical Hospital. Sensei Kevin ran administration at the head table.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in

judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Reigisaho (Etiquette) - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.

Colder weather: With the colder weather, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold and flu. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

For more information contact :

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Visit the club website at <http://www.huiojudo.com/>

