



# Hui-O-Judo Beltsville

## April 2014 Newsletter



### Upcoming Events

#### April

Apr 4-6	Liberty Bell Judo Classic	Bryn Athyn, PA
26	Shufu Junior and Senior Promotional	College Park, MD

#### May

2-4	USA Judo Senior National Championships	Reno, NV
23-25	Am Can International	Amherst, NY

**Class fee/Club membership** - It is up to each one of you to PLEASE pay your bi-monthly class fee/membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. You must pay for classes every other month (pay the odd months of the year) So Jan/ Feb, Mar/Apr, May/June, July /Aug, Sept Oct, Nov/Dec. It is a flat fee for classes. Not a block of classes you attend. Many judoka on the mat are NOT paying the center for the class. They come sporadically and do not take advantage of the number of classes offered. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility. Please stop at the front desk to pay for the March/April class. The barcode for Children's beginners class is **1391125**, the barcode for adult beginners is **1391123**, the barcode for Judo: Mixed ages, Intermediate is **1391127**.

**Spring Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai** This year College Park Judo Club, located at the College Park Community Center, 5051 Pierce Avenue, College Park, Maryland 20740, will host the Spring Shufu Yudanshakai Junior and Senior Promotional Examination and Shiai. Both the Junior and Senior Promotions will be held on Saturday, April 26th. Registration will be from 8:30 to 9:00 am. All Judo players with a USJF, USJI or USJA membership are eligible. You MUST be recommended for promotion by your Sensei. **There will be NO on site registration.** Make sure you get all of your paperwork (entry forms, Waiver, Photo copy of USJF, USJI, USJA card or Application, Competition and Service Record, and Check or money order for entry fee) to your instructors.

**Shufu**  
Judo

**ATTENTION:** There will be a Shufu Judo Yudanshakai Board of Directors meeting on Saturday, April 26, 2014 beginning at 8:00 am. This meeting is for current members of Shufu Yudanshakai who hold the rank of Shodan (1st Degree Black Belt) or higher. Additional agenda items must be forwarded at least one month prior to the meeting date to Mr. John Morrisson, Shufu Yudanshakai President. Your attendance at this meeting is indeed appreciated. Please make an effort to be on time.

**Sensei Ken Tamai Memorial Judo Championships**– Hui-O was proud to host the Ken Tamai Memorial Judo Championships on Saturday, March 15th at DeMatha Catholic High School in Hyattsville MD. We would like to thank all of the volunteers who made the event possible especially all of the referees and technical officials. Thank you to Ed King, the athletic director of DeMatha High School for allowing us to use the facility. We want to thank , Shaun Eddy, Sensei Brad Mason and Mike Grunberg for helping with registration; Chris Howell and Shawn Eddy for moving the mats, doing set up and dismantle; Robert Kirk for helping with copying, working all day Saturday, doing the event setup and dismantle; Bruce Schaper, David Siegrist and Kurt Tamai for helping run the head table; Sensei Robert Kirk and Shaun Eddy for running all of the divisions on mat 2; Roy Englert for being head referee; Mrs Tamai for running the officials room, Sensei Wayne Brown for selling tee shirts and belts. Congratulations to Sensei Mark Smith and Sensei Laurel Faust for their outstanding performance competing in kata. They got first place in the advanced Nage No Kata, first place in the Katamae no Kata and second place in the Katame No Kata, switching roles as uke and tori. Thank you for representing our club.



**Japan Team Workout and Clinic** – Sensei Mark attended the Washington Judo Club at Georgetown University as they hosted the Japan delegation from Tokyo Universities Judo Federation Team. It consists of 14 male, 5 female players plus a host of coaches and instructors. We practiced on Monday, February 24th and Wednesday, February 26th from 730 to 930pm. It was a wonderful opportunity.

**Learn More about judo – Judospace.com** Here is a new website with classes about judo. Judoka and parents can learn about psychology, competition planning, Strength and conditioning, sports medicine and advancing sport excellence. You can also take courses for coaching. Check it out.

**USA Judo News from the Pan American Open** - USA Judo's Jacob Larsen claimed a silver medal



and Colton Brown captured a bronze, adding to the three bronze medals won yesterday at the Pan America Open in Monetevideo. Larsen (USA Judo Training Site, Olympic Training Center, Colorado Springs, CO) went 3-1 to climb the podium at the Pan American Open. "I got out there, did my thing, played judo, played smart and won some matches," Larsen said. Both Larsen and Brown were fighting in the 90 kg. division.

Brown (USA Judo Training Site, San Jose State University Judo, San Jose, CA) won two matches before losing to Larsen in the semi-finals but then took bronze in repechage. Go to [http://www.ippon.org/cont\\_open\\_uru2014.php](http://www.ippon.org/cont_open_uru2014.php) to see the brackets and complete results. Larsen and Brown added their hardware to the bronze medals won by: Nick Kossor, 60 kg. (Jason Morris Judo/NYAC, Glenville, NY); Angelica Delgado, 52 kg. (USA Judo Training Site, Ki-Itsui-Sai, Coconut Creek, FL); Lielani Akiyama, 63 kg. (USA Judo Training Site, Olympic Training Center, Colorado Springs, CO). Taking 5th place yesterday were: Gabriela Prado, 48 kg. (USA Judo

Training Site, Ki-Itsu-Sai, Coconut Creek, FL); and Hana Carmichael, 57 kg. (USA Judo Training Site, Pedro's Judo/NYAC, Wakefield, MA)

**Hui-O travel team** – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

**Reigisaho (Etiquette)** - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.



**Join the Shufu Judo Yudanshakai Mailing List** - Stay informed by joining the Shufu Judo Yudanshakai mailing list! The purpose of this list is to convey information about announcements, news, events and notifications regarding Shufu. Below are the necessary addresses to manage your subscription to the mailing list. To subscribe just send an email using the [ShufuJudo-subscribe@yahoogroups.com](mailto:ShufuJudo-subscribe@yahoogroups.com) address. You will receive a confirmation email before you are live on the list. To send an email to the list, use the [ShufuJudo@yahoogroups.com](mailto:ShufuJudo@yahoogroups.com) address and all members will receive your post. Please note the domain is "yahoogroups", not "yahoo".

**Judo News Sent to Your Inbox** - How would you like to receive the latest Judo news delivered to your e-mail inbox? You can subscribe to the Yahoo Judo News Group by sending an email to [JudoNews-subscribe@yahoogroups.com](mailto:JudoNews-subscribe@yahoogroups.com). You can also upload information about news or events at

your club by sending the information to [JudoNews@yahoogroups.com](mailto:JudoNews@yahoogroups.com). If you decide to unsubscribe, all you have to do is send an email to [JudoNews-unsubscribe@yahoogroups.com](mailto:JudoNews-unsubscribe@yahoogroups.com). You need to be a registered with Yahoo to take advantage of the group. This can be done at <http://groups.yahoo.com/>. It's that easy, and it's free, to get the latest Judo news delivered to your email mailbox.

**Club logo tee shirts and golf shirts** – Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are a few different golf style shirts available for \$20 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.



**Hui-O Judo Scholar Athlete Awards** – If you are doing well in school while practicing judo on a regular basis, at the end of the school year, bring a copy of your report card to Sensei Kevin. We will be awarding Hui-O Judo Scholar Athlete Awards. You must have A's or S's on your report card or have shown marked improvement over the year.

**Hui-O Judo Outstanding Judoka Awards** – Is there someone in the judo club who really stands out to you? Someone who shows the true spirit of judo by helping other people to learn and develop? Is there a parent or other adult who really encourages you to do better? Please let us know. We are happy to acknowledge Outstanding Judoka.

For more information contact :

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Visit the club website at <http://www.huiojudo.com/>

