



Hui-O-Judo Beltsville January 2016 Newsletter



TAI OTOSHI

Upcoming Events

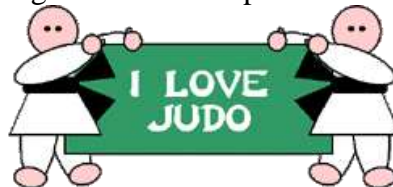
5 (Tues) Beginners Class Starts Beltsville, MD
16 Maryland State Championships College Park, MD

February

6 Shufu Rules Clinic Georgetown Univ, Washington, DC
26-28 Mayfield Challenge Jacksonville, NC

Please stop at the front desk to pay for the January/February class. The barcode for Children's beginners class is ??, the barcode for adult beginners is ??, the barcode for Judo : Mixed ages, Intermediate is??

Happy New Year – Greetings to all and best wishes for a Happy New Year. We wish each of you a very and prosperous New Year. Thank you for supporting the club and making 2015 a great year for us. We are looking forward to an even better 2016. Our dojo continues to grow and change. We welcome our new beginners, some new friends join our judo club and welcomed back some old friends who have been off the mat for a while. We are happy that all of you can share your judo and we can learn from each other. Please continue to bring family and friends into judo and help our dojo to grow and develop. Best wishes to all of you.



Welcome new beginners

Hello new judoka. Welcome to our club. We hope that you will enjoy our 8 week Beginners Judo an Introduction to Judo class. Please feel free to ask us any questions you may have.

Class fee/Club membership - It is up to each one of you to PLEASE pay your bi-monthly class fee/membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. You must pay for classes every other month (pay the odd months of the year) So Jan/ Feb, Mar/Apr, May/June, July /Aug, Sept Oct, Nov/Dec. It is a flat fee for classes. Not a block of classes you attend. Many judoka on the mat are NOT paying the center for the class. They attend sparatically and do not take advantage of the number of classes offered. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Maryland State Judo Championships On Saturday January 16th College Park Judo club will host the Maryland State Judo Championships at Ritchie Coliseum on the College Park Campus of the University of Maryland. This venue provides an outstanding site for a judo tournament, with plenty of parking and upper balcony seating which allows great views of all four competition areas. The event is not restricted to Maryland residents. There will be competition in junior divisions, senior divisions, master divisions and various forms of kata. We encourage all judoka to attend this event. Registration forms can be found on the Shufu website at www.shufujudo.org Come with, help out as an volunteer or technical official (no experience is necessary)

Mayfield Open Judo Championships – The weekend of February 26-28, 2016, MOJJJO (the United States Military Outreach Judo and Jiu Jitsu Organization Incorporated) and the Mayfield Martial Arts Academy will

host an incredible weekend of judo. This event offers competition in junior, senior, mens and womens master, forms of kata and team competition. The weekend honors all of our military who serve our country. There is also special competition for our blind and low vision judoka. The weekend begins on Friday from 1 to 4pm with a VIP tour from Camp LeJune. From 5 to 9pm there is a referee and coaches examination/evaluation and certification. At 9pm there is a dinner for those who attend the certification. On Saturday the registration for competition and kata begins at 8am, there is a referee meeting at 830 am, open ceremonies are at 10 am and competition begins following the ceremony. Special awards for Team champions and awards of merit will also be presented. On Sunday, the registration for the clinic is at 9am, the clinic runs from 10 am to 1pm. We encourage anyone needing referee or coaching certification to attend this event.

Judo Clinics - Throughout the year, Hui-O hosts clinics for Shufu Yudanshakai. I encourage all of you to try to attend them. The clinics cover a variety of topics. Topics vary from rule changes, coaching, refereeing, standing techniques, mat techniques, advanced competition skills, different katas, tournament operations, and a variety of other topics. They are open to all judoka, regardless of skill level or rank. The clinics are an excellent way to get instruction from different instructors, see new techniques, work with judoka from other clubs, and gain valuable experience and knowledge. Shufu has some of the oldest and best referees, who are all former great competitors, now they are our sensei's and coaches. They live judo in every sense of the word.

Rules Clinic - Washington Judo Club will host the Shufu Rules Clinic and on Saturday, February 6, 2016 at Yates Field House, on Georgetown University in Washington DC. This clinic is open to all Judoka with a current USJF, USJI, or USJA membership. Membership can be obtained during registration. Sensei Karl Tamai, Sensei Sharon Landstreet and Roy Englert will be the clinicians. If you are a referee, teacher, coach, competitor, technical official, interested judoka or parent, you should attend to find out the latest interpretation of the rules and how they are applied. It will cover all of the topics Refereeing. There have been many new changes and interpretations of the rules. Roy Englert has given numerous clinics on this topic. It is good general knowledge for any judoka to stay current on the rules and regulations, as well as all of the current changes. I strongly encourage all judoka who currently compete or are planning to referee in judo to attend. It is also a good way to learn rules and regulations of the sport. We also need some judoka to have some practice contest, randori, for the people attending the clinic to practice their skills. Please try to attend. It is open to all skill levels.

USJF instructors Clinic – A clinic is being planned for March 5th hosted by Washington Judo Club at Yates Field House at Georgetown University to certify USJF instructors. All senior instructors MUST plan to attend.

Kata clinics - Shufu Yudanshakai will offer two incredible kata opportunities. A clinic is being planned for March 19th to be hosted by DC Judo in Washington DC. Details are still pending. The Faye Allen kata competition and clinics will be hosted by DC Judo and held in Washington DC. Details and dates are still being worked on. Both clinics are open to all Judoka with a current USJF, USJI, or USJA membership. Membership can be obtained during registration. This is an excellent opportunity for Senior students to learn the kata and work with a very experienced sensei.



Kayla Harrison Holds On To Historic Victory At Tokyo Grand Slam For A Second Year

Kayla Harrison won the coveted Jigoro Kano Cup in the -78 kg weight category after battling an injury the week before at the Grand Prix Jeju. Harrison secured the highest spot on the podium after fighting some of the highest-skilled judokas in the world on the third and final day of the season-ending Grand Slam in Tokyo.



“I know now more than ever what I am capable of and it is because of the people behind me. I'm so lucky and blessed to have the team that I have. I can honestly say that without them I would have given up. I'm looking forward to 2016 and all that it has to offer. Thanks to everyone for the support and encouragement this year. I am happy, but never satisfied. Rio here I come!”

- Kayla Harrison

On her way to the final, Harrison defeated 2012 Olympic final opponent, Gemma Gibbons, in the preliminary round; current world champion, Mami Umeki, in the semifinal and two-time 2015 Grand Slam gold medalist, Guusje Steenhuis whom Kayla beat by Yuko. Kayla is not new to making history as a 2012 Olympic champion and with last year's victory at this same event she became the first American to ever win the Grand Slam Tokyo. Now in 2015, she is the defending champion a second year in a row of what some consider to be the toughest and most important competition event of the world judo tour

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Liberty Bell Development Tournament – Will be held on Sunday, January 24th at the Liberty Bell dojo. This is a nice small tournament for early judo competitors. It is held in Philadelphia PA about 2 hours from our Dojo. Sensei Mark goes up every year to help support this event. If you are new and would like to try a smaller judo event, this is a good first tournament for you to try. Information is available at the dojo or on our website or ask on of the sensei.

Sensei Ken Tamai Memorial Judo Championships– Hui-O will once again host the Ken Tamai Memorial Judo Championships at DeMatha High School in Hyattsville. We named the tournament in honor of our founding Sensei. It is called Ken Tamai Memorial Judo Championships. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is on Friday. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

Reigisaho (Etiquette) - We all need to practice and pay closer attention to good judo etiquette. It is the foundation of the sport. It covers everything from proper posture, bowing, salutations and general movements. When you come to class you and your judo gi should be clean. You must take proper care of your judo uniform. It should be properly folded after each practice, and then hung up at home. Your judo gi should always be in order before your bow. Please remember to bow upon entering/exiting the dojo, ALWAYS use your zoris and

keep them at the edge of the mat, bow on/off of the mat and to your partners, be mindful of the way that you enter your bow and exit it. When we line up, no one should be talking or playing. After we bow, no one stands up until the senseis have all stood up. Reigisaho starts with respect for oneself and the others around you. Always present yourself in the proper manner. We have traditions that must be followed. Use proper etiquette. Your actions are a reflection of the person you are.

Colder weather: With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

Winter Weather policy Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice.

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

For more information contact :

Sensei Kevin Tamai 703-622-6861

Email –tamaik@juno.com

Sensei Mark Smith 301-674-5438

email – marquitos@comcast.net

Visit the club website at <http://www.huiojudo.com/>

