



Hui-O-Judo Beltsville

June 2017 Newsletter



Upcoming Events

June

3	Team Maryland Judo Development Tournament	Towson, MD
11	Seigneury Judo Development Tournament	Baltimore, MD
11	Jujitsu Clinic on Ground work	Laurel, MD
16-17	National Junior Olympics	Spokane, WA
18	International Junior Olympics	Spokane, WA
24	Referee Clinic with Edwin Takemori	College Park, MD
27	Judo Beginner classes start	Beltsville, MD

July

4	Independence Day - Holiday	
6-9	USJF/USJA Grassroots National Championships	West Palm Beach, FL
21-23	US Open	Ft Lauderdale, FL

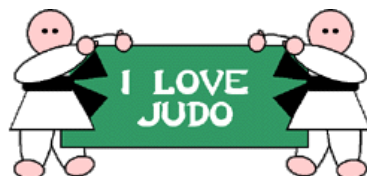
New classes started on Tuesday, May 2. Everyone on the mat should be registered for one of our three classes. Each class runs for eight weeks, thru June 22. Please stop at the front desk at the Community Center to pay for the May/June class. The barcode for Children's beginners class is **1677357**, the barcode for adult beginners is **1677349** and the barcode for Mixed ages Intermediate is **1677359**.

Am Can Challenge– Congratulations to Sensei Diane and Liz Nehrbass who won gold medals in the womens Ju No Kata at the AmCan Challenge in Niagara Falls, NY on May 27th. Congratulations to Sensei Rob Gouthro and Sensei Lisa Capriotti who three gold medals, placing 1st in the mixed team Nage No Kata, Kime No Kata and Goshin Jutsu. Thank you to Sensei Fran Vall and Sensei Karen Whilden for participating as kata judges. Thank you to sensei Margie Kettl who served as a technical official for the kata judging.

Development Tournaments – There are two upcoming local development tournaments. These are smaller events that help new judoka prepare for shiai competition. We encourage all new judoka to go tr these events.

Team Maryland Development Shiai – Saturday, June 3 Team Maryland BJJ, 8805 Orchard Tree Lane, Towson MD 21286 (443) 275-2390. ** PRE_REGISTRATION ONLY, For those of you paying by credit card you can PayPal your payment to ramos.stuart@gmail.com Pre registration only!!!! Limited space, Please let us know what school you are from, coaches with big groups will be able to weigh in students are their schools. Judo event will use new IJF rules open to all adults and kids entry fee \$20. Please email Name, age, weight, school and belt to info@teammarylandbjj.com

Seigneury Development – Sunday June 11 from 1pm to 4pm, Seigneury Judo, 4411 Kenwood Avenue, Baltimore, MD 21206 (410) 426-9718, Registration is available that day at site or ahead by phone or email. (See Sensei Mark or Sensei Kevin) Judoka in small 3 man groups. Two fights or more, Medals in all divisions. . Cost is \$15 per person.



Referee Clinic

Sensei Edwin Takemori, from the United States Naval Academy Judo Club will present a clinic on refereeing at the College Park Community Center, located at College Park, MD. We encourage all senior and older teen judoka to attend this clinic.

Jujitsu Clinic on Groundwork – On Sunday June 11, 2nd Gear Jujitsu, located at 8730 Cherry Lane in Laurel, will present a clinic. Have you been stuck on your back and defenseless? This will be a deep exploration of the position. If you're ever been completely and utterly smashed in half, this will be for you. We'll going to go over the overall strategy, positional adjustments and tactics that go into a well developed game. And you'll be able to pick my brain about specific scenarios. This ain't going to be a normal seminar. There's no way you're walking away without some knowledge that you can use right away.

Pre-register here: <https://bjjcanvas.memberful.com/checkout?plan=21278>

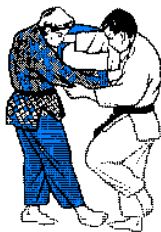
Thank you from Beltsville Day Thank you to Sensei Margie, Sensei Brad, Sensei Reza, Sensei Greg Gobel, Schuyler Price, Anton Doan, Andrew McDougal and Benjamin McDougal. Thank you to everyone who joined us for a celebration of our Beltsville community with performances on two stages, food by local non-profit organization, games and rides for kids, lots of displays by local businesses, demonstrations by the Beltsville VFD and the Prince George's County Beltsville Police. The event is always free and open to the public. Our judo club put on a demonstration from 2pm to 3pm in the gym and had a booth set up outside. We enjoy being a part of our local community and spending.



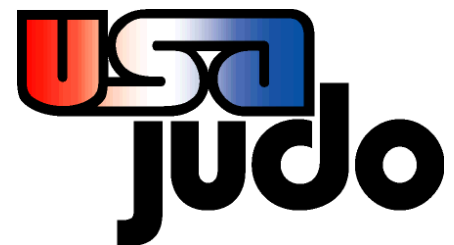
Join Hui-O-Judo on Face book. – Hey judoka become a friend of Hui-O-Judo on Facebook. Go to www.facebook.com/huiojudo see recent photos, share your thoughts and comments, see who else is already friends of Hui-O-Judo. Invite others to join us



USA Judo and USJF – As a reminder, ALL judoka, unless you are just starting in beginners class, MUST be a member of one of the three national judo organizations. We recommend USA Judo. You can apply online or at the dojo. The first year membership is \$45 for juniors(16 and under) and \$70 for seniors(17 and older). There are family plans for 2 or more members.



USA Judo memberships – Many of you have USJF membership that will expire very soon. For 2017-18 year prices are \$70 per year. As a USA Judo club, we encourage judoka to consider switching. USA Judo is offering kids a \$45 first year membership. They also have good family plans for anyone with two or more members. Individual members of USA Judo support the sport at all levels and have the right to participate in the business affairs of USA Judo. Individual members also are automatically members of the state group through which they are registered.



Individual Membership provides the following advantages:

1. Protection of amateur standing in all tournaments that USA Judo sanctions in the United States.
2. Ability to participate in any USA Judo-sanctioned [event](#) in the U.S. for which he/she is qualified. This includes clinics and training camps. Furthermore, all tournaments sanctioned by either USJF and USJA are open to qualified USA Judo members.
3. Opportunity to represent the USA at the Pan American Games, Pan American Championships, World Championships, select international competitions and the Olympic Games!
4. Participation in International Judo Exchange Programs.
5. Electronic members-only newsletter.
6. Hotel and other travel discounts for members only.
7. One million dollar liability insurance coaches or officials at sanctioned events or scheduled training sessions. No deductible.
8. Excess Accident Medical Insurance for any injury occurring at a sanctioned event or scheduled training session. Membership includes a \$25,000 medical insurance policy with a \$2,500 deductible. "Excess" coverage means that it goes into effect after any other health insurance you might have.
9. Membership in your state judo organization. Through the state organizations, members can participate in their State Judo Government, subject to each state's by-laws. Members may represent their state as a delegate to the National Board of Directors meetings, serve on National Committees and run for National-elected office.
10. Merchandise discount programs.
11. Eligibility to apply for training funding.

LOCK YOUR CAR – PLEASE lock your car and be certain not to leave any valuable in open sight. There have been a number of cars with items stolen from them while people are inside the center. Windows have been broken to take things out. Purses, money, Navigation systems, IPODS and other items have been taken.

Rank Promotions in club(change of belt color) – If you have finished beginners class you are eligible for promotion to your advanced Rokkyu (White/Yellow belt) or if you test well and exceed all of the requirements you may be able to promote to your gokyu (yellow belt). First you must pay your class dues at the desk at the center (\$40 per session of 2 months). Second, you must join either USA Judo (can be done online or fill out form at dojo – Fee for kids is \$45 for first year, adults are \$70) or USJF (fill out the form and return it to a sensei with \$70. It is valid for one year). Third, fill out the request for in club promotion form and return it with the promotional fee of \$30. Fourth, see one of the sensei, state that you are ready to test and be evaluated. You will be given a written test and a skills demonstration test. You must complete all of the above before being tested.

For our Sunday only event judoka – There are a tournaments coming up on Sundays. Fliers are available at the dojo or online. If you would like to participate in any of these events, please see one of the Sensei. We are happy to travel to the events with you.

Class fee/Club membership - It is up to each one of you to PLEASE pay your bi-monthly class fee/membership fees at the front desk. We have kept the rates for the judo club very low since we started the club. You must pay for classes every other month (pay the odd months of the year) So Jan/ Feb, Mar/Apr, May/June, July /Aug, Sept Oct, Nov/Dec. It is a flat fee for classes. Not a block of classes you attend. Many judoka on the mat are NOT paying the center for the class. They attend sparatically and do not take advantage of the number of classes offered. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

Hui-O travel team – We are looking at taking small teams of judoka to local tournament a few hours drive from here. Hui-O supports many of the local tournaments to help build fellowship in judo and to challenge us with different types of competition. There are tournaments in Pennsylvania, New Jersey, Virginia, New York, and the Carolinas. However, Sensei Mark and Sensei Kevin both work all day at the events as well as drive and

help to manage the team. We would like to have a few parents or senior students volunteer to go along on the trip to help drive and to assist with team management. You can help keep stats on the tournament and take photos at the events for us. Robert Kirk was a huge help to us for our trip up to Connecticut. Having additional people along allows us to take the newer judoka to help them gain experience at small events or allow us to take more seasoned players to high level competitions. Two larger tournaments we attend that are coming up soon are the Liberty Bell in Pennsylvania in April and the AM CAN in Niagra Falls, NY in May.

Club logo tee shirts – Take pride in the judo club while helping promote and advertise it. The club logo t-shirt has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. The Tee shirt from the Ken Tamai Memorial Judo Championships is also available. Both styles are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are also two types of collared shirts available for \$15 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.



Hui-O Judo Scholar Athlete Awards – If you are doing well in school while practicing judo on a regular basis, at the end of the school year, bring a copy of your report card to Sensei Kevin. We will be awarding Hui-O Judo Scholar Athlete Awards. You must have A's or S's on your report card or have shown marked improvement over the year.

Hui-O Judo Outstanding Judoka Awards – Is there someone in the judo club who really stands out to you? Someone who shows the true spirit of judo by helping other people to learn and develop? Is there a parent or other adult who really encourages you to do better? Please let us know. We are happy to acknowledge Outstanding Judoka.

For more information contact :

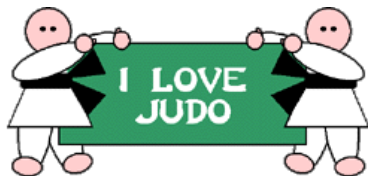
Sensei Kevin Tamai 703-622-6861

Email – huiosensei@gmail.com

Sensei Mark Smith 301-674-5438

email – marquitos@comcast.net

Visit the club website at <http://www.huiojudo.com/>





Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22
Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22
Ippons special interest series	
Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fighting Spirit of Judo (Yamashita)	\$26
Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10

Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

Kodokan Judo **\$24**

Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Gi's Unbleached Bleached Blue

Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60
Pants			
00 – 1	\$16	\$20	
2 – 5	\$20	\$25	
6 – 8	\$23	\$30	